

**The Lord is
like a strong
tower, where
the righteous
can go and
be safe.**

Proverbs 18:10

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**Be alert,
stand firm
in the faith,
be brave, be
strong.**

1 Corinthians 16:13

DTI Cavite conducts seminar for tenants, MSMEs

The Department of Trade and Industry (DTI) – Cavite, in partnership with SM City Rosario, successfully conducted a Business Continuity Planning (BCP) Seminar/Workshop for the tenants of SM City Rosario and MSMEs from the Municipality of Rosario on July 28, 2026.

The seminar highlighted the significance of risk assessment, contingency planning, and business resilience in ensuring the continuity of business operations during emergencies and unforeseen events. Participants learned how to identify potential risks and develop practical strategies to minimize operational disruptions while sustaining their business operations.

Development Analyst, who delivered the introductory discussion on BCP. This was followed by a comprehensive discussion and hands-on workshop facilitated by Mr. Ruy Manaog, Senior Trade Industry Development Specialist, who guided the participants in developing their own Business Continuity Plans.

Through initiatives



such as this, DTI Cavite continues to empower MSMEs by promoting business resilience and preparedness, enabling enterprises to adapt, recover, and sustain their operations amid evolving challenges.

Four suspects arrested in Silang over Malaysian national's slaying

Four Malaysian nationals were arrested in a follow up police operation for their alleged involvement in the fatal stabbing of a fellow Malaysian national who was found bloodied with multiple stab wounds in Sitio Ilayang Pulo, Barangay Iba, Silang, Cavite.

The Silang Municipal Police Station quickly identified the suspects through extensive follow up operations, CCTV backtracking, and coordination with the Pasay City Police Station.

The victim was found at around 11:40 p.m. on July 30 in Barangay Iba, Silang, Cavite. The suspects immediately fled the area aboard a tricycle. Based on CCTV footage, the suspects later boarded a Grab vehicle that brought them to their lodging place in Pasay City, where they were arrested by the joint forces of the Silang Police and Pasay City Police. Authorities also discovered that the suspects were allegedly carrying illegal drugs when the crime was committed.

The suspects will face a murder complaint before the Provincial Prosecutor's Office, while authorities will also coordinate with their respective embassies.

DIYARYO KABITENYO

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ARNULFO BARCO

(May 14, 1951 - September 2, 2024)
Founder

GENER BARCO

Publisher-Editor

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Discrepancies between chronological and estimated brain age predict cognitive decline

A new machine-learning approach that examines brain activity during sleep, and sleep may help identify people with an elevated risk of developing dementia, a research initiative led by scientists at UC San Francisco and Beth Israel Deaconess Medical Center in Boston.

The system estimates a person's "brain age" by analyzing electrical signals

estimated brain age was younger than their actual age had a lower risk.

To achieve this, the researchers developed a machine-learning model that combines 13 microscopic features found within EEG brain wave recordings and applied it to information from approximately 7,000 people who had participated in five separate studies, where participants ranged in age from 40 to 94 and none had dementia when their respective studies began.

Researchers monitored them for periods ranging from 3.5 to 17 years, during which time about 1,000 participants developed dementia, and the analysis showed that small and highly detailed patterns in sleeping brain waves may provide information that standard sleep measurements fail to detect. Previous pooled analyses

involving several groups of participants found no meaningful association between dementia risk and common sleep measurements, such as how much time someone spends in different stages of sleep and how efficiently they remain asleep during the night.

"Broad sleep metrics don't fully capture the complex multidimensional nature of sleep physiology," said senior author Yue Leng, MBBS, PhD, associate professor of psychiatry at the UCSF School of Medicine. Several of the EEG patterns used to calculate brain age are already known to support memory and cognitive health, including delta waves, the slow and rolling electrical patterns commonly associated with deep sleep, and sleep spindles, brief bursts of rapid brain activity that are

believed to help the brain strengthen and store memories. One of the study's most notable findings involved large, sudden spikes in EEG signals, a feature called kurtosis, which was associated with a lower risk of developing dementia.

The connection between an older estimated brain age and greater dementia risk remained significant even after researchers accounted for education, smoking, body mass index, physical activity, other medical conditions, and genetic risk factors. Because EEG readings can be collected without invasive medical procedures, the researchers believe sleep-based brain age measurements could eventually help assess dementia risk outside traditional clinics, with future wearable technologies potentially able to record the necessary brain signals during

sleep.

"Brain age is calculated from sleep brain waves," said Leng. "We know that brain activity during sleep provides a measurable window into how well the brain is aging." The results also suggest that improving sleep health might affect the way the brain ages, as Leng noted that previous research has shown that treating sleep disorders can alter brain wave activity recorded during sleep.

"Better body management, such as lowering body mass index and increasing exercise to reduce the likelihood of apnea, may have an impact," said first author Haoqi Sun, PhD, assistant professor of neurology at Beth Israel Deaconess Medical Center, who developed the model with two co-authors. "But there's no magic pill to improve brain health."

Republic of the Philippines
Fourth Judicial Region
REGIONAL TRIAL COURT
BRANCH 114
CITY OF BACOR, CAVITE
2nd Floor, Main Square Mall, Molino Blvd.,
Bacoor City, Cavite
Email: rtc1bcr114@judiciary.gov.ph
Phone No: 0908-499-0181

IN RE: PETITION FOR THE
ISSUANCE OF A NEW OWNER’S
DUPLICATE COPY OF TRANSFER
CERTIFICATE OF TITLE NO. 167-
2023007139, LOST

LRC CASE NO. 8843-2026-65

SPOUSES JOSEPH Y. BARRON AND
RORIMA D. BARRON,

Petitioners.
-----X

ORDER

On June 16, 2026, petitioners, through counsel, filed this instant petition alleging among others that: (a) petitioners are the registered owners of a parcel of land covered by TCT No. 167-2023007139; (b) the title was kept inside an envelope in their residence; (c) sometime thereafter, petitioners discovered that the same can no longer be found; (d) the title can no longer be found despite diligent efforts to locate the same and an Affidavit of Loss was executed; and (e) the property was declared for taxation purposes. Petitioners are praying that the Court, after due notice and hearing, render judgment directing the Register of Deeds for the Province of Cavite, Bacoor City Branch to issue another Owner’s Duplicate Copy of Transfer Certificate of Title No. 167-2023007139 with the same force and effect in lieu of the loss one.

Finding the petition to be sufficient in form and substance, the same is set for initial hearing on **September 29, 2026 (Tuesday) at 10:00 in the morning** at 2nd floor, Main Square Mall, Bacoor Boulevard (formerly Molino Boulevard), Barangay Bayanan, City of Bacoor, Cavite, at which date, place, and hour, any interested person may appear and show cause why the said petition should not be granted. **Petitioners SPOUSES JOSEPH Y. BARRON AND RORIMA D. BARRON are directed to personally appear on the scheduled hearing.**

Petitioners are directed to cause the publication of the copy of this Order at their expense once a week for three (3) consecutive weeks in a newspaper of general circulation in the Cities and Province of Cavite at least thirty (30) days prior to the scheduled date of hearing.

The Sheriff of this Court is ordered to post this Order in six (6) conspicuous places in the Province of Cavite, where the subject property is situated at least one (1) month prior to the aforesaid date of hearing, particularly at the bulletin boards of the following: (1) the main entrance of the Provincial Building of Cavite; (2) the main entrance of the City Hall Building of Bacoor City, Cavite; (3) the Hall of Justice of Bacoor City; (4) 2nd floor, Main Square Mall, Bacoor Boulevard (formerly Molino Boulevard), Barangay Bayanan, City of Bacoor, Cavite; (5) the Registry of Deeds, Bacoor City, Cavite; and (6) the Barangay Hall where the property is situated.

SO ORDERED.

IN CHAMBERS, this 22nd day of June, 2026 in the City of Bacoor, Cavite.

(Sgd.) NIKKI ROSE DELA PEÑA ESPERANZA
Presiding Judge

Copy Furnished:

SPOUSES JOSEPH Y. BARRON and RORIMA D. BARRON
Petitioner
No. 191 Ligas, Bacoor City, Cavite

ATTY. ADEL I. UDARBE
Counsel for Petitioners
B5 L1 P1, Yakal St., Coastalwoods Village, Ligas 1,
Bacoor City, Cavite

RTC OCC
2/F Old City Hall, Bacoor City, Cavite

REGISTRY OF DEEDS - CAVITE
Public Respondent
Provincial Capitol
Trece Martires, City, Cavite

REGISTRY OF DEEDS - BACOR CITY
Public Respondent
Bacoor Government Center

Publication : DIYARYO KABITENYO News Publishing Service
Dates : July 27, August 3 & 10, 2026

Why your brain treats past weight as the new normal

For decades, little could mean we’ve been told starvation, too much that weight loss is a could slow you matter of willpower: down. Over time, the eat less, move more. human body became But modern science remarkably good at has proven this isn’t guarding its energy actually the case. reserves through More on that in a complex biological moment. But first, defenses wired into let’s go back a few the brain. But in a hundred thousand world where food years to examine is everywhere and our early human movement is optional, ancestors. those same systems that once helped us

Because we can blame a lot of survive uncertainty the difficulty we now make it difficult have with weight to lose weight.

loss today on our When someone predecessors of the loses weight, the body past — maybe the reacts as if it were a ultimate case of threat to survival. blame the parents. Hunger hormones For our early surge, food cravings ancestors, body fat intensify and energy was a lifeline: too expenditure drops.

These adaptations heavier, the brain evolved to optimize comes to treat that energy storage higher weight as the and usage in new normal — a level environments with it feels compelled fluctuating food to defend. The fact availability. But that our bodies today, with our easy have this capacity access to cheap, to “remember” our calorie-dense junk previous heavier food and sedentary weight helps to routines, those same explain why so adaptations that once many people regain helped us to survive weight after dieting. can cause us a few But as the science issues. shows, this weight regain is not due to As we found in our recent research, a lack of discipline; our brains also have rather, our biology is powerful mechanisms doing exactly what it for defending body evolved to do: defend weight — and can sort against weight loss. of “remember” what This is where weight-loss medications be. For our ancient such as Wegovy and Mounjaro have offered fresh hope.

lost in hard times, They work by their bodies would mimicking gut be able to “get back” hormones that tell to their usual weight the brain to curb during better times. appetite. But not But for us modern everyone responds humans, it means that well to such drugs. our brains and bodies For some, the side remember any excess effects can make weight gain as though them difficult to stick our survival and with, and for others, lives depend upon the drugs don’t seem it. So in effect, once to lead to weight the body has been

Turn to page 4

R.A. Form No. 10.1 (LCRO)
(Devised 18 Aug. 2001)

Republic of the Philippines
Local Civil Registry Office
Province: Cavite
City of: Cavite

JULY 16, 2026

NOTICE FOR PUBLICATION

In compliance with section 5 of R.A. No. 9048 a notice is hereby served to the public that **NORMA B. POBLETE** has filed with this Office a petition for Change of First name from “**GRACE**” to “**NORMA**” in the Birth Certificate of **GRACE V. BERNAL** who was born on **APRIL 21, 1966** in **CAVITE CITY, CAVITE** and whose parents are **ANINIAS H. BERNAL** and **DOLORES T. VIRAY**.

Any person adversely affected by said petition may file his written opposition with this Office.

(Sgd.) **FLORDELIZA M. ALEJO**
OIC-City Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : July 27 and August 3, 2026

Republic of the Philippines
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR
Indang, Cavite

Publication Notice
R.A. NO. 10172

NOTICE TO THE PUBLIC

CCE-0065-2026

*In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the Implementation of the Administrative Order No. 1 Series of 2012 (IRR on R.A. 10172), Notice is hereby served to the public that **JUANA L. VARGAS** has filed with this Office, a petition for **correction of entry in the date of birth** from **August 16, 1957** to **July 12, 1957** in the **Certificate of Live Birth** of **JUANA CRESTAL LONTOK** at Indang, Cavite and whose parents are **Cornelio Lontok** and **Maria Crestal**.*

Any person adversely affected by said petition may file his/her written opposition with this Office not later than **August 10, 2026**.

(Sgd.) **MERCI A. CHAVEZ**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : July 27 and August 3, 2026



REPUBLIC OF THE PHILIPPINES
PROVINCE OF CAVITE
MUNICIPALITY OF TANZA

LOCAL CIVIL REGISTRY OFFICE

Publication Notice
R.A.10172

NOTICE TO THE PUBLIC

Date: July 23, 2026

CCE-0129-2026 RA 10172

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the Implementation of the Administrative Order No.1, Series of 2012 (IRR on R.A. 10172), Notice is hereby served to the public that **JILIANE LINGON LEGASPI**, has filed with this Office, a petition for **CORRECTION OF ENTRY IN CHILD’S SEX** from “**MALE**” to “**FEMALE**”, in the Certificate of Live Birth of **JILIANE LINGON LEGASPI**, who was born on 01 June 2006 at Tanza, Cavite of parents **DULCE BARAS LINGON & BOBBY AMONGO LEGASPI**.

Any person adversely affected by said petition may file his/her written opposition with this Office not later than **August 6, 2026**.

(Sgd.) **OFELIA U. ARGUSON**
OIC-Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : July 27 and August 3, 2026

Publication Notice
R.A 10172

Republic of the Philippines
Local Civil Registry Office
Province: Cavite
City of: Cavite

NOTICE TO THE PUBLIC

Date: July 21, 2026

CCE-0121-2026 R.A 10172

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the implementation of the Administrative Order No. 1 Series of 2012 (IRR on R.A 10172), Notice is hereby served to the public that **ERIC S. ESPINOZA** has filed with this Office, a petition for **correction of clerical error in the entry of sex** from “**FEMALE**” to “**MALE**” in the certificate of live birth of **JOHN CLARENCE V. ESPINOZA** at Cavite City and whose parents are **ERIC S. ESPINOZA AND ELENITA R. VISTAL**.

Any person adversely affected by said petition may file his written opposition with this office.

(Sgd.) **FLORDELIZA M. ALEJO**
OIC-City Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : July 27 and August 3, 2026

(WHY...from page 3)

loss at all. It’s also to be able to turn often the case that down these signals once treatment stops, that drive the body biology reasserts back to its original itself – and the lost weight, even beyond weight returns. the treatment period. Advances in obesity Research is also and metabolism showing that good research may mean health isn’t the that it’s possible same thing as “a for future therapies good weight.” As

in, exercise, good children, designing sleep, balanced neighborhoods where nutrition, and mental walking and cycling well-being can all are prioritized improve heart and over cars, and metabolic health, restaurants having even if the number standardised food on the scales barely portions. Scientists moves. Of course, are also paying close attention to key early-life stages – from obesity isn’t just an pregnancy to around individual problem the age of seven – it takes a society-wide approach to the age of seven truly tackle the root – when a child’s causes. weight regulation

And research system is particularly suggests that malleable. Indeed, a number of research has found preventative that things like measures might make what parents eat, a difference – things how infants are fed, such as investing and early lifestyle in healthier school habits can all shape meals, reducing how the brain the marketing controls appetite of junk food to and fat storage for

years to come. If we live in. The good you’re looking to news is that advances lose weight, there in neuroscience are still things you and pharmacology can do – mainly by are offering new focusing less on opportunities in crash diets and more terms of treatments, on sustainable habits while prevention that support overall strategies can shift well-being. the landscape for

Prioritising future generations. sleep helps regulate So if you’ve appetite, for example, struggled to lose while regular activity weight and keep it – even walking – can off, know that you’re improve your blood not alone, and it’s sugar levels and not your fault. The heart health. The brain is a formidable bottom line though opponent. But with is that obesity is not science, medicine a personal failure, but and smarter policies, rather a biological we’re beginning to condition shaped by change the rules of our brains, our genes, the game. and the environments

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
DASMARIÑAS CITY, CAVITE

BDO UNIBANK, INC.,
Mortgagee,

File No. FC-DC-2160-26
EXTRA JUDICIAL FORECLOSURE
OF REAL ESTATE MORTGAGE
UNDER ACT 3135, AS AMENDED
BY ACT 4118

-versus-

MARIA ELENA M. GERVACIO,
Debtors/Mortgagors,

x-----x

NOTICE OF SHERIFF'S SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118 filed by the petitioner/mortgagee, **BDO UNIBANK, INC.** with postal address at 33rd Floor BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City against the debtors/mortgagors **MARIA ELENA M. GERVACIO** with postal address at (1) 254 C. De Dios Street, Sta. Mesa, Manila; (2) Lot 2 Block 15, Phase 4A Parkview Greenwoods Village, Brgy. Paliparan, Dasmariñas, Cavite and for the satisfaction of the mortgaged debt which as of **JUNE 26, 2026** amounts to **SEVEN MILLION FOUR HUNDRED THIRTY NINE THOUSAND SIX HUNDRED SEVENTY THREE PESOS AND 49/100 (Php 7,439,673.49)**, exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned sheriff will sell at public auction on **SEPTEMBER 30, 2026** at 10:00 o'clock in the morning or soon thereafter at the lobby of Branch 90, Regional Trial Court, Ground Floor, Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Buro I, Dasmariñas City, Province of Cavite to the highest bidder and for **CASH** or **CERTIFIED CHECK**, in Philippine Currency, the following described real property together with all the buildings and other improvements existing thereon, to wit:

Transfer Certificate of Title
No. 057-2023042247

IT IS HEREBY CERTIFIED that certain land situated in BRGY. PALIPARAN, CITY OF DASMARIÑAS, PROVINCE OF CAVITE, ISLAND OF LUZON, bounded and described as follows:

LOT NO: 2, **PLAN NO:** PCS-04-030706
PORTION OF: CONSOL-SUBD. OF LOTS 16 TO 24, BLOCK 15, PCS-04-017571, LRC REC. NO. 8843
LOCATION: BRGY. PALIPARAN, CITY OF DASMARIÑAS, PROVINCE OF CAVITE, ISLAND OF LUZON

is registered in accordance with the provision of the Property Registration Decree in the name of

Owner: MARIA ELENA M. GERVACIO, SINGLE, FILIPINO, OF LEGAL AGE

Address: 254 C. DE DIOS ST. STA. MESA, MANILA

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SOUTH	LOT 1, PCS-04-030706
2-3	SW	LOT 10 (EASEMENT), PCS-04-030706
3-4	NORTH	LOT 3, PCS-04-030706
4-1	EAST	ROAD LOT 11, PCS-04-017571

TIE POINT: MON. NO. 79, IMUS ESTATE

	LINE	BEARING	DISTANCE
TO CORNER	1	N. 12° 52' W	327.75 M.
	1-2	S. 87° 32' W	21.54 M.
	2-3	N. 10° 50' W	10.12 M.
	3-4	N. 87° 32' E	23.00 M.
	4-1	S. 02° 30' E	10.00 M.

AREA: TWO HUNDRED TWENTY THREE SQUARE METERS (223), MORE OR LESS

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event that the public auction should not take place on the said date and time, it shall be held on **OCTOBER 14, 2026**, at the same time and place without further notice.

Dasmariñas City, Cavite, July 30, 2026.

(Sgd.) **ARLYN P. BARCELON**
Sheriff IV

(Sgd.) **ATTY. MARCELA L. BAYBAY**
Clerk of Court VI & Ex-Officio Sheriff

Copy furnished:

BDO UNIBANK, INC.
33rd Floor BDO Corporate Center Ortigas,
No. 12 ADB Avenue, Mandaluyong City

**BDO UNIBANK INC.,
REMEDIAL MANAGEMENT UNIT
JACEL DL. FLORENCIO**
33rd Floor, BDO Corporate Center Ortigas,
No.12, ADB Avenue, Mandaluyong City

MARIA ELENA M. GERVACIO
(1) 254 C. De Dios Street, Sta. Mesa, Manila;
(2) Lot 2 Block 15, Phase 4A Parkview Greenwoods Village,
Brgy. Paliparan, Dasmariñas, Cavite

Notice posted at:

1. The Bulletin Board of Regional Trial Court, Dasmariñas City, Cavite
2. The Bulletin Board of Dasmariñas City Hall
3. The Bulletin Board of Dasmariñas City Post Office
4. The Bulletin Board of Dasmariñas City Public Market

Raffle Date of Judicial Notice: July 24, 2026

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3, 10 & 17, 2026

Why some brains resist Alzheimer's while others decline

Researchers from brain tissue from older VIB, KU Leuven, the adults with and without UK-DRI and Muna cognitive decline, Therapeutics, with along with samples funding that included from cognitively support from ERC, healthy centenarians to have identified a major uncover distinct cellular biological shift that programs and immune may help determine cell states linked to both whether Alzheimer's disease progression and disease changes in resistance.

the brain eventually While Alzheimer's lead to dementia by affects more than analyzing donated 55 million people

worldwide and is from an inflammatory commonly associated state linked to with amyloid-β plaques amyloid plaques to and tau tangles, these an antigen-presenting biological signs do not state associated with always match a person's tau pathology and mental condition, neurodegeneration.

leading scientists to Resilience varied focus on how brain among individuals, cells react to abnormal as octogenarians proteins rather than just without dementia measuring pathology. showed the early

The study, published microglial response in Nature Medicine, without progressing to highlights microglia as a the later state, while critical factor, with Prof. centenarians activated Bart De Strooper (VIB- the later program KU Leuven Center largely independent for Neuroscience, KU of tau accumulation, Leuven), ERC grantee suggesting that and one of the co-senior resilience depends on authors of the study, how the brain adapts stating, "This has been its response rather an exciting journey with than simply avoiding many partners. The pathology. Prof. Mark study, entirely based on Fiers (VIB-KU Leuven), human donor material, co-senior author of provides insight into the study, noted, one type of resilience "Understanding better mechanism in the how the brain resists progression of AD to the disease will provide dementia." new avenues towards

By combining spatial therapies to prevent transcriptomics and neurodegeneration and single-cell sequencing, dementia," implying that the team identified six future treatments could distinct tissue domains target these microglial representing different transitions, such as stages of progression, pathways like TREM2, noting a major shift rather than just plaque where microglia moved removal.

Republic of the Philippines
Fourth Judicial Region
Regional Trial Court Of Cavite
Office of the Clerk of Court & Ex-Officio Sheriff
New Justice Hall, J.P. Rizal Avenue,
Kaybagal South, Tagaytay City
Email Address: rtc1tgtocc@judiciary.gov.ph
Contact Nos. 09676699985 / (046) 419-0464

88 ASIA FINANCE CORPORATION,
Petitioner-Mortgagee,

EJF NO. TG-26-051
FOR: Extra *Judicial* Foreclosure
Under R.A. 3135 as amended

-versus-

CORAZON NATABIO TOLENTINO, Single
REP. BY: STEPHEN CARL MINSHEW
STEPHEN CARL MINSHEW,
Respondents- Mortgagors.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act No. 4118, filed by petitioner-mortgagee, **88 ASIA FINANCE CORPORATION**, a corporation duly organized and existing under and by virtue of the laws of the Republic of the Philippines with office address at 10th Floor Unionbank Center Manila, 208 Dasmariñas St., cor. Quintin Paredes St., Binondo, Manila, pursuant to the terms and conditions of the Real Estate Mortgage executed on June 26, 2025 and notarized on July 3, 2025 by respondent-mortgagor **CORAZON NATABIO TOLENTINO**, single, of legal age, Filipino with address at (1) #188 Sto. Tomas-Lipa Road, Brgy. San Isidro Norte Sto. Tomas, Batangas, (2) 13C Bayacal St., Sabutan, Silang, Cavite and (3) 391 Howard Tant Rd. Zebulon N.C. 27597, represented by **STEPHEN CARL MINSHEW**, of legal age, Filipino with residence & postal address at #188 Sto. Tomas-Lipa Road, Brgy. San Isidro Norte Sto. Tomas, Batangas, as per Special Power of Attorney executed and notarized on May 28, 2025, in favor of the petitioner-mortgagee, over real estate of property including improvements thereon, described in and covered by Transfer Certificate of Title No. **076- 2014001416** of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the respondents-mortgagors in the amount of **ONE MILLION ONE HUNDRED NINETY-NINE THOUSAND TWO HUNDRED FIFTEEN PESOS ONLY (Php 1,199,215.00)** inclusive of penalties and legal charges, as of May 15, 2026, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Rhiz Sañel C. Toledo, will sell at public auction on **November 17, 2026** at **10:00 o'clock in the morning** or soon thereafter, at the **New Hall of Justice of Tagaytay City**, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 076-2014001416
Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that certain land situated in BRGY. OF ADLAS, MUN. OF SILANG, PROV. OF CAVITE, IS. OF LUZON, bounded and described as follows:

A PARCEL OF LAND (LOT 18, BLK. 650 OF THE SUBD. PLAN PSD-04-181742, BEING A PORTION OF LOT 1, CCS-04-002147-D), SITUATED IN THE BRGY. OF ADLAS, MUN. OF SILANG, PROV. OF CAVITE, IS. OF LUZON. BOUNDED ON THE SW., ALONG LINE 1-2 BY LOT RD. LOT 646 (8.M.W. ROW), ON THE NW., ALONG LINE 2-3 BY LOT 19, BLK. 650, ON THE NE., ALONG LINE 3-4 BY LOT 20, BLK. 650, ON THE NE., ALONG LINE 4-5 BY LOT 21, BLK. 650, AND ON THE SE., ALONG LINE 5-1 BY LOT 17, BLK. 650, ALL OF THE SUBD. PLAN. BEGINNING AT A PT. MARKED "1" ON PLAN BEING N. 24 DEG. 17' W., 3405.54 M. FROM BLLM NO. 1, CAD-452-D SILANG CAD. THENCE N. 18 DEG. 12' W., 12.00 M. TO PT. 2; THENCE N. 71 DEG. 48'E., 12.50 M. TO PT. 3; THENCE S, 18 DEG. 12'E., 0.40 M. TO PT. 4; THENCE S. 18 DEG. 12' E., 11.60 M. TO PT. 5; THENCE S. 71 DEG. 48' W., 12.50 M. TO THE PT. OF BEGINNING, CONTAINING AN AREA OF ONE

HUNDRED FIFTY (150) SQ. METERS, MORE OR LESS. ALL PTS. REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY PS. CYL. CONC. MONS. 15X40 CM., BEARINGS TRUE; DATE OF ORIG. SURVEY, DEC. 7, 1973-DEC. 4, 1975 & THAT OF THE SUBD. SURVEY, SEPT. 9-OCT. 10, 2005 & WAS APPROVED ON DEC. 8, 2005.

Owner: **CORAZON NATABIO TOLENTINO, SINGLE, OF LEGAL AGE, FILIPINO**
Address: 13C BAYACAL ST., SABUTAN, SILANG, CAVITE

In the event the public auction should not take place on the said date, it shall be held on **November 24, 2026** without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the **TRANSFER CERTIFICATE OF TITLE NO. 076-2014001416** the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, July 21, 2026.

(Sgd.) **ATTY. VARBRA ANN A. VARIAS-DIMAYUGA**
Clerk of Court VI & Ex-Officio Sheriff

(Sgd.) **RHIZ SAÑEL C. TOLEDO**
Sheriff-In-Charge

WARNING:

IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

Copy Furnished:

88 ASIA FINANCE CORPORATION represented by **ROLAND A. JAVIER**
Petitioner- Mortgagee
10TH Floor Unionbank Center Manila,
208 Dasmariñas St. cor. Quintin Paredes St., Binondo, Manila

CORAZON NATABIO TOLENTINO
Respondents-mortgagors
(1) #188 Sto. Tomas-Lipa Road, Brgy. San Isidro Norte Sto. Tomas, Batangas
(2) 13C Bayacal St., Sabutan, Silang, Cavite
(3) 391 Howard Tant Rd. Zebulon N.C. 27597

STEPHEN CARL MINSHEW
Attorney-in-fact
#188 Sto. Tomas-Lipa Road, Brgy. San Isidro Norte Sto. Tomas, Batangas

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3, 10 & 17, 2026

How cancer's drive to multiply breaks its own DNA

New research damaging its own led by PhD student Osama Hidmi under the guidance of Prof. Rami Aqeilan of the Hebrew University of Jerusalem, and published in Science Advances, suggests that cancer may be

genetic material by forcing critical genes to operate at extreme levels through powerful DNA control regions known as super-enhancers.

To multiply rapidly, cancer cells activate

AFFIDAVIT OF SELF-ADJUDICATION

NOTICE is hereby given that the estate of the late **EDUARDO B. GALERMO** who died intestate on December 28, 2005 in Long Beach, California, United States of America, consisting of two (2) parcels of land with improvements, described as follows:

Transfer Certificate of Title No. T-108174
A parcel of land situated in the Bo. of Alima, Mun. of Bacoor, Prov. of Cavite. Island of Luzon, containing an area of TWO HUNDRED SIXTY EIGHT (268) SQUARE METERS, more or less;

Transfer Certificate of Title No. T-91693
A parcel of land situated in the Bo. of Alima, Mun. of Bacoor, Prov. of Cavite, Is. of Luzon, containing an area of THREE HUNDRED NINETY FIVE (395) SQ. METERS, more or less

has been self-adjudicated by his surviving spouse and sole heir ERLINDA I. GALERMO on April 11, 2024 in Bacoor City, Cavite, Philippines before Notary Public Atty. Antonio T. Nicolas and entered in his Notarial Register as Doc. No. 147; Page No. 31; Book No. IV; Series of 2023.

(Sgd.) **Affiant**

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3, 10 & 17, 2026

growth-related genes far more strongly than healthy cells normally would, but this unusually intense activity places physical strain on the DNA, leading to double-strand breaks that cluster specifically within these highly active regions rather than appearing randomly throughout the genome.

Aqeilan explained the paradox, stating, "Cancer cells rely on super-enhancers to keep growth genes running at high speed. What we found is that this same high-output activity can put real strain on the DNA, creating break hotspots that the cell has to repair again and again. That cycle may help tumors survive in the short term, but it also increases the risk of mutations that can fuel cancer's evolution." This indicates that genetic instability may not simply be a side effect of cancer but could emerge directly from the intense gene activity tumors require to keep

Turn to page 7

Publication Notice
R.A 10172

Republic of the Philippines
Local Civil Registry Office
Province: Cavite
City of: Cavite

NOTICE TO THE PUBLIC

Date: July 22, 2026

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the implementation of the Administrative Order No. 1 Series of 2012 (IRR on R.A 10172), Notice is hereby served to the public that **JUNRI B. JAUGIN** has filed with this Office, a petition for **correction of clerical error in the entry of sex** from **"FEMALE"** to **"MALE"** in the certificate of live birth of **JUNRI B. JAUGIN** at Cavite City and whose parents are **ROGELIO S. JAUGIN AND SILVERIA P. BOCA**.

Any person adversely affected by said petition may file his written opposition with this office.

(Sgd.) **FLORDELIZA M. ALEJO**
OIC-City Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3 & 10, 2026

Publication Notice
R.A. 10172

Republic of the Philippines
Province of Cavite
Municipality of Maragondon
-oOo-
Office of the Municipal Civil Registrar

NOTICE TO THE PUBLIC

Date: July 28, 2026

CFN-004-2026

In Compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1. Guidelines in the Implementation of the Administrative Order No. 1 Series of 2012 (IRR on R.A. 10172), Notice is hereby served to the public that the Name of Document Owner has filed with this Office, a petition for **CHANGE OF FIRST NAME (CFN)** from **"AIDA"** to **"ELENITA"** in the certificate of live birth of **AIDA SALAZAR DELA CRUZ** who was born on **JUNE 7, 1962** at **Maragondon, Cavite** and whose parents are **CONRADO OCAMPO DELA CRUZ** and **MAURA SEGUNDERA SALAZAR**.

Any person adversely affected by said petition may file his written opposition with this Office not later that **August 17, 2026**.

(Sgd.) **HELEN P. UMALI**
ACTING Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3 & 10, 2026



REPUBLIC OF THE PHILIPPINES
PROVINCE OF CAVITE
MUNICIPALITY OF TANZA

LOCAL CIVIL REGISTRY OFFICE

Publication Notice
R.A.10172

NOTICE TO THE PUBLIC

Date: July 30, 2026

CCE - 0157-2026 RA 10172

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the Implementation of the Administrative Order No.1, Series of 2012 (IRR on R.A. 10172), Notice is hereby served to the public that **MA. WILMA LUNGDAY BLANCAFLOR**, has filed with this Office, a petition for **CORRECTION OF ENTRY IN CHILD'S DATE OF BIRTH** from **"8/1/1967"** to **"AUGUST 7, 1967"**, in the Certificate of Live Birth of **MA. WILMA LUNGDAY BLANCAFLOR**, who was born on 01 August 1967 at Tanza, Cavite of parents **ZACARIAS S. BLANCAFLOR & MAMERTA C. LUNGDAY**.

Any person adversely affected by said petition may file his/her written opposition with this Office not later than **August 13, 2026**.

(Sgd.) **OFELIA U. ARGUSON**
OIC-Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3 & 10, 2026



Republic of the Philippines
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR
Indang, Cavite



Publication Notice
R.A. NO. 10172

NOTICE TO THE PUBLIC

CCE-0067-2026

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the Implementation of the Administrative Order No. 1 Series of 2012 (IRR on R.A. 10172), Notice is hereby served to the public that **MYRNA O. RODEROS** has filed with this Office, a petition for **correction of entry in the date of birth** from **July 15, 1969** to **July 9, 1969** in the **Certificate of Live Birth** of **MYRNA C. OCAMPO** at Indang, Cavite and whose parents are **Dionicio Ocampo** and **Gloria Crusem**.

Any person adversely affected by said petition may file his/her written opposition with this Office not later than **August 17, 2026**.

(Sgd.) **MERCI A. CHAVEZ**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 3 & 10, 2026

(HOW...from page 6)

growing, meaning that dependency creates a as mutations build potential weakness, up, cancer cells can as noted by Osama develop new traits that Hidmi, who added, help tumors spread, "Because cancer cells withstand stressful depend on these high-conditions, or become stress DNA regions less responsive to to keep growing, they treatment. may also be more

However, this vulnerable there.

How a simple daily routine can alleviate pain and depression

A consistent daily bed at similar times, may routine may offer support better overall well-meaningful benefits for being, a crucial insight both physical and mental given that about half of health, according to adults age 60 and older new research from the experience symptoms of University of Missouri, insomnia, according to with the study finding the National Council on that older adults who Aging.

followed regular daily To examine how schedules reported less sleep difficulties relate to physical pain and fewer health and quality of life, symptoms of depression, Eunjin Tracy, an assistant including those who professor in the College experienced insomnia. of Education and Human Development, studied The findings suggest that survey responses from everyday patterns, such as 67 older adults, of whom waking, eating, working, 37 had insomnia. While socializing, and going to

researchers expected that and go to bed, those time adults with insomnia cues help synchronize our would generally report internal body clocks.

more pain and stronger Over the long term, symptoms of depression, that seems to be linked Tracy also identified an with improved health important pattern across outcomes." Regular the group: participants activities provide signals who maintained regular that help regulate the daily routines tended to circadian rhythm, the experience less pain and body's internal 24-hour depression, regardless of timing system, which how well they slept. plays a major role in

As Tracy explained, sleep, mood, and many "Regardless of sleep other processes throughout quality, those who the body, but changes in reported having a regular sleep times, meals, or daily routine had lower other daily activities can levels of physical pain and disrupt that internal timing less depression compared system, and even relatively to those without a daily small differences between routine," adding that "If we weekday and weekend are consistent with when schedules may create we wake up, eat, work or what researchers often call study, interact with others social jet lag.

New discovery offers hope for statin users struggling with muscle pain

Millions of people take statins to lower cholesterol and reduce their chances of having a heart attack or stroke, yet for some patients, the medications can cause muscle pain, weakness, and difficulty exercising, making it harder to stay on treatment.

Researchers at McMaster University have now identified a biological pathway that could help explain why these muscle symptoms develop, a finding published in Science Advances that points to a previously unrecognized interaction between the immune system and muscle cell metabolism and challenges earlier ideas about the origins of these side effects.

While "statins are among the most effective medications we have for reducing

cardiovascular disease risk and preventing early death," as noted by Jonathan Schertzer, professor in McMaster's Department of Biochemistry and Biomedical Sciences and senior author of the study, "unfortunately, muscle side-effects lead some people to reduce their dose or stop taking the medication altogether.

We wanted to understand why this happens and whether it might be possible to separate the side-effects from the benefits." Although an estimated seven to 29 percent of statin users experience muscle-related symptoms and scientists have not fully understood the biological processes responsible, the research led by first authors Nazli Robin

and Nicole Barra found that statins can interfere with the way muscle cells generate energy, a disruption that appears to activate an immune response inside the muscle cells and lead to tissue damage, which was largely prevented in experiments by blocking the immune response.

Highlighting the significance of this discovery, Schertzer stated, "One of the most exciting findings of the research is that the mechanism causing muscle side-effects appears to be separate from the mechanism that lowers cholesterol.

That suggests it may one day be possible to target the side-effects without interfering with the cardiovascular benefits that make statins so valuable."

How genetics and sleep interact to accelerate brain changes

New research from Edith Cowan University (ECU) suggests that sleep habits and genetics may interact to influence subtle brain and cognitive changes associated with Alzheimer's disease

years before noticeable symptoms develop, specifically through an examination of the aquaporin-4 (AQP4) gene, which helps control fluid movement through the brain to support its natural waste-clearing system that becomes especially active during sleep to clear potentially harmful proteins.

Researchers found that the effects of sleep appeared to vary depending on which version of the AQP4 gene a person carried, with "our study shows that individuals carrying certain AQP4 variants showed faster grey matter loss when they reported shorter sleep," researcher Dr. Ayeisha Milligan Armstrong said. "It's not just which genes you carry -- it's how those genes interact with the world around you.

The same variant can look protective or detrimental depending on how someone is sleeping. That's important, because sleep is one of the few modifiable factors people can actually act on." Since grey matter contains many of the brain cells involved in memory, decision-making, movement, and other essential functions, and a decline in grey matter volume can be a sign of structural changes in the brain, the team analyzed 13 common AQP4 gene variants alongside participants' self-reported sleep patterns, brain scans, and cognitive test results, discovering that among some participants, sleeping for fewer hours was associated with a faster decline in grey matter, while in others, taking longer to fall asleep was linked to structural brain changes involving lower brain volume, and cognitive performance also changed differently over time among people who experienced sleep disturbances depending on the specific AQP4 variant each person carried.

a while that poor sleep and Alzheimer's risk are linked," researcher Dr. Tienielle Porter said, noting that "what this shows is that rather than assuming everyone at risk follows the same pathway, a more targeted and personalized approach to Alzheimer's prevention may be needed.

But we're not at the point of recommending genetic testing; our findings need replication in larger and more diverse cohorts." These findings suggest that two people with similar overall Alzheimer's risk may not respond to poor sleep in the same way, as genetic differences could help explain why brain decline progresses more quickly in some individuals than in others, leading researchers to recommend conducting clinical trials that incorporate genetic information to test whether improving sleep habits can reduce inherited vulnerability and change long-term brain outcomes associated with Alzheimer's disease.