

**The Lord is
like a strong
tower, where
the righteous
can go and
be safe.**

Proverbs 18:10

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DIYARYO KABITENYO

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P 10.00

**Be alert,
stand firm
in the faith,
be brave, be
strong.**

1 Corinthians 16:13

Two drug suspects yield P3.4 million worth of 'shabu' in Imus buy-bust

The Philippine Drug Enforcement Agency (PDEA) in Barangay Buhay na Tubig at around 6:40 p.m. arrested two suspected major illegal drug traffickers and seized P3.4 million worth of "shabu" (crystal meth) in Imus City, Cavite.

PDEA-Region 4A said in a report on Aug. 14 that its operatives from Cavite, in coordination with the Cavite Maritime Dangerous Drugs Board's standard price of P6,800 per gram, the confiscated drugs were valued at

a poseur buyer during a buy-bust operation in Barangay Buhay na Tubig at around 6:40 p.m.

The suspects, whom PDEA described as "notorious drug personalities," were allegedly found carrying

five transparent plastic bags containing about 500 grams of suspected shabu.

Based on the Dangerous Drugs Board's standard price of P6,800 per gram, the confiscated drugs were valued at



P3,400,000.

Police also impounded a multi-purpose vehicle believed to have been

used in the suspects' alleged illegal drug activities. Authorities also confiscated a mobile phone, which

was to be examined for possible drug-related transactions.

The suspects were detained and were

expected to face a formal complaint for violating the Comprehensive Dangerous Drugs Act of 2002.

Criminal charges filed against cop over colleague's shooting in Maragondon

Police had filed criminal charges against a policeman linked to the fatal shooting of a fellow officer and a mayor's aide in Maragondon, Cavite.

Charges of double

murder and frustrated murder were filed on Aug. 13 before the Office of the Provincial Prosecutor against Cpl. Rolando Periodico Jr. of the Trece Martires police.

The charges

stemmed from the deaths of S/Sgt. 12. Junmark Sisante of the Magallanes police and Arjay Mojica, a mayor's security aide, whom Periodico allegedly shot at a resort in Barangay

San Miguel A on Aug. 12. Another policeman, Cpl. Novinidhon Climacosa, was wounded during the incident, which was reportedly triggered by an argument between

the suspect and the victims. Earlier, Philippine National Police chief Gen. Jose Melencio Nartatez Jr. ordered summary dismissal proceedings against Periodico.

National Police Commission-Calabarzon chief Owen de Luna said the Napolcom would conduct its own investigation to determine the cause of the shooting.

DIYARYO KABITENYO

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ARNULFO BARCO

(May 14, 1951 - September 2, 2024)
Founder

GENER BARCO

Publisher-Editor

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New research shows meditation can mimic psychedelic brain states in just one week

A week of intensive meditation and other mind and body practices may be capable of producing measurable changes far beyond simple relaxation, as researchers at the University of California San Diego discovered in a recent study published in *Communications Biology* that found a seven-day retreat was associated with changes in brain activity, blood chemistry, immune signaling, metabolism, and the body's natural

pain control systems.

Part of a multi-million-dollar initiative supported by the InnerScience Research Fund, this work marks the first study to comprehensively measure the biological effects of several mind and body practices delivered together during a short, intensive program led by neuroscience educator Joe Dispenza, involving 20 healthy adults who participated in daily lectures, approximately 33 hours of guided

meditation, and group healing practices that included an "open-label placebo" approach where participants knew no active medical ingredient was involved yet still experienced measurable effects due to expectations and social interaction.

By examining participants' brains using functional magnetic resonance imaging (fMRI) and analyzing blood samples before and after the retreat, scientists observed that brain activity became less pronounced in regions associated with internal mental chatter, suggesting more efficient function, while laboratory experiments revealed increased neuroplasticity as neurons exposed to post-retreat blood plasma developed longer branches and formed more connections.

The study also documented shifts toward a more flexible metabolic state through increased glycolytic activity, activation of the body's own pain control mechanisms via higher concentrations of endogenous opioids,

and complex adaptive immune responses where both inflammatory and anti-inflammatory signals increased simultaneously, alongside changes in small RNA molecules and gene activity patterns associated with brain function. Participants reported significantly higher scores on the Mystical Experience Questionnaire, rising from 2.37 to 3.02, with those reporting stronger mystical experiences showing greater biological changes including increased integration of activity between different brain regions, leading researchers to note that intensive meditation appeared capable of producing neural connectivity patterns resembling effects previously documented in people using psychedelic substances.

"We've known for years that practices like meditation can influence health, but what's striking is that combining multiple mind-body practices into a single retreat produced changes across so many biological systems

that we could measure directly in the brain and blood," said senior study author Hemal H. Patel, Ph.D., professor of anesthesiology at UC San Diego School of Medicine and research career scientist at the Veterans Affairs San Diego Healthcare System.

"This isn't about just stress relief or relaxation; this is about fundamentally changing how the brain engages with reality and quantifying these changes biologically."

Adding to this, Patel noted, "We're seeing the same mystical experiences and neural connectivity patterns that typically require psilocybin, now achieved through meditation practice alone," while emphasizing that "Seeing both central nervous system changes in brain scans and systemic changes in blood chemistry underscores that these mind-body practices are acting on a whole-body scale."

Although these findings do not mean meditation and psychedelic drugs

produce identical effects, they suggest that very different experiences may sometimes engage overlapping brain processes associated with altered states of consciousness, offering a potential biological framework for understanding how non-drug interventions might support health through increased neuroplasticity, immune adaptation, and endogenous opioid activation.

However, because the study was conducted in healthy adults rather than patients with diagnosed medical conditions, controlled clinical trials will be necessary to determine whether these biological changes translate into meaningful treatment benefits for chronic pain, mood disorders, or immune system conditions, and future research will examine which specific components of the retreat were responsible for the observed effects, how long the changes last, and whether repeating the interventions can strengthen or maintain them over time.

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
DASMARIÑAS CITY, CAVITE

BDO UNIBANK, INC.,
Mortgagee,

File No. FC-DC-2160-26
EXTRA JUDICIAL FORECLOSURE
OF REAL ESTATE MORTGAGE
UNDER ACT 3135, AS AMENDED
BY ACT 4118

-versus-

MARIA ELENA M. GERVACIO,
Debtors/Mortgagors,
x-----x

NOTICE OF SHERIFF'S SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118 filed by the petitioner/mortgagee, **BDO UNIBANK, INC.** with postal address at 33rd Floor BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City against the debtors/mortgagors **MARIA ELENA M. GERVACIO** with postal address at (1) 254 C. De Dios Street, Sta. Mesa, Manila; (2) Lot 2 Block 15, Phase 4A Parkview Greenwoods Village, Brgy. Paliparan, Dasmariñas, Cavite and for the satisfaction of the mortgaged debt which as of **JUNE 26, 2026** amounts to **SEVEN MILLION FOUR HUNDRED THIRTY NINE THOUSAND SIX HUNDRED SEVENTY THREE PESOS AND 49/100 (Php 7,439,673.49)**, exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned sheriff will sell at public auction on **SEPTEMBER 30, 2026** at 10:00 o'clock in the morning or soon thereafter at the lobby of Branch 90, Regional Trial Court, Ground Floor, Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Buro I, Dasmariñas City, Province of Cavite to the highest bidder and for **CASH** or **CERTIFIED CHECK**, in Philippine Currency, the following described real property together with all the buildings and other improvements existing thereon, to wit:

Transfer Certificate of Title
No. 057-2023042247

IT IS HEREBY CERTIFIED that certain land situated in BRGY. PALIPARAN, CITY OF DASMARIÑAS, PROVINCE OF CAVITE, ISLAND OF LUZON, bounded and described as follows:

LOT NO: 2, **PLAN NO:** PCS-04-030706
PORTION OF: CONSOL-SUBD. OF LOTS 16 TO 24, BLOCK 15, PCS-04-017571, LRC REC. NO. 8843
LOCATION: BRGY. PALIPARAN, CITY OF DASMARIÑAS, PROVINCE OF CAVITE, ISLAND OF LUZON

is registered in accordance with the provision of the Property Registration Decree in the name of

Owner: MARIA ELENA M. GERVACIO, SINGLE, FILIPINO, OF LEGAL AGE

Address: 254 C. DE DIOS ST. STA. MESA, MANILA

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SOUTH	LOT 1, PCS-04-030706
2-3	SW	LOT 10 (EASEMENT), PCS-04-030706
3-4	NORTH	LOT 3, PCS-04-030706
4-1	EAST	ROAD LOT 11, PCS-04-017571

TIE POINT: MON. NO. 79, IMUS ESTATE

	LINE	BEARING	DISTANCE	
TO CORNER 1	N. 12°	52' W	327.75 M.	
	1-2	S. 87°	32' W	21.54 M.
	2-3	N. 10°	50' W	10.12 M.
	3-4	N. 87°	32' E	23.00 M.
	4-1	S. 02°	30' E	10.00 M.

AREA: TWO HUNDRED TWENTY THREE SQUARE METERS (223), MORE OR LESS

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event that the public auction should not take place on the said date and time, it shall be held on **OCTOBER 14, 2026**, at the same time and place without further notice.

Dasmariñas City, Cavite, July 30, 2026.

(Sgd.) **ARLYN P. BARCELON**
Sheriff IV

(Sgd.) **ATTY. MARCELA L. BAYBAY**
Clerk of Court VI & Ex-Officio Sheriff

Copy furnished:

BDO UNIBANK, INC.
33rd Floor BDO Corporate Center Ortigas,
No. 12 ADB Avenue, Mandaluyong City

**BDO UNIBANK INC.,
REMEDIAL MANAGEMENT UNIT
JACEL DL. FLORENCIO**
33rd Floor, BDO Corporate Center Ortigas,
No.12, ADB Avenue, Mandaluyong City

MARIA ELENA M. GERVACIO
(1) 254 C. De Dios Street, Sta. Mesa, Manila;
(2) Lot 2 Block 15, Phase 4A Parkview Greenwoods Village,
Brgy. Paliparan, Dasmariñas, Cavite

Notice posted at:

1. The Bulletin Board of Regional Trial Court, Dasmariñas City, Cavite
2. The Bulletin Board of Dasmariñas City Hall
3. The Bulletin Board of Dasmariñas City Post Office
4. The Bulletin Board of Dasmariñas City Public Market

Raffle Date of Judicial Notice: July 24, 2026

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3, 10 & 17, 2026

Exercise helps the aging brain "Take out the trash"

New research brain decline, from Victoria including dementia University (VU), led and Alzheimer's by Dr. James Broatch disease, by supporting and recently published the glymphatic in the journal Trends system, a crucial waste in Neurosciences, clearance pathway that suggests that regular is especially active exercise may offer during sleep.

While the benefits of physical activity against age-related

for healthy aging are well established, this peer-reviewed analysis of existing studies in both animals and humans indicates that exercise regulates glymphatic function through multiple physiological mechanisms, such as reducing blood pressure and vascular stiffness, improving neuron activation, lowering brain inflammation, reducing resting norepinephrine, and enhancing sleep quality, particularly the deep slow wave activity associated with brain waste clearance.

Dr. Broatch highlighted the importance of these findings in the context of global dementia rates, noting, "If we don't have opportunities for the brain to essentially clean out the junk from the day, we know that build-up is damaging, especially as we age. Sleep is more crucial than ever to play this role, but the irony is,

good quality sleep can often be harder to get as we get older.

This study asked, what if exercise could support that process?" Although the analysis confirms that exercise can improve these critical processes, Dr. Broatch emphasized that further research is needed to determine optimal exercise types, durations, and whether recommendations differ for those already experiencing cognitive decline.

Despite these unanswered questions, the study reinforces the value of physical activity as a preventative measure, with Dr. Broatch concluding, "If nothing else, this is yet another reminder that regular movement - especially the type that lifts your heart rate - is so important for every part of your health. The earlier we can develop these good habits, the better as we age."

Republic of the Philippines
Fourth Judicial Region
Regional Trial Court Of Cavite
Office of the Clerk of Court & Ex-Officio Sheriff
New Justice Hall, J.P. Rizal Avenue,
Kaybagal South, Tagaytay City
Email Address: rtc1tgtocc@judiciary.gov.ph
Contact Nos. 09676699985 / (046) 419-0464

88 ASIA FINANCE CORPORATION,
Petitioner-Mortgagee,

EJF NO. TG-26-051
FOR: Extra Judicial Foreclosure
Under R.A. 3135 as amended

-versus-

CORAZON NATABIO TOLENTINO, Single
REP. BY: STEPHEN CARL MINSHEW
STEPHEN CARL MINSHEW,
Respondents- Mortgagors.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act No. 4118, filed by petitioner-mortgagee, **88 ASIA FINANCE CORPORATION**, a corporation duly organized and existing under and by virtue of the laws of the Republic of the Philippines with office address at 10th Floor Unionbank Center Manila, 208 Dasmariñas St., cor. Quintin Paredes St., Binondo, Manila, pursuant to the terms and conditions of the Real Estate Mortgage executed on June 26, 2025 and notarized on July 3, 2025 by respondent-mortgagor **CORAZON NATABIO TOLENTINO**, single, of legal age, Filipino with address at (1) #188 Sto. Tomas-Lipa Road, Brgy. San Isidro Norte Sto. Tomas, Batangas, (2) 13C Bayacal St., Sabutan, Silang, Cavite and (3) 391 Howard Tant Rd. Zebulon N.C. 27597, represented by **STEPHEN CARL MINSHEW**, of legal age, Filipino with residence & postal address at #188 Sto. Tomas-Lipa Road, Brgy. San Isidro Norte Sto. Tomas, Batangas, as per Special Power of Attorney executed and notarized on May 28, 2025, in favor of the petitioner-mortgagee, over real estate of property including improvements thereon, described in and covered by Transfer Certificate of Title No. **076- 2014001416** of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the respondents-mortgagors in the amount of **ONE MILLION ONE HUNDRED NINETY-NINE THOUSAND TWO HUNDRED FIFTEEN PESOS ONLY (Php 1,199,215.00)** inclusive of penalties and legal charges, as of May 15, 2026, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Rhiz Sañel C. Toledo, will sell at public auction on **November 17, 2026** at **10:00 o'clock in the morning** or soon thereafter, at the **New Hall of Justice of Tagaytay City**, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 076-2014001416
Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that certain land situated in BRGY. OF ADLAS, MUN. OF SILANG, PROV. OF CAVITE, IS. OF LUZON, bounded and described as follows:

A PARCEL OF LAND (LOT 18, BLK. 650 OF THE SUBD. PLAN PSD-04-181742, BEING A PORTION OF LOT 1, CCS-04-002147-D), SITUATED IN THE BRGY. OF ADLAS, MUN. OF SILANG, PROV. OF CAVITE, IS. OF LUZON. BOUNDED ON THE SW., ALONG LINE 1-2 BY LOT RD. LOT 646 (8.M.W. ROW), ON THE NW., ALONG LINE 2-3 BY LOT 19, BLK. 650, ON THE NE., ALONG LINE 3-4 BY LOT 20, BLK. 650, ON THE NE., ALONG LINE 4-5 BY LOT 21, BLK. 650, AND ON THE SE., ALONG LINE 5-1 BY LOT 17, BLK. 650, ALL OF THE SUBD. PLAN. BEGINNING AT A PT. MARKED "1" ON PLAN BEING N. 24 DEG. 17' W., 3405.54 M. FROM BLLM NO. 1, CAD-452-D SILANG CAD. THENCE N. 18 DEG. 12' W., 12.00 M. TO PT. 2; THENCE N. 71 DEG. 48'E., 12.50 M. TO PT. 3; THENCE S, 18 DEG. 12'E., 0.40 M. TO PT. 4; THENCE S. 18 DEG. 12' E., 11.60 M. TO PT. 5; THENCE S. 71 DEG. 48' W., 12.50 M. TO THE PT. OF BEGINNING, CONTAINING AN AREA OF ONE

HUNDRED FIFTY (150) SQ. METERS, MORE OR LESS. ALL PTS. REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY PS. CYL. CONC. MONS. 15X40 CM., BEARINGS TRUE; DATE OF ORIG. SURVEY, DEC. 7, 1973-DEC. 4, 1975 & THAT OF THE SUBD. SURVEY, SEPT. 9-OCT. 10, 2005 & WAS APPROVED ON DEC. 8, 2005.

Owner: **CORAZON NATABIO TOLENTINO, SINGLE, OF LEGAL AGE, FILIPINO**
Address: 13C BAYACAL ST., SABUTAN, SILANG, CAVITE

In the event the public auction should not take place on the said date, it shall be held on **November 24, 2026** without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the **TRANSFER CERTIFICATE OF TITLE NO. 076-2014001416** the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, July 21, 2026.

(Sgd.) **ATTY. VARBRA ANN A. VARIAS-DIMAYUGA**
Clerk of Court VI & Ex-Officio Sheriff

(Sgd.) **RHIZ SAÑEL C. TOLEDO**
Sheriff-In-Charge

WARNING:

IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

Copy Furnished:

88 ASIA FINANCE CORPORATION represented by **ROLAND A. JAVIER**
Petitioner- Mortgagee
10TH Floor Unionbank Center Manila,
208 Dasmariñas St. cor. Quintin Paredes St., Binondo, Manila

CORAZON NATABIO TOLENTINO
Respondents-mortgagors
(1) #188 Sto. Tomas-Lipa Road, Brgy. San Isidro Norte Sto. Tomas, Batangas
(2) 13C Bayacal St., Sabutan, Silang, Cavite
(3) 391 Howard Tant Rd. Zebulon N.C. 27597

STEPHEN CARL MINSHEW
Attorney-in-fact
#188 Sto. Tomas-Lipa Road, Brgy. San Isidro Norte Sto. Tomas, Batangas

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3, 10 & 17, 2026

Why vitamin D deficiency becomes far more lethal in the presence of excess belly fat

A large study researchers from the involving 5,520 adults Federal University of over age 50, published São Carlos (UFSCar) in the journal in Brazil and Diabetes, Obesity University College and Metabolism London, has identified and conducted by a potentially dangerous

AFFIDAVIT OF SELF-ADJUDICATION

NOTICE is hereby given that the estate of the late **EDUARDO B. GALERMO** who died intestate on December 28, 2005 in Long Beach, California, United States of America, consisting of two (2) parcels of land with improvements, described as follows:

Transfer Certificate of Title No. T-108174

A parcel of land situated in the Bo. of Alima, Mun. of Bacoor, Prov. of Cavite. Island of Luzon, containing an area of TWO HUNDRED SIXTY EIGHT (268) SQUARE METERS, more or less;

Transfer Certificate of Title No. T-91693

A parcel of land situated in the Bo. of Alima, Mun. of Bacoor, Prov. of Cavite, Is. of Luzon, containing an area of THREE HUNDRED NINETY FIVE (395) SQ. METERS, more or less

has been self-adjudicated by his surviving spouse and sole heir ERLINDA I. GALERMO on April 11, 2024 in Bacoor City, Cavite, Philippines before Notary Public Atty. Antonio T. Nicolas and entered in his Notarial Register as Doc. No. 147; Page No. 31; Book No. IV; Series of 2024.

(Sgd.) Affiant

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3, 10 & 17, 2026

combination of health "Abdominal obesity risks where individuals is a well-known with both abdominal risk factor because obesity and vitamin it's associated with D deficiency faced a inflammation and 123% higher risk of metabolic problems. death compared with Vitamin D, on the other those who had neither hand, is a hormone that condition. acts on various organs, While each and its deficiency factor independently impairs several bodily increased mortality functions.

risk—abdominal When these two obesity alone raised it conditions occur by 47% and vitamin together, one amplifies D deficiency by up to the effects of the other, 91%—the combined further increasing the effect was substantially risk of death," and greater, suggesting the adds, "For that reason, two conditions amplify monitoring vitamin each other's harmful D levels and treating impacts. excess abdominal fat

Tiago Silva are essential measures Alexandre, a professor to prevent premature in the Department of death, especially after Gerontology at UFSCar age 50." The research, study, explains that Turn to page 5

Republic of the Philippines
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR
Indang, Cavite
=====

In the matter of Change of First Name in the
Certificate of Live Birth (SECPA) of

REYNALDO PEÑANO SIDUCON

CFN-0004-2026

FLORENTINO P. SIDUCON
Petitioner

NOTICE OF PUBLICATION

There is a petition filed for the change of first name
in Certificate of Live Birth (SECPA) of **REYNALDO PEÑANO
SIDUCON** from **"REYNALDO"** to **"FLORENTINO "**.

NOTICE IS HEREBY GIVEN that any interested person
is cited to notify this office and show cause why the same should
not be granted.

Let this NOTICE be published at least once a week for
two (2) consecutive weeks in a newspaper of general circulation
as required under Section 5 of Republic Act No. 9048.

(Sgd.) **MERCI A. CHAVEZ**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 10 & 17, 2026

(WHY...from page 4)

which followed expression of enzymes
participants from the involved in vitamin D
English Longitudinal metabolism, leading
Study of Ageing Alexandre to note that
(ELSA) for six "Abdominal obesity
years, indicates that reduces circulating
abdominal fat can vitamin D, and that
"sequester" vitamin deficiency impairs
D by storing it in the immune system,
adipocytes rather than exacerbating the
leaving it available chronic inflammation
in the bloodstream, caused by excess
a process Alexandre fat and drastically
describes by stating, increasing the risk of
"This means that mortality," a situation
although the body particularly critical
may have the vitamin in older adults due to
stored in fat, it isn't "inflammaging."
freely available in Highlighting the
the blood to perform broader implications,
vital functions in other Alexandre points out
organs and systems." a "cascade effect" from

Furthermore, previous studies where
obesity may reduce the "Vitamin D deficiency

Republic of the Philippines
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR
Indang, Cavite

Publication Notice
R.A. NO. 10172

NOTICE TO THE PUBLIC

CCE-0073-2026

In compliance with the publication requirement and
pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines
in the Implementation of the Administrative Order No. 1 Series of
2012 (IRR on R.A. 10172), Notice is hereby served to the public
that **ROMULO L. GOMEZ** has filed with this Office, a petition
for **correction of entry in the date of birth** from **October 5,
1965** to **September 5, 1965** in the **Civil Registry Form No.1A** of
ROMULO L. GOMEZ at Indang, Cavite and whose parents are
Liliosa M. Luclucan and **Abdon Gomez**.

Any person adversely affected by said petition may file
his/her written opposition with this Office not later than **August
24, 2026**.

(Sgd.) **MERCI A. CHAVEZ**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 10 & 17, 2026

Republic of the Philippines
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR
Indang, Cavite

Publication Notice
R.A. NO. 10172

NOTICE TO THE PUBLIC

CCE-0075-2026

In compliance with the publication requirement and
pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines
in the Implementation of the Administrative Order No. 1 Series
of 2012 (IRR on R.A. 10172), Notice is hereby served to the
public that **CRISTINA V. ESCANILLA** has filed with this Office,
a petition for **correction of entry in the date of birth** from
September 16, 1964 to **May 16, 1964** in the **Certificate of Live
Birth** of **CRISTINA VILLASENOR** at Indang, Cavite and whose
parents are **Ernesto Villasenor** and **Dolores Ortega**.

Any person adversely affected by said petition may file
his/her written opposition with this Office not later than **August
24, 2026**.

(Sgd.) **MERCI A. CHAVEZ**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 10 & 17, 2026

leads to a loss of in regulating blood
strength, which results pressure, heart rate, the
in reduced walking central nervous system,
speed, causing a loss the immune system,
of independence and and the endocrine
greater dependence in system. Therefore,
daily activities," and when its levels are
warns that because low, several essential
"Vitamin D is a bodily functions
hormone with various are compromised,"
functions. the convergence of

It plays a role these two conditions

Publication Notice
R.A. 10172

Republic of the Philippines
Province of Cavite
Municipality of Maragondon
-oOo-
Office of the Municipal Civil Registrar

NOTICE TO THE PUBLIC

Date: August 3, 2026

R.A. 10172
CFN-005-2026

In Compliance with the publication requirement and
pursuant to OCRG Memorandum Circular No. 2013-1. Guidelines
in the Implementation of the Administrative Order No. 1 Series of
2012 (IRR on R.A. 10172), Notice is hereby served to the public
that Name of Document Owner has filed with this Office, a petition
for **CHANGE OF FIRST NAME (CFN)** from **"MERLITO"** to
"NORLITO" in the certificate of live birth of **MERLITO BELLO
ANGLO** who was born on **MAY 10, 1968** at **Maragondon, Cavite**
and whose parents are **TOMASITO ANDULAN ANGLO** and
MARINA MANALO BELLO.

Any person adversely affected by said petition may file
his written opposition with this Office not later that **August 24,
2026**.

(Sgd.) **HELEN P. UMALI**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 10 & 17, 2026

Republic of the Philippines
Province of Cavite
MUNICIPALITY OF MENDEZ-NUÑEZ
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR

In the matter of Change of First Name
Certificate of Live Birth of **DIGNA EMIROSA DIERON FIJER**

CFN #0007-2026 RA 9048

DIGNA FIJER COSARE
Petitioner

NOTICE OF PUBLICATION

There is a petition for the Change of First Name of
DIGNA EMIROSA DIERON FIJER from **DIGNA EMIROSA** to
DIGNA who was born on **SEPTEMBER 22, 1967** at **MENDEZ,
CAVITE** and whose parents are **MINDA DIMAPILIS DIERON** and
EMITERIO CUADRA FIJER.

NOTICE IS HEREBY GIVEN that any interested person
is cited to notify this office and show cause why the same should
not be granted.

Let this Notice be published at least once a week for two
(2) consecutive weeks in a newspaper of general circulation as
required under Section 5 of Republic Act No. 9048.

(Sgd.) **NORENA A. PEROLA**
Municipal Civil Registrar/OIC

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 10 & 17, 2026

creates an unfavorable cardiovascular and
systemic environment metabolic diseases as
that accelerates well as muscle loss.

Republic of the Philippines
Fourth Judicial Region
**OFFICE OF THE EXECUTIVE JUDGE
REGIONAL TRIAL COURT**
Naic, Cavite
rtc1nacocc@judiciary.gov.ph
0998-520-7509

**IN RE: PETITION FOR APPOINTMENT
OF COMMISSION AS NOTARY PUBLIC
IN THE PROVINCE OF CAVITE**

ADM NO. NC-6-06-26

ATTY. IRVIN HENSON STA. ANA ILOG
Petitioner,

NOTICE OF HEARING

Notice is hereby given that a summary hearing in the petition for renewal of notarial commission of **ATTY. IRVIN HENSON STA. ANA ILOG** shall be held on 18 September 2026 Hall of Justice, Office of the Executive Judge, Naic, Cavite at 1:30 pm.

Any person who has any cause or reason to object to the grant of the petition may file a verified written opposition thereto, received by the undersigned before the date of the summary hearing.

11 August 2026, Naic, Cavite.

(Sgd.) **RALPH S. ARELLANO**
Executive Judge

Publication : DIYARYO KABITENYO News Publishing Service
Date : August 17-23, 2026


Republic of the Philippines
Province of Cavite
MUNICIPALITY OF MENDEZ-NUÑEZ
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR

CCE-0037-2026 RA 10172

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guideline in the Implementation of the Administrative Order No. 1 Series of 2012 (IRR on RA 10172), Notice is hereby served to the public that **DORINA PEREÑA ANTONIO** has filed with this Office, a petition for **Correction of Clerical Error in Date of Birth** from **APRIL 30, 1946** to **FEBRUARY 14, 1946** in the Certificate of Live Birth of **ANTONIO PEREÑA** at Mendez, Cavite and whose parents are **MELICIO PEREÑA** and **EUSEBIA AURE**.

Any person adversely affected by said petition may file his written opposition with this office not later than **August 31, 2026**.

(Sgd.) **NOREN A. PEROLA**
Municipal Civil Registrar-OIC

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 17 & 24, 2026



REPUBLIC OF THE PHILIPPINES
PROVINCE OF CAVITE
MUNICIPALITY OF TANZA
LOCAL CIVIL REGISTRY OFFICE

Publication Notice
R.A.10172

NOTICE TO THE PUBLIC

Date: August 13, 2026

CCE - 0162-2026 RA 10172

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the Implementation of the Administrative Order No.1, Series of 2012 (IRR on R.A. 10172), Notice is hereby served to the public that **JENNYLYN MUSA ARELLANO**, has filed with this Office, a petition for **CORRECTION OF ENTRY IN CHILD'S SEX** from **"MALE"** to **"FEMALE"**, in the Certificate of Live Birth of **JENNYLYN MUSA ARELLANO**, who was born on 12 August 1996 at Tanza, Cavite of parents **JOCELYN A. MUSA & NARCISO O. ARELLANO, JR.**

Any person adversely affected by said petition may file his/her written opposition with this Office not later than **August 27, 2026**.

(Sgd.) **OFELIA U. ARGUSON**
OIC-Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 17 & 24, 2026

HIV cleared in newborn primates by triple therapy

More than 120,000 babies around the world acquire HIV each year, and while controlling the infection for millions of people currently means taking life-long treatment, a new study led by Oregon Health & Science University where researchers found that a combination of therapies administered to newborns within three days of birth could

would succeed despite his long involvement in developing leronlimab to block the CCR5 surface protein.

While antiretroviral therapy and neutralizing antibodies had been tested individually without permanently clearing the virus, coauthor Nancy Haigwood, Ph.D., believed pairing them with leronlimab would be more effective, and the results proved her right. "We were astounded and overjoyed, actually," Haigwood said. "It's a remarkable result." Sacha noted that "The really exciting part is that it could go to clinical trials immediately to eliminate HIV infection

in newborns," adding that "The next step after that is to test if this can work in newly exposed adults." Although the scientists are unsure exactly why the combination worked so well, they theorize the therapies become much more powerful together: antiretroviral therapy acts like "Turning off the faucet" to minimize replication, neutralizing antibodies serve as "Mopping up" to corral the virus, and leronlimab provides "Sealing off" by blocking the virus from infecting immune cells. Sacha explained that "For reasons we don't understand, HIV really wants to use CCR5 receptors to infect cells," and "By blocking access,

it's like you've kept fuel away from the fire." Haigwood emphasized that "There's a lot more going on during the first week of infection than we previously thought," noting "From this experiment, it looks like there's a dynamic interaction between the virus and antibodies that takes place as the virus begins to spread."

While the current study only tested the regimen within 72 hours, Sacha admitted "There was no reason to think this would completely clear the virus," but "It's one of those things where you test it and, holy cow, it works and you've

discovered something new." The researchers now aim to determine the limits of this early treatment window, asking "We only tested out to three days," Sacha said. "Could it work a week after infection? Two weeks? How far can you go after infection, and still purge the virus?" If successful, this strategy could eventually offer a new way to combat an HIV epidemic that still kills about 600,000 people worldwide every year, leveraging the anatomical similarities between nonhuman primates and humans to justify optimism for future human trials.

10-Cent drug delivers 25% reduction in heart failure hospitalizations

New research led by UMCG cardiologists Dirk Jan van Veldhuisen, Kevin Damman, and Peter van der Meer suggests that a low dose of digoxin can help people with heart failure avoid hospitalization and reduce the risk of death, with findings from three studies indicating that these results could eventually influence treatment guidelines and make this inexpensive medication available to many more patients.

Heart failure is a serious and growing health problem affecting over 500,000 people in the Netherlands, where the heart cannot pump blood effectively, leading to severe shortness of breath, fatigue, and repeated

hospital trips; while standard care relies on the "Fantastic Four" medications, cardiologists have long investigated whether digoxin could provide additional benefits as a fifth treatment.

The three new UMCG studies, published in journals such as *Nature Medicine* and the *Journal of the American Medical Association (JAMA)* and presented at the ESC Heart Failure Congress in Barcelona, provide evidence supporting this possibility, with one study involving 1,000 people across 43 Dutch centers finding that half received a low dose of digoxin for an average of three years while the other half received a placebo.

Among those taking digoxin, deaths from cardiovascular disease and worsening heart failure were reduced by 19%, though this individual result did not reach statistical significance; however, when researchers combined these findings with data from two earlier studies in a meta-analysis, they found that digoxin produced a meaningful and statistically significant benefit even for patients already taking the four standard medications, with the clearest effect being a 25% reduction in hospital admissions for heart failure while remaining safe and relatively easy to use.

A third study following approximately 600 of the original 1,000 participants found that people who had been taking digoxin and then had to stop experienced significantly more problems during the first six weeks compared with people who had never taken the drug, with 14 out of 288 patients being hospitalized or dying, a finding that researchers consider "impressive and surprising" in size and timing even though it does not directly prove that digoxin is effective.

The researchers believe the results could lead to changes in heart failure guidelines, potentially allowing many more patients to receive digoxin, a discovery made especially notable by its low price of less than ten cents per day compared to newer medications costing several euros daily.

Digoxin, the oldest and least expensive medicine for heart failure, works at low doses primarily by reducing harmful compensatory responses like suppressing stress hormones such as adrenaline, which benefits the heart, whereas higher doses commonly prescribed in the past forced the heart muscle to contract more strongly but proved less helpful for weakened hearts where reducing strain is preferable.

While digoxin use has declined over the past 25 to 30 years as new treatments became available, with only about 15 percent of heart failure patients now receiving it, earlier research had already suggested that patients given low doses did considerably better than those receiving higher doses, yet randomized, prospective studies had not directly investigated and confirmed this effect until now.

Research involving older and inexpensive medications can be difficult to fund even when they have the potential to improve patient care while lowering costs, which is why the Hartstichting provided 3 million euros for this research through its collaboration with ZonMw as part of the Good Use of Medicines program.

Unlike many existing cancers, those with liver organs like the liver or liquid biopsies that diseases like hepatitis B, lungs without targeting search for specific hepatitis C, and metabolic- a specific disease in mutations and can be associated liver disease, advance.