

**The Lord is
like a strong
tower, where
the righteous
can go and
be safe.**

Proverbs 18:10

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**Be alert,
stand firm
in the faith,
be brave, be
strong.**

1 Corinthians 16:13

BI-ID arrests two Japanese nationals illegally working in Carmona

Two Japanese nationals found working without the required immigration documents were arrested during an operation conducted by operatives from the Bureau of Immigration-Intelligence Division (BI-ID) at the Golden Mile Business Park in Barangay Maduya, Carmona City, Cavite.

BI-ID chief Jun Manahan said intelligence operatives carried out the operation on Sept. 10 under Mission Order No. 2026-329, which



was issued on Sept.

8. The two arrested were identified as Kaoru Goto, 33, and Tsutsumi Kazumasa, 32. Both were found working at a business

establishment without the required work permits and proper visas.

Manahan said BI-ID operatives inspected the establishment after posing as clients who

were inquiring about an electric vehicle (e-vehicle). Upon entering the business, they found the two Japanese nationals performing work without the necessary

immigration documents and subsequently placed them under arrest.

After undergoing inquest proceedings before BI lawyers, Goto and Tsutsumi

were turned over to the BI Warden's Facility in Bicutan, Taguig City. They will remain in custody while deportation proceedings are being carried out.

Motorcycle crash kills rider, seriously injures another in Indang

A 57-year-old Indang, Cavite, on Sept. 17 night. motorcycle rider died while another rider, aged 22, was seriously injured after their motorcycles collided in

Barangay Calumpang

Cerca at around 6:10 p.m. Police said the older rider overtook another vehicle, entered the opposite lane and

collided head-on with the motorcycle being driven by the 22-year-old rider. Both riders were taken to the nearest

hospital, where the older rider was declared dead on arrival. The police report did not state whether the two riders were wearing

helmets when the collision occurred, as required under Republic Act No. 10054, or the Motorcycle Helmet Act of 2009.

DIYARYO KABITENYO

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ARNULFO BARCO

(May 14, 1951 - September 2, 2024)
Founder

GENER BARCO

Publisher-Editor

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Study finds heart protection from ozempic fades rapidly after discontinuation

GLP-1 drugs those heart benefits such as semaglutide may fade quickly (Ozempic and when treatment is Wegovy) and stopped.

Researchers at Washington University School of Medicine in St. Louis tracked more than 333,000 U.S. veterans with type 2 diabetes for three years and found that interrupting or stopping GLP-1 treatment for as little as six months was associated with a

meaningful increase in the risk of major cardiovascular events compared with remaining on the medication; the longer patients stayed off treatment, the greater the increase in risk, with the risk of heart attack, stroke and death up to 22% higher after two years without GLP-1 therapy than among people who continued treatment, largely wiping out the cardiovascular protection gained while taking the drugs.

The findings, published in *BMJ Medicine*, suggest that stopping GLP-1 medications may have consequences that extend well beyond weight regain and point to the importance of uninterrupted treatment for maintaining heart protection.

"There is enormous exuberance about starting GLP-1 drugs, but not nearly enough attention to what happens when

people stop," said senior author Ziyad Al-Aly, MD, a WashU Medicine clinical epidemiologist and chief of the Research and Development Service at the VA Saint Louis Health Care System.

"Many quit after a few months because of cost, side effects or shortages. When they stop, it's not just weight that comes back; they experience a resurgence in inflammation, blood pressure, and cholesterol.

Weight regain is visible; the metabolic reversal is not." "Our data suggest this metabolic whiplash is detrimental to heart health," Al-Aly added. "Restarting the medication helped restore some protection, but only partially, showing that discontinuation leaves a lasting scar."

After observing that about half of users stop taking GLP-1 drugs not long after beginning treatment, Al-Aly set out to

examine what happens to cardiovascular health after therapy is discontinued, focusing on major adverse cardiovascular events including heart attack, stroke and death by analyzing data from 333,687 veterans with type 2 diabetes—132,551 prescribed GLP-1 drugs and 201,136 prescribed sulfonylureas, another class of diabetes medications that includes glipizide (Glucotrol), glimepiride (Amaryl), and glyburide (Diabeta and others)—with participants followed for up to three years and GLP-1 treatment status reassessed every six months, during which 26% of GLP-1 users stopped taking the medication altogether and another roughly 23% experienced a treatment gap lasting at least six months before eventually restarting therapy.

The clearest cardiovascular benefit appeared among

people who remained on GLP-1 medications throughout the full three-year study period: compared with participants taking sulfonylureas, those who consistently stayed on GLP-1 therapy had an 18% lower risk of major cardiovascular events, translating to about four fewer major cardiovascular events for every 100 people over three years, while participants who stayed on GLP-1 treatment for two years or two-and-a-half years before stopping for the rest of the study also saw meaningful reductions in risk, at 7% and 15%, respectively—by contrast, people who discontinued GLP-1 therapy before reaching 18 months showed no significant reduction in cardiovascular risk compared with those taking sulfonylureas by the end of the study.

Interrupting treatment and then

Turn to page 3

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
DASMARIÑAS CITY, CAVITE

BDO UNIBANK, INC.,
Mortgagee,

File No. FC-DC-2160-26
EXTRA JUDICIAL FORECLOSURE
OF REAL ESTATE MORTGAGE
UNDER ACT 3135, AS AMENDED
BY ACT 4118

-versus-

MARIA ELENA M. GERVACIO,
Debtors/Mortgagors,
x-----x

NOTICE OF SHERIFF'S SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118 filed by the petitioner/mortgagee, **BDO UNIBANK, INC.** with postal address at 33rd Floor BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City against the debtors/mortgagors **MARIA ELENA M. GERVACIO** with postal address at (1) 254 C. De Dios Street, Sta. Mesa, Manila; (2) Lot 2 Block 15, Phase 4A Parkview Greenwoods Village, Brgy. Paliparan, Dasmariñas, Cavite and for the satisfaction of the mortgaged debt which as of **JUNE 26, 2026** amounts to **SEVEN MILLION FOUR HUNDRED THIRTY NINE THOUSAND SIX HUNDRED SEVENTY THREE PESOS AND 49/100 (Php 7,439,673.49)**, exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned sheriff will sell at public auction on **SEPTEMBER 30, 2026** at 10:00 o'clock in the morning or soon thereafter at the lobby of Branch 90, Regional Trial Court, Ground Floor, Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Burol II, Dasmariñas City, Province of Cavite to the highest bidder and for **CASH** or **CERTIFIED CHECK**, in Philippine Currency, the following described real property together with all the buildings and other improvements existing thereon, to wit:

Transfer Certificate of Title
No. 057-2023042247

IT IS HEREBY CERTIFIED that certain land situated in BRGY. PALIPARAN, CITY OF DASMARIÑAS, PROVINCE OF CAVITE, ISLAND OF LUZON, bounded and described as follows:

LOT NO: 2, PLAN NO: PCS-04-030706
PORTION OF: CONSOL-SUBD. OF LOTS 16 TO 24, BLOCK 15, PCS-04-017571, LRC REC. NO. 8843
LOCATION: BRGY. PALIPARAN, CITY OF DASMARIÑAS, PROVINCE OF CAVITE, ISLAND OF LUZON

is registered in accordance with the provision of the Property Registration Decree in the name of

Owner: MARIA ELENA M. GERVACIO, SINGLE, FILIPINO, OF LEGAL AGE

Address: 254 C. DE DIOS ST. STA. MESA, MANILA

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SOUTH	LOT 1, PCS-04-030706
2-3	SW	LOT 10 (EASEMENT), PCS-04-030706
3-4	NORTH	LOT 3, PCS-04-030706
4-1	EAST	ROAD LOT 11, PCS-04-017571

TIE POINT: MON. NO. 79, IMUS ESTATE

LINE	BEARING	DISTANCE
TO CORNER 1	N. 12° 52' W	327.76 M.
1-2	S. 87° 32' W	21.54 M.
2-3	N. 10° 50' W	10.11 M.
3-4	N. 87° 32' E	23.00 M.
4-1	S. 02° 30' E	10.00 M.

AREA: TWO HUNDRED TWENTY THREE SQUARE METERS (223), MORE OR LESS

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event that the public auction should not take place on the said date and time, it shall be held on **OCTOBER 14, 2026**, at the same time and place without further notice.

Dasmariñas City, Cavite, July 30, 2026.

(Sgd.) **ARLYN P. BARCELON**
Sheriff IV

(Sgd.) **ATTY. MARCELA L. BAYBAY**
Clerk of Court VI & Ex-Officio Sheriff

Copy furnished:

BDO UNIBANK, INC.
33rd Floor BDO Corporate Center Ortigas,
No. 12 ADB Avenue, Mandaluyong City

**BDO UNIBANK INC.,
REMEDIAL MANAGEMENT UNIT
JACEL DL. FLORENCIO**
33rd Floor, BDO Corporate Center Ortigas,
No.12, ADB Avenue, Mandaluyong City

MARIA ELENA M. GERVACIO
(1) 254 C. De Dios Street, Sta. Mesa, Manila;
(2) Lot 2 Block 15, Phase 4A Parkview Greenwoods Village,
Brgy. Paliparan, Dasmariñas, Cavite

Notice posted at:

1. The Bulletin Board of Regional Trial Court, Dasmariñas City, Cavite
2. The Bulletin Board of Dasmariñas City Hall
3. The Bulletin Board of Dasmariñas City Post Office
4. The Bulletin Board of Dasmariñas City Public Market

Raffle Date of Judicial Notice: July 24, 2026

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3, 10 & 17, 2026

(STUDY...from page 2)

restarting it also to weaken the benefit, appeared to reduce with those treatment the cardiovascular gaps associated with benefit, as people who a 4% to 8% increase remained on GLP-1 in cardiovascular drugs continuously risk compared with for three years had continuous use; an 18% reduction in longer periods off the risk while those who drugs were linked to stopped temporarily even greater losses and later resumed of protection, since treatment saw an people who stopped average reduction of GLP-1 treatment 12%, and even a six- for one year without month interruption restarting had a before restarting 14% higher risk therapy was enough of cardiovascular

ERRATUM

As per Notice of Sheriff's Sale in Extra Judicial Foreclosure of Real Estate Mortgage filed by **BDO UNIBANK, INC.** against **MARIA ELENA M. GERVACIO** in **File No. FC-DC-2160-26** published in the three (3) consecutive issues of **DIYARYO KABITENYO News Publishing Service** dated August 3-9, 2026; August 10-16, 2026 and August 17-23, 2026, the technical description of the real property together with all the buildings and other improvements existing thereon should have read:

TIE POINT: MON. NO. 79, IMUS ESTATE

LINE	BEARING	DISTANCE
TO CORNER 1	N. 12° 52' W	327.76 M.
1-2	S. 87° 32' W	21.54 M.
2-3	N. 10° 50' W	10.11 M.
3-4	N. 87° 32' E	23.00 M.
4-1	S. 02° 30' E	10.00 M.

– The Editor

events compared with its own right -- not an continuous users, and afterthought," Al-Aly after two years off said. "Health systems treatment that increase need plans in place to reached 22%—a help people continue pattern suggesting their medication that cardiovascular indefinitely, benefits accumulated recognizing that during GLP-1 GLP-1s treat chronic treatment can be lost conditions. That relatively quickly includes proactive once the medication management of is discontinued. side effects, candid

These findings conversations reinforce the about the long-term importance of nature of treatment, continuous treatment infrastructure to if patients and identify and support clinicians want patients at risk to preserve the of stopping and cardiovascular effects addressing the cost of GLP-1 therapy and barriers that make suggest that reducing GLP-1 therapy treatment interruptions unsustainable for could help maximize many." Al-Aly noted the drugs' protective that this is especially effects on the heart. important because "Clinicians should cardiovascular treat adherence to protection from GLP-1 GLP-1 treatment as an 1 treatment appears to important outcome in accumulate gradually

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

FORECLOSURE CASE NO. F-593-26

-versus-

SPS. MONA LANDRITO MORALINA AND
CHRISTOPHER ZABALA MORALINA,
Debtors/Mortgagors.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at 33rd Floor, BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City against the Debtors/Mortgagors, **SPS. MONA LANDRITO MORALINA AND CHRISTOPHER ZABALA MORALINA**, with postal addresses at (1) #77 F. Manalo Street, Calzada, Tipas, Ligid, Taguig (occupied by third party); and (2) Lot 8 Blk 11 Camella Tanza, Barangay Bagtas, Tanza, Cavite (occupied by mortgagors), to satisfy the mortgage indebtedness which as of **June 26, 2026** amounts to **ONE MILLION THREE HUNDRED THIRTY SIX THOUSAND FOUR HUNDRED THIRTY FOUR PESOS AND 73/100 (PhP1,336,434.73)**, Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **September 29, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2018016019

Lot No. 8 Block: 11 Plan No. PSD-04-225971
Portion of: Lot 2051-F, PSD-04-166835; LRC RECORD NO. 6832
Location: BARANGAY OF BAGTAS, MUNICIPALITY OF TANZA, PROVINCE OF CAVITE, ISLAND OF LUZON
Boundaries:
LINE DIRECTION ADJOINING LOT(S)
1-2 SE ROAD LOT 10, PSD-04-225971
2-3 SW LOT 9, BLOCK 11, PSD-04-225971
3-4 NW RESERVED AREA 5, PSD-04-225971
4-1 NE LOT 7, BLOCK 11, PSD-04-225971
Area: FIFTY FOUR (54) SQ.M.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **October 6, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, August 28, 2026.

(Sgd.) **REYNALDO L. SALOMA**
Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.
CONSUMER REMEDIAL MANAGEMENT
33rd Floor, BDO Corporate Center Ortigas
No. 12, ADB Avenue, Mandaluyong City

SPS. MONA LANDRITO MORALINA AND
CHRISTOPHER ZABALA MORALINA
(1) #77 F. Manalo Street, Calzada, Tipas, Ligid, Taguig
(occupied by third party);
(2) Lot 8 Blk 11 Camella Tanza, Barangay Bagtas, Tanza, Cavite
(occupied by mortgagors)

WARNING: It is absolutely prohibited to remove deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 31, September 7 & 14, 2026

of the danger of findings, published in cognitive decline, but The Lancet Healthy Longevity, show had relatively little notable differences in evidence showing what dementia risk by sex, happens to dementia race, ethnicity, and risk at such advanced genetics.

ages. "We know from That gap is other studies, done becoming increasingly in people 65 and important as lifespans older, that there are rise around the world; differences in dementia by 2100, roughly 230 rates, and women million people 90 or tend to have higher older could be alive risk, but nobody worldwide, increasing knew if that was true the need for better after 90," said Rachel information about Whitmer, UC Davis how the brain ages in Health professor of this rapidly growing public health sciences population. and neurology, chief

Researchers at of epidemiology and UC Davis Health and senior author on the Kaiser Permanente study. "We need to are helping address understand who is most that question through affected by dementia the LifeAfter90 study, after 90 and how the which has followed a main Alzheimer's risk large group of adults gene (APOE) factors in their 90s since in." 2018, and their latest Participants in

ERRATUM

As per Notice of Extra-Judicial Foreclosure of Real Estate Mortgage filed by **BDO UNIBANK, INC.** against **SPS. MONA LANDRITO MORALINA AND CHRISTOPHER ZABALA MORALINA** in **FORECLOSURE CASE NO. F-593-26** published in the three (3) consecutive issues of **DIYARYO KABITENYO News Publishing Service** dated August 31-September 6, 2026; September 7-13, 2026 and September 14-20, 2026, the technical description of the described property with all the improvements thereon, and the mortgagee's address in the copy furnished, should have read, respectively, as follows:

TRANSFER CERTIFICATE OF TITLE No. 057-2018016019

Lot No. 8 Block: 11 Plan No. PSD-04-225971
Portion of: **Lot 2051-F**, PSD-04-166835; LRC RECORD NO. 6832

Copy Furnished:

BDO UNIBANK, INC.
CONSUMER REMEDIAL MANAGEMENT
33rd Floor, BDO Corporate Center **Ortigas**
No. 12, ADB Avenue, Mandaluyong City

– The Editor

LifeAfter90 are Kaiser highly diverse cohort. Permanent members The results showed who were at least 90 that many dementia years old and showed disparities seen earlier no signs of dementia in life continue into when they enrolled, very old age: women and under Whitmer's age 90 and older leadership researchers had about twice the evaluate them every dementia risk of men, six months to monitor and researchers also changes in cognitive identified differences health. among racial and

Their long ethnic groups, with history with Kaiser black participants Permanente gives facing a 75% higher researchers access to risk than Asian an unusually extensive participants. collection of medical "It is striking information—for some that the racial and participants, health ethnic disparities in records extend back dementia risk observed to the 1960s—and the in younger adults new analysis included continue into the tenth records from more decade of life," said than 800 people with Hilary Colbeth, a UC a median age of 92, Davis postdoctoral representing the first scholar in public health study of dementia sciences and first after 90 conducted in a

Turn to page 5

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
4TH JUDICIAL REGION
BRANCH 109
CITY OF CARMONA, CARMONA
2nd Flr., Hall of Justice Bldg., Brgy. Maduya,
City of Carmona, Cavite
Email add: rtc2cac109@judiciary.gov.ph;
Tel. No. (046) 4828527

**METROPOLITAN BANK & TRUST
COMPANY (“Metrobank or the “Bank”),**
Mortgagee,

EJF-2026-53
**FOR: APPLICATION FOR EXTRA
JUDICIAL FORECLOSURE OF REAL
ESTATE MORTGAGE UNDER ACT
3135, AS AMENDED**

-versus-

MARK LOUIE C. VALENCIA,
Mortgagor/Debtor.

x-----x

NOTICE OF SHERIFF’S SALE

Upon Extra-Judicial petition for sale under Act No. 3135, as amended by Act 4118 filed by the mortgagee, METROPOLITAN BANK & TRUST COMPANY (“Metrobank or the “Bank”), with postal address at G.T. Tower International, 6813 Ayala Ave., corner H.V. Dela Costa St., Brgy. Bel-Air Makati City 1227, against MARK LOUIE C. VALENCIA, with postal address/es at (1.) Lot 7 Block 25 Waling- Waling St., Carmona Estates Phase 9, Brgy. Lantic, Carmona, Cavite; and (2.)23- C Cordillera Street, Brgy. Highway Hills, Mandaluyong City, and for the satisfaction of the mortgaged debt which as of 20 July, 2026 amounts to FIVE HUNDRED FIFTY-EIGHT THOUSAND FIVE HUNDRED NINETY-SIX PESOS AND 02/100 (P558,596.02) Philippine Currency, exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned or his duly authorized representative will SELL at public auction on **October 22, 2026** at 1:00 o'clock in the afternoon at the Lobby of the Hall of Justice Building, Brgy. Maduya, City of Carmona, Cavite to the highest bidder for CASH or MANAGER’S CHECK, in Philippine currency, the mortgaged property/ies with all the improvements thereon to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2015012435

IT IS HEREBY CERTIFIED that certain land situated in BARRIO OF LANTIC, MUN. OF CARMONA, PROVINCE OF CAVITE, ISLAND OF LUZON, bounded and described as follows:

“A PARCEL OF LAND (LOT 7, BLK. 25 OF THE CONS. AND SUBD. PLAN PCS- 04-024651, BEING A PORTION OF THE CONS. OF LOTS 3-D-1 TO 3-D-3, PSD-04-198246; 3-E & 3-F, PSD-04-111368; 14, PSU-101203 & 856, CAD-285, CARMONA CADASTRE, L.R.C. RECORD NO. 52711 & 2165), SITUATED IN BARRIO OF LANTIC, MUN. OF CARMONA, PROVINCE OF CAVITE, ISLAND OF LUZON. BOUNDED ON THE NW., ALONG LINE 1-2 BY LOT 5, BLK. 25; ON THE NE., ALONG LINE 2-3 BY ROAD LOT 9; ON THE SE., ALONG LINE 3-4 BY LOT 9, BLK. 25 AND ON THE SW., ALONG LINE 4-1 BY LOT 6, BLK. 25 ALL OF THE CONS. AND SUBD. PLAN. BEGINNING AT A PT. MARKED “1” ON PLAN. BEING S. 23 DEG. 51’W., 2111.67 M. FROM BLLM # 2, MUN. OF CARMONA CAVITE. THENCE N. 77 DEG. 38’E., 11.00 M. TO PT. 2; THENCE S. 12 DEG. 22’E., 8.00 M. TO PT. 3; THENCE S. 77 DEG. 38’ W., 11.00 M. TO PT. 4; THENCE N. 12 DEG. 22’ W., 8.00 M. TO THE PT. OF BEGINNING, CONTAINING AN AREA OF EIGHTY EIGHT (88) SQUARE METERS, MORE OR LESS. ALL PTS. REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY P.S., CYL. CONC. MONS. 15X40 CMS; BEARINGS TRUE; DATE OF ORIGINAL SURVEY; JAN. 24 TO 27, 1936, & AUG. 1940 TO MAY 1941, AND THAT OF THE CONS. AND SUBD. SURVEY, OCT. 1-15, 2007 & WAS APPROVED ON DECEMBER 19, 2008.”

xxxNOTHING FOLLOWSxxx

Prospective buyers and/or bidders are hereby enjoined

to investigate for themselves the title of the said property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **October 29, 2026** at the same time and place without further notice.

26th day of August, 2026 at
City of Carmona, Cavite.

By:
(Sgd.) **JOSEPH R. DIOKNO**
Sheriff IV

Noted by:

(Sgd.) **ATTY. CORINNA B. SALONGA-LOPERA**
Clerk of Court VI & Ex-Officio Sheriff

Copy furnished:

METROPOLITAN BANK & TRUST COMPANY
G.T. Tower International
6813 Ayala Ave., corner H.V. Dela Costa St.
Brgy. Bel-Air, Makati City 1227

MARK LOUIE C. VALENCIA

1. Lot 7 Block 25 Waling-Waling St.
Carmona Estates Phase 9, Brgy. Lantic
Carmona, Cavite
2. 23-C Cordillera Street, Brgy. Highway Hills,
Mandaluyong City

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Dates : September 14, 21 & 28, 2026

R.A. Form No. 10.1 (LCRO)
(Devised 18 Aug. 2001)

**Republic of the Philippines
Local Civil Registry Office
Province: Cavite
City of: Cavite**

September 9, 2026

NOTICE FOR PUBLICATION

In compliance with section 5 of R.A. No. 9048 a notice is hereby served to the public that **MARNELLI N. DARVIN** has filed with this Office a petition for Change of First name from “**FLORDELIZA**” to “**ANGELINA**” in the Birth Certificate of **FLORDELIZA NATAYA** who was born on **JAN. 17, 1955** in **CAVITE CITY, CAVITE** and whose parents are **ANGEL NATAYA** and **INOCENCIA ROSALES**.

Any person adversely affected by said petition may file his written opposition with this Office.

(Sgd.) **FLORDELIZA M. ALEJO**
OIC-City Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : September 14 & 21, 2026

(DEMENTIA...from page 4)

author on the paper. APOE4 is known to
"Specifically, black and increase risk.
Hispanic participants The protective
had significantly higher effect of APOE2
dementia incidence remained strong even
rates than white and beyond age 90, with
Asian participants." participants carrying

Researchers also the variant having
examined the role a 60% lower risk of
of APOE, a gene dementia, whereas
strongly associated APOE4 produced a
with Alzheimer's more complicated
disease whose different pattern: across the
versions can influence study population as
risk in opposite a whole the variant
directions—APOE2 is did not substantially
considered protective increase dementia
and is associated with incidence, but when
a lower likelihood researchers examined
of developing specific groups APOE4
Alzheimer's, while was associated with

higher risk among healthy decades later,
men, and among black and some people
participants carrying carrying APOE4 also
APOE4 approximately reached their 90s
doubled dementia risk. without developing
"We saw evidence dementia.

that APOE4 impacts Researchers now
males and females want to determine
differently after age what protected these
90," Colbeth said. individuals, because
"This has prompted us u n d e r s t a n d i n g
to look more closely at those biological
how APOE genotypes or environmental
impact mortality mechanisms could
among those with and eventually reveal
without dementia by ways to reproduce
age 90." some of the same

The findings also protective effects in
highlight an important other people; for now,
mystery, since some the study provides
participants had well- a clearer picture of
established dementia how dementia risk
risk factors, including continues to operate
hypertension and high in extreme old age and
cholesterol, during could help clinicians
their 60s and 70s yet provide more informed
remained cognitively care.

EXTRAJUDICIAL SETTLEMENT OF ESTATE
of Late ROSA P. PANGILINAN and FLACIDO
PANGILINAN

NOTICE is hereby given that the estate of the deceased **ROSA P. PANGILINAN** and **FLACIDO PANGILINAN** who both died intestate on July 27, 1942 and on October 29, 1940 both at General Emilio Aguinaldo, Cavite, consisting of a parcel of land located at Brgy. Batas-Dao, Gen. E. Aguinaldo, **Cavite**, covered by Tax Declaration No. 06-0005-00261, containing an area of ELEVEN THOUSAND THREE HUNDRED EIGHTY FIVE (11,385) SQUARE METERS has been adjudicated and extrajudicially settled by and between their heirs on April 21, 2021 at Trece Martires before Notary Public Atty. Agustin B. Cabredo and entered in his Notarial Register as Doc. No. 229; Page No. 53; Book No. VI; Series of 2021.

(Sgd.) Both Heirs

Publication : DIYARYO KABITENYO News Publishing Service
Dates : September 21, 28 and October 5, 2026

EXTRAJUDICIAL SETTLEMENT OF ESTATE OF
DECEASED AURORA SANTARIN VIADO WITH
WAIVER OF RIGHTS

NOTICE is hereby given that the estate of the deceased **AURORA SANTARIN VIADO** who died intestate on March 24, 2022 at Imus, Cavite, consisting of her one-third (1/3) undivided share over two (2) parcels of land including all the improvements constructed thereon covered by Transfer Certificates of Title Nos. T-447482 and T-330080 of **RD-Cavite** has been adjudicated and extrajudicially settled by and among her heirs with waiver of rights in favor of EVELYN S. VIADO and CORINA S. VIADO in pro-indiviso equal shares on August 17, 2026 at City of Imus before Notary Public Atty. Carlos Emmanuel C. Montoya and entered in his Notarial Register as Doc. No. 86; Page No. 19; Book No. XX; Series of 2026.

Thumbmarked and signed by Heirs

Publication : DIYARYO KABITENYO News Publishing Service
Dates : September 21, 28 and October 5, 2026

EXTRAJUDICIAL SETTLEMENT OF THE ESTATE
OF THE LATE FRANCISCO S. GARCIA and
HENENA S. IGO WITH WAIVER OF RIGHTS

NOTICE is hereby given that the estate of the late **FRANCISCO SAMPOT GARCIA** and **HENENA SANCHEZ IGO** who both died intestate on 21 March 2007 at General Trias, Cavite and on 2 March 1993, respectively, both residents of Barangay San Francisco, General Trias City, Cavite at the time of their deaths, consisting of a parcel of agricultural land situated in the Bo. of Buenavista, Municipality of General Trias, Province of Cavite with an area of EIGHT THOUSAND ONE HUNDRED FIFTY TWO (8,152) square meters covered by Transfer Certificate of Title No. EP-339 under Tax Declaration No. 242-0015-09737 has been adjudicated and extrajudicially settled by and among their heirs in pro-indiviso equal shares with waiver of rights, interest and participation in favor of EMELITA IGO GARCIA on September 14, 2026 at Dasmarinas City, Cavite, Philippines before Notary Public Atty. Miriam S. Clorina and entered in her Notarial Register as Doc. No. 251; Page No. 51; Book No. 353; Series of 2026.

(Sgd.) All Heirs

Publication : DIYARYO KABITENYO News Publishing Service
Dates : September 21, 28 and October 5, 2026

EXTRAJUDICIAL SETTLEMENT OF ESTATE
OF THE DECEASED SPOUSES ISIDRO
PRODIGALIDAD VINZON AND FILOMENA
DRAGON VINZON WITH WAIVER OF RIGHTS

NOTICE is hereby given that the estate of the deceased **SPOUSES ISIDRO PRODIGALIDAD VINZON AND FILOMENA DRAGON VINZON** who both died intestate on January 24, 2007 and on January 27, 2002 in Los Angeles, California and San Bernardino, California, respectively, consisting of certain parcel of land located at Caridad, **Cavite City** covered by Transfer Certificate of Title No. 071-T-9369 of the Registry of Deeds for Cavite City, containing an area of THIRTY-SIX SQUARE METERS (36), MORE OR LESS has been adjudicated and extrajudicially settled by and among their heirs with Waiver of Rights in favor of ROMEO D. VINZON on June 9, 2026 at Imus City, Cavite before Notary Public Atty. Carlos Emmanuel C. Montoya and entered in his Notarial Register as Doc. No. 464; Page No. 94; Book No. XVIII; Series of 2026.

(Sgd.) ROMEO D. VINZON for himself and
as Attorney-in-Fact of ESTRELLA VINZON
LINCH, DELIA M. VINZON and ARMIDA R.
VINZON

Publication : DIYARYO KABITENYO News Publishing Service
Dates : September 21, 28 and October 5, 2026

Injectable scaffold recruits immune cells to rebuild brain tissue after stroke

Biomedical engineers at Duke University, led by Tatiana Segura, the Robert Plonsey Distinguished Professor of Biomedical Engineering, have developed an injectable biomaterial called MAPS (microporous annealed particle scaffolds) that shows promise in helping the brain recover from ischemic stroke damage, a condition affecting millions annually where blood clots block circulation and leave permanent cavities of lost tissue. While emergency treatments like clot-dissolving drugs can restore flow to viable tissue, they cannot replace what is

already lost, leaving brain," she said, "We rehabilitation as the primary recovery method; however, "Once brain tissue has been lost, restoring blood flow is no longer enough," Segura explained, noting that "Our goal is to engineer the injured space so that immune, vascular and neural repair processes can begin to work together."

To achieve this, the team utilized hydrogel microparticles that form a porous framework for cell entry and chemically attached extracellular vesicles (EVs) derived from astrocytes to the scaffold surfaces, a method Segura described as distinct from passive placement: "We are not simply placing a material into the

environment that can coordinate several parts of the repair response." By using signaling molecules like IL-4 and C1q to attract immune cells, the researchers discovered that neutrophils, often associated with early-stage inflammation and damage, actually played a crucial supportive role in tissue repair when present at later stages within the right material environment; Shangjing Xin, the study's lead scientist and a postdoctoral fellow in the Segura Laboratory, noted, "This result changes how we think about neutrophils after stroke," adding that "Their role appears to depend on when they arrive, where they are located, and the signals they receive from their surroundings. Our study demonstrates a potential engineering strategy to recruit and retain these cells at the right time." This immune recruitment facilitated significant blood vessel formation and axonal growth, leading to motor function improvements in mice that matched healthy controls by eight weeks, whereas EVs administered without the MAPS scaffold failed to produce comparable repair, highlighting the biomaterial's critical role.

The findings, published in Cell Biomaterials, confirm that "You do not restore an ecosystem simply by containing the initial damage," Segura concluded, "You have to create the conditions that allow life to return. That is how we think about the stroke cavity. The material is not intended to reproduce the brain itself, but to create an environment where the body's own cells can enter, communicate and participate in rebuilding vascularized tissue." Although currently preclinical and tested in mouse models using rat-derived EVs, future research will focus on safety, larger animal models, and scalable sources such as human induced pluripotent stem cell-derived astrocytes to further validate this coordinated repair strategy.



Republic of the Philippines
Province of Cavite

MUNICIPALITY OF MENDEZ-NUÑEZ
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR

CCE-0042-2026 RA 10172

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guideline in the Implementation of the Administrative Order No. 1 Series of 2012 (IRR on RA 10172), Notice is hereby served to the public that **ALEX CATIBAYAN DIMARANAN** has filed with this Office, a petition for **Correction of Clerical Error in Date of Birth** from **FEBRUARY 20, 1963** to **FEBRUARY 26, 1963** in the Certificate of Live Birth of **ALEX TIBAYAN DIMARANAN** at Mendez, Cavite and whose parents are **MAXIMIANO PEREÑA DIMARANAN** and **CONCHITA LINA TIBAYAN**.

Any person adversely affected by said petition may file his written opposition with this office not later than **October 05, 2026**.

(Sgd.) **NOREN A. PEROLA**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : September 21 & 28, 2026

Calcium and vitamin D supplements show little benefit for bone health in older adults

Millions of older adults take calcium and vitamin D supplements to protect their bones, but a major review published in The BMJ suggests that for most people these supplements offer little to no meaningful protection against falls or broken bones. Falls are a serious concern as people age—nearly one in three adults aged 65 and older fall each year, with consequences that can include fractures, chronic pain, loss of independence, reduced quality of life, and sometimes a move into residential care.

Calcium is a major structural component of bone while vitamin D helps the body absorb calcium and supports normal bone metabolism, yet previous evidence reviews have generally found that taking either nutrient alone does not reduce fracture risk, results have been inconsistent when the two are taken together, and researchers have remained uncertain about whether vitamin D meaningfully reduces falls. Despite those unanswered

RA9048 Form 10.1

Republic of the Philippines
Local Civil Registry Office
Province: Cavite
City/Municipality: Naic

NOTICE FOR PUBLICATION

In compliance with Section 5 of **RA9048**, a notice is hereby served to the public that REYNALIZA N. TOLEDO has filed with this Office, a petition for **Change of First name** from **REYNALITA** to **REYNALIZA** in the birth certificate of REYNALIZA NUESTRO TOLEDO who was born on 07 October 1982 at Naic, Cavite and whose parent/s is/are PUNZALAN, ANITA and NUESTRO, REYNALDO.

Any person adversely affected by said petition may file his written opposition with this Office not later than **05 October 2026**.

(Sgd.) **MARGARITA ACOSTA CATIBAYAN**
C/MCR or D/CR

Publication : DIYARYO KABITENYO News Publishing Service
Dates : September 21 & 28, 2026

questions, vitamin D supplements (with or without calcium) are still commonly recommended by clinicians, guidelines, and regulatory agencies, and prescriptions have risen substantially in recent years.

To clarify the picture, researchers in Canada examined 69 randomized controlled trials involving 153,902 adults—a study design considered one of the strongest ways to test whether a treatment works because participants are assigned to different groups, reducing the influence of other factors—comparing



REPUBLIC OF THE PHILIPPINES
PROVINCE OF CAVITE
MUNICIPALITY OF TANZA

LOCAL CIVIL REGISTRY OFFICE

NOTICE OF PUBLICATION

In compliance with Sec. 5 of Rep. Act No. 9048, a notice is hereby served to the public that **JENICA G. GREPO** has filed with this office a petition for **CHANGE OF FIRST NAME** from **“JENNIFER”** to **“JENICA”** in the Certificate of Live Birth of one, JENNIFER G. GREPO, who was born on January 29, 1997 at Tanza, Cavite and whose parents were EDNA S. GUTIERREZ & EPIFANIO U. GREPO.

Any person adversely affected by said petition may file his written opposition with this Office not later than **1st October 2026**.

(Sgd.) **OFELIA U. ARGUSON**
OIC-Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : September 21 & 28, 2026

held for specific age, sex, previous outcomes including fractures, previous hip fractures and falls, falls, and average with most evidence dietary calcium intake, strengthening confidence in the certainty.

The researchers overall conclusions. Based on parts of the analysis the findings, the rested on relatively researchers say the small numbers of trials evidence "does not or participants and support routine should be interpreted supplementation with carefully, and that calcium or vitamin conclusions may not D, or combined apply to everyone— supplementation to in particular, people prevent fractures with certain bone and falls," and they disorders or those argue that clinicians, receiving medication guideline panels, for osteoporosis and regulatory may have different agencies "should re- needs and should not evaluate their general assume the findings recommendations for apply directly to them. calcium and vitamin Still, results remained D supplementation broadly consistent in light of current after accounting for evidence."

Chronic inflammation linked to silent heart damage and increased stroke risk

Chronic stress stroke. Importantly, economic factors - linked to everyday these changes may meaning people may be life may leave a begin years before at more risk just because lasting physical a person notices of their surroundings, mark on the heart, any cardiovascular their economic status, potentially damaging symptoms, allowing the their family's health and cardiovascular health damage to build silently their lifestyle. and shortening lifespan. over time.

That conclusion comes Professor Declan health inequalities from a study of nearly O'Regan, British Heart remains an issue, there half a million adults Foundation Chair of are things that we can in the UK, led by Cardiovascular AI do about inflammation, researchers at the MRC at Imperial College including reducing risk Laboratory of Medical London and Head of the factors like smoking Sciences (LMS) and Computational Cardiac and obesity." Chronic Imperial College Imaging Group at the inflammation occurs London. LMS, said: "Our study, when the immune system

The researchers which is the largest of remains mildly activated believe it is the largest its kind, suggests that for long periods rather study of its kind. Their millions of people could than switching off after findings suggest that be living with hidden an immediate threat has chronic inflammation, inflammation, which passed.

which is associated is slowly changing This persistent, low-level immune activity with lifestyle and their heart and causing has been associated socioeconomic long-term damage - with several diseases, circumstances, may increasing the risk of including cancer and contribute to harmful heart attack and stroke. diabetes, and researchers

changes in the heart's Chronic inflammation is complicated, but we increasingly suspect structure.

It was also linked know it's tied to our that it may also play an to a greater risk of health and driven by a important role in heart heart attack and range of lifestyle and disease.

Coffee can sabotage your sleep without keeping you awake

For years, people important marker of sleep to what we observe have debated whether depth and its restorative in neurophysiological drinking coffee in the character." recordings.

evening interferes with Slow waves are a A person may fall sleep—some fall asleep major feature of deep asleep without major easily after late caffeine sleep, the stage associated difficulty and not while others lie awake for with physical recovery, remember awakenings, hours—but researchers replenishing energy while the brain may increasingly believe that reserves, and maintaining display fewer features asking whether coffee healthy brain function, of deep sleep," the expert delays sleep misses a yet caffeine does not adds. Another major more important issue: always disrupt sleep in finding is that responses what caffeine does to the obvious ways: a person vary considerably brain after sleep begins. may fall asleep at a between individuals,

To investigate these normal time and appear since genetics, effects, scientists use to sleep a full night while metabolism, age, stress, ectroencephalography), the quality of that rest and chronic fatigue all a method for recording is still compromised. shape caffeine's impact the brain's electrical "Caffeine may shorten on sleep; for some, even activity that reveals far sleep or make it more coffee consumed early more than sleep duration difficult to fall asleep; in the day may still or awakenings, offering however, even when matter by nighttime. "It clues about the biological sleep duration appears is not only about coffee quality and depth of rest. normal, it may reduce consumed just before As Prof. Donata Kurpas slow-wave activity and bedtime. from the Department shift the EEG pattern

of Nursing, Wroclaw toward a more 'wakeful' For some people, the Medical University, total amount of caffeine explains, "EEG allows us brain," says Prof. consumed during the to see not only whether Kurpas. day and whether the

a person is sleeping, but body has enough time also how the brain is to metabolize it before sleeping. eight hours in bed without nightfall may also achieving their usual be important," Prof.

Classical sleep level of neurological Kurpas emphasizes—a assessment assesses sleep recovery, and because possibility especially duration and its stages, the disruption causes no relevant for athletes, whereas quantitative obvious awakenings, it people doing mentally EEG analysis reveals can easily go unnoticed. demanding work, and more subtle changes, "The subjective feeling anyone relying on such as reduced slow- of having slept well does caffeinated products to wave activity, which is an not always correspond stay alert.