

**The Lord is
like a strong
tower, where
the righteous
can go and
be safe.**

Proverbs 18:10

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DIYARYO KABITENYO

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**Be alert,
stand firm
in the faith,
be brave, be
strong.**

1 Corinthians 16:13

PDEA destroys P12.3-billion worth of drugs in TMC

The Philippine Drug Enforcement Agency (PDEA) burned more than 2.2 metric tons of dangerous drugs

were seized in one of the region's largest drug interdictions. A large-scale anti-narcotics operation in Valenzuela City also led to the seizure of 906,406.40 grams of shabu, which was included in the PDEA drug destruction.

worth over ₱12.34 billion at a government-run incinerator in Trece Martires City, Cavite on Aug. 27. The large-scale disposal was carried out at the Integrated Waste Management facility to prevent the confiscated drugs from returning to the black market.

Methamphetamine hydrochloride, commonly known as shabu, made up the largest portion of the drugs destroyed, with an estimated value of ₱12.06 billion.

Other items destroyed included 433,336.9546 grams of marijuana, 2,208.7373 grams of cocaine, 21.2214 grams of MDMA, 9.0571 grams of MDMA+Meth, 51

A significant amount of the confiscated shabu came from operations in the MIMAROPA region,

Turn to page 2



3 children swim in sea, 1 drowns

An 8-year-old boy recovered shortly after stronger and swept the a retrieval operation. was found dead after 4 a.m. victim away, while However, they failed to

being swept away by Based on the his two companions find the boy because of strong waves while investigation, the victim managed to reach the heavy rain and strong waves. and two other minors shore.

children in Barangay The Cavite City After about 12 hours, 8 Pulo, Cavite City, on CDRRMO, members the boy's body was sea at around 4 p.m. of the Philippine Coast eventually found not far

While the three of the Philippine Coast Guard, barangay officials, from the area where he children were enjoying the water, the waves fishermen and residents had been swept away by suddenly became immediately conducted the strong waves. of Las Piñas City, was

DIYARYO
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ARNULFO BARCO

(May 14, 1951 - September 2, 2024)
Founder

GENER BARCO

Publisher-Editor

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(PDEA...from page 1)

grams of Diazepam, completely eliminating 2.7076 grams of the drug trade, which Ketamine, 22.1000 he said posed a serious threat to the public, particularly the youth. He also said the campaign was being sustained to reduce the flow of illegal drugs at every stage of the supply chain. The 15,000 grams of drug destruction was attended by Dangerous Medicines.

PDEA chief chair Secretary Oscar. Undersecretary Isagani Valenzuela, PNP chief Nerez said the disposal Gen. Jose Melencio resulted from the Nartatez Jr., and joint efforts of law representatives from enforcement personnel various government agencies, law enforcement bodies, and their partners against partner organizations, drug trafficking across the country.

Nerez stressed and journalists. The importance of The destruction

Rheumatoid arthritis goes into remission following cancer treatment

Immunotherapies Berlin conducted the genetically modifying in sustained remission such as CAR T-cell world's first clinical trial them in the laboratory without any medication therapy were originally of its kind, reported to express a chimeric for rheumatoid arthritis," developed mainly to fight in Nature Medicine, antigen receptor (CAR) reports Gerhard Krönke, cancer, but scientists are using CD19-CAR that acts as a "search noting this is "particularly now investigating whether T-cell therapy to target sensor" for the CD19 remarkable given that these personalized disease-driving B cells "name tag" found on none of the established treatments, made from that survive in lymph harmful B cells, and treatments had previously a patient's own immune nodes, bone marrow, or then reinfusing them after been able to relieve their cells, could also help treat joint tissue; "One reason preparatory chemotherapy symptoms adequately." or even potentially cure could be disease-driving to seek out and eliminate

autoimmune diseases like B cells - memory cells these cells deep within that inflammatory rheumatoid arthritis, a of the adaptive immune tissues, effectively giving foci were no longer chronic condition where system that may survive the B-cell system a new detectable months after the immune system in the lymph nodes, start. therapy, and follow-

mistakenly attacks the bone marrow or joint This approach ups showed a sharp drop in autoantibodies joints, causing swelling tissue after an infection, proved highly promising while protective and eventual damage where they produce in the first phase of the antibody memory from that often requires harmful antibodies COMPARE trial, which vaccinations remained lifelong medication with directed against the enrolled six patients intact, with David Simon significant side effects. body's own tissues and with severe disease adding: "When the B-cell

For patients with repeatedly reignite the inflammation," explains eight prior treatments; system later recovered, rheumatoid arthritis Prof. David Simon, who "Disease activity predominantly naïve B who have exhausted designed the trial. decreased markedly in cells that had not yet been multiple therapies, The therapy all six patients. During shaped by the disease researchers at Charité involves collecting follow-up of up to one returned.

- Universitätsmedizin a patient's T cells, year, three patients were **Turn to page 3**

marked the final and eventual destruction and other stakeholders its interdiction and stage in the handling of confiscated drugs, the that assisted in enforcement operations of drug evidence. PDEA said. operations leading to to prevent illegal The process also PDEA recognized the seizure and eventual drugs from reaching communities and sought to demonstrate the partner law destruction of the illegal communities and support the broader transparency and enforcement agencies, drugs. goal of a safer, drug-free accountability in the government institutions, The agency said country. handling, safekeeping local government units it would continue country.

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

FORECLOSURE CASE NO. F-458-26

-versus-

MARIA FELISA BERCELES ABELON,
Debtor/Mortgagor

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at 33rd Floor, BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City against the Debtor/Mortgagor, **MARIA FELISA BERCELES ABELON**, represented by **Jennefer Abaniel Abelon** as Attorney-in-Fact, with postal addresses at (1) Lot 18, Block 4, Dijon Street, Marseilles Subdivision, Barangay Maharlika, Imus, Cavite (currently occupied) and (2) Lot 52, Block 2 Phase 7, Woodcress, Brgy. Tapia, Gen. Trias, Cavite (currently occupied), to satisfy the mortgage indebtedness which as of **May 29, 2026** amounts to **ONE MILLION FORTY FOUR THOUSAND NINE HUNDRED EIGHTY SIX PESOS and 82/100 (PhP1,044,986.82)** Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **September 29, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2022016657

Lot No. 52 Block: 2 Plan No. Pcs-04-032361
Portion of: Lots 1912 (FRS-04-005438); 1918 (RS-04-004387); 1913, 1914, 1895 (FRS-04- 006221); 3263, (FRS-04-006218) & 1915 SFDM Estate, LRC Record No. 5964, Decree No. 4270
Location: Barangay of Tapia, Municipality of General Trias, Province of Cavite, Island of Luzon

Boundaries:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	Road Lot 5, Block __, Pcs-04-032361
2-3	NE	Lot 51, Block 2, Pcs-04-032361
3-4	SE	__, Block 29, Pcs-04-032361
4-1	SW	Lot 53, Block 2, Pcs-04-032361

Area: FORTY (40) SQUARE METERS, more or less

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **October 6, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, August 28, 2026.

(Sgd.) **JOSELITO L. ARANDA**
Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.
CONSUMER REMEDIAL MANAGEMENT
33rd Floor, BDO Corporate Center Ortigas
No. 12, ADB Avenue, Mandaluyong City

MS. MARIA FELISA B. ABELON
MS. JENNEFER A. ABELON

1. Lot 18, Block 4, Dijon Street, Marseilles Subdivision, Barangay Maharlika, Imus, Cavite
2. Lot 52, Block 2 Phase 7, Woodcress, Brgy. Tapia, Gen. Trias, Cavite

WARNING: It is absolutely prohibited to remove deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 31, September 7 & 14, 2026

Publication Notice
R.A. 10172



Republic of the Philippines
Local Civil Registry Office
Province of Cavite
Municipality of Naic



OFFICE OF THE MUNICIPAL CIVIL REGISTRAR

NOTICE TO THE PUBLIC

CFN-0006-2026

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the Implementation of the Administrative Order No. 1, Series of 2012, (IRR on R.A 10172) Notice is hereby served to the public that **ALEXANDER MARTINEZ PEÑA** has filed with this Office a petition for correction for **CHANGE OF FIRST NAME** from **"ALFREDO"** to **"ALEXANDER"** in his Certificate of Live Birth and whose parents are Benedicto Peña and Julita Martinez.

Any person adversely affected by said petition may file his written opposition with this Office not later than **September 7, 2026.**

(Sgd.) **MARGARITA A. CATIBAYAN**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 24 & 31, 2026

Publication Notice
R.A 10172

Republic of the Philippines
Local Civil Registry Office
Province: Cavite
City of: Cavite

NOTICE TO THE PUBLIC

Date: August 26, 2026

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the implementation of the Administrative Order No. 1 Series of 2012 (IRR on R.A 10172), Notice is hereby served to the public that **KATELEEN T. MANLAGNIT** has filed with this Office, a petition for correction of clerical error in the entry of sex from **"MALE"** to **"FEMALE"** in the certificate of live birth of **KATELEEN T. MANLAGNIT** at Cavite City and whose parents are **ROGELIO C. MANLAGNIT AND MAGDALENA A. TOMBOC.**

Any person adversely affected by said petition may file his written opposition with this office.

(Sgd.) **FLORDELIZA M. ALEJO**
OIC-City Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 31 and September 7, 2026

(RHEUMATOID...from page 2)

In contrast, the B had been present before cells directed against the treatment were no longer body's own tissues that detectable in almost all



Republic of the Philippines
Province of Cavite

MUNICIPALITY OF MENDEZ-NUÑEZ
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR

CFN-0008-2026 RA 9048
CCE-0038-2026 RA 10172

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guideline in the Implementation of the Administrative Order No. 1 Series of 2012 (IRR on RA 10172), Notice is hereby served to the public that **CARMELITA AURE VIDA** has filed with this Office, a petition for Change of First Name from **BENILDA** to **CARMELITA**, and Correction of Clerical Error in Date of Birth from **JANUARY 28, 1955** to **FEBRUARY 28, 1955** in the Certificate of Live Birth of **BENILDA AURE** at Mendez, Cavite and whose parents are **ARTEMIO AURE** and **ELENA MALIGAYA**.

Any person adversely affected by said petition may file his written opposition with this office not later than September 14, 2026.

(Sgd.) **NOREN A. PEROLA**
Municipal Civil Registrar-OIC

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 31 and September 7, 2026

RA Form No. 10.0 (LCRO)

Republic of the Philippines
Office of the Municipal Civil Registrar
Rosario, Cavite

NOTICE FOR PUBLICATION

CFN-0009-2026

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the Implementation of the Administrative Order No 1 Series of 2012 (IRR on R.A. 10172). Notice is hereby served to the public that **RENATO G. SORLO** has filed in this office, a petition for **Change of First Name** from **RENNIE** to **RENATO** in the Certificate of Live Birth of **RENNIE GADONG SORLO** at Rosario, Cavite and whose parents are **DAVID BLANCO SORLO** and **AIDA VILLANUEVA GADONG.**

Any person adversely affected by said petition may file his written opposition with this office not later than **14 September 2026.**

(Sgd.) **MARIA ROSARIO C. SORIANO**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 31 and September 7, 2026

patients, an indication profile was encouraging; that the treatment may "After the participants indeed be able to reset received the CD19 CAR the pathological immune T cells, we observed memory." Although one only a temporary, mild-patient experienced a to-moderate cytokine return of disease and release syndrome (CRS) others showed varying in all participants, which responses, the safety was readily manageable.

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

PHILIPPINE NATIONAL BANK,
Mortgagee,

FORECLOSURE CASE NO. F-536-26

-versus-

SPS. J.P. M. ENRIQUEZ and
AYA EMMEI,
Debtors/Mortgagors.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by **PHILIPPINE NATIONAL BANK**, with business address at PNB Financial Center, Pres. Diosdado P. Macapagal Blvd., Pasay City against the Debtors/Mortgagors, **SPS. J.P. M. ENRIQUEZ and AYA EMMEI**, represented herein by their Attorney-in-Fact **Emil M. Enriquez**, with postal addresses at (1) Phase 8B, Block 22, Lot 5, Rose St., Grand Royale Subd., Brgy. Bulihan, Malolos, Bulacan and (2) Lot 11, Block 6, Brighton Phase 4, Brgy. Pasong Camachile, General Trias, Cavite, to satisfy the mortgage indebtedness which as of **May 31, 2026** amounts to **THREE MILLION ONE HUNDRED FIFTY NINE THOUSAND TWENTY FOUR PESOS and 59/100 (PhP3,159,024.59)**, Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **September 29, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2021041635

Lot No. 11 Block No. 6 Plan No. Pcs-04-032024
Portion of: Lot 1830, 1831, 1840, 1841, FRS-04-005699, Lot 1839 FRS-04-006068, all of SFDM Estate, Lot 1843-S, BSD-04-002119 (OLT) & Block 25, Pcs-04-031781, LRC Record No. 5964 Decree No. 4270
Location: Barangay of Tapia, Municipality of Gen. Trias, Province of Cavite, Island of Luzon
Boundaries:
LINE DIRECTION ADJOINING LOT(S)
1-2 NE Road Lot 17, Pcs-04-032024
2-3 SE Lot 10, Block 6, Pcs-04-032024
3-4 SW Lot 1843-E, BSD-04-002119 (OLT)
4-1 NW Lot 12, Block 6, Pcs-04-032024
Area: SIXTY (60) SQUARE METERS, more or less

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **October 6, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, August 28, 2026.

(Sgd.) RICARDO A. TOLEDO
Sheriff IV

Copy Furnished:

CONSTANTINO AND ASSOCIATES LAW OFFICE
Counsel for the Applicant
CALO Bldg., No. 12 Mapagkumbaba St., Sikatuna, Quezon City

SPS. J.P. M. ENRIQUEZ & AYA EMMEI
MR. EMIL M. ENRIQUEZ
(1) Phase 8B, Block 22, Lot 5, Rose St., Grand Royale Subd., Brgy. Bulihan, Malolos, Bulacan

(2) Lot 11, Block 6, Brighton Phase 4, Brgy. Pasong Camachile, General Trias, Cavite

WARNING: It is absolutely prohibited to remove deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

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Dates : August 31, September 7 & 14, 2026

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

FORECLOSURE CASE NO. F-593-26

-versus-

SPS. MONA LANDRITO MORALINA AND
CHRISTOPHER ZABALA MORALINA,
Debtors/Mortgagors.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at 33rd Floor, BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City against the Debtors/Mortgagors, **SPS. MONA LANDRITO MORALINA AND CHRISTOPHER ZABALA MORALINA**, with postal addresses at (1) #77 F. Manalo Street, Calzada, Tipas, Ligid, Taguig (occupied by third party); and (2) Lot 8 Blk 11 Camella Tanza, Barangay Bagtas, Tanza, Cavite (occupied by mortgagors), to satisfy the mortgage indebtedness which as of **June 26, 2026** amounts to **ONE MILLION THREE HUNDRED THIRTY SIX THOUSAND FOUR HUNDRED THIRTY FOUR PESOS AND 73/100 (PhP1,336,434.73)**, Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **September 29, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2018016019

Lot No. 8 Block: 11 Plan No. PSD-04-225971
Portion of: LOT 2501-F, PSD-04-166835; LRC RECORD NO. 6832
Location: BARANGAY OF BAGTAS, MUNICIPALITY OF TANZA, PROVINCE OF CAVITE, ISLAND OF LUZON
Boundaries:
LINE DIRECTION ADJOINING LOT(S)
1-2 SE ROAD LOT 10, PSD-04-225971
2-3 SW LOT 9, BLOCK 11, PSD-04-225971
3-4 NW RESERVED AREA 5, PSD-04-225971
4-1 NE LOT 7, BLOCK 11, PSD-04-225971
Area: FIFTY FOUR (54) SQ.M.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **October 6, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, August 28, 2026.

(Sgd.) REYNALDO L. SALOMA
Sheriff IV

The hidden link between sleep and alzheimer’s disease

Could subtle Alzheimer's disease years changes during sleep before memory problems reveal vulnerability to become noticeable?

Copy Furnished:
BDO UNIBANK, INC.
CONSUMER REMEDIAL MANAGEMENT
33rd Floor, BDO Corporate Center Ortiga
No. 12, ADB Avenue, Mandaluyong City

SPS. MONA LANDRITO MORALINA AND
CHRISTOPHER ZABALA MORALINA
(1) #77 F. Manalo Street, Calzada, Tipas, Ligid, Taguig
(occupied by third party);
(2) Lot 8 Blk 11 Camella Tanza, Barangay Bagtas, Tanza, Cavite
(occupied by mortgagors)

WARNING: It is absolutely prohibited to remove deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

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Researchers at ULiège, a relationship not supported by the Stop detected in younger Alzheimer's Foundation, adults (aged 18 to 31). are investigating this While the polygenic question by examining risk scores calculated for sleep patterns in more participants remained than 500 healthy low and cannot predict participants to whether any individual determine if the sleeping will develop the disease, brain holds early clues. the correlation suggests

Published in the that sleep measurements journal Sleep, the study could eventually help reveals that among identify vulnerability middle-aged adults before symptoms (aged 50 to 69), more emerge.

frequent nighttime "These micro-micro awakenings— awakenings are therefore very brief bursts of not insignificant," brain activity that emphasizes Puneet interrupt the sleep Talwar, a researcher cycle without causing at the GIGA ULiège full wakefulness— laboratory, "certain are associated with a profiles could promote higher genetic risk of the accumulation of developing Alzheimer's,

Turn to page 5

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

FORECLOSURE CASE NO. F-652-26

-versus-

SPS. FRANCISCO R. MARIQUINA AND
MARITES M. MARIQUINA,
Debtors/Mortgagors.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at 33rd Floor, BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City against the Debtors/Mortgagors, **MARITES M. MARIQUINA**, signing for herself and as Attorney-in-Fact of her spouse **FRANCISCO R. MARIQUINA** with postal addresses at (1) Lot 4 Block 75 Phase 6 Carissa Homes, Punta I, Tanza, Cavite (occupied by mortgagors); and (2) Lot 35 Block 16 Camella Tanza, Brgy. Bagtas, Tanza, Cavite (abandoned property), to satisfy the mortgage indebtedness which as of **July 01, 2026** amounts to **SIX HUNDRED SEVENTY THOUSAND FIVE HUNDRED NINETY NINE PESOS AND 68/100 (Php670,599.68)**, Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **September 29, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2018032571

Lot No. 35 Block: 16 Plan No. PSD-04-225971
Portion of: LOT 2051-F, PSD-04-166835; LRC RECORD NO. 6832
Location: BARANGAY OF BAGTAS, MUNICIPALITY OF TANZA, PROVINCE OF CAVITE, ISLAND OF LUZON
Boundaries:

LINE	DIRECTION	ADJOINING LOT(S)
1-2`	SW	ROAD LOT 15, PSD-04-225971
2-3	NW	LOT 36, BLOCK 16, PSD-04-225971
3-4	NE	LOT 3, BLOCK 16, PSD-04-225971
4-5		LOT 4, BLOCK 16, PSD-04-225971
5-1	SE	LOT 34, BLOCK 16, PSD-04-225971

Area: FIFTY FOUR (54) SQ.M.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **October 6, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, August 28, 2026.

(Sgd.) **RICARDO A. TOLEDO**
Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.
CONSUMER REMEDIAL MANAGEMENT
33rd Floor, BDO Corporate Center Ortiga
No. 12, ADB Avenue, Mandaluyong City

MARITES M. MARIQUINA AND FRANCISCO R. MARIQUINA
(1) Lot 4 Block 75 Phase 6 Carissa Homes, Punta I, Tanza, Cavite (occupied by mortgagors);

(2) Lot 35 Block 16 Camella Tanza, Brgy. Bagtas, Tanza, Cavite (abandoned property)

WARNING: It is absolutely prohibited to remove deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

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REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

FORECLOSURE CASE NO. F-711-26

-versus-

SPS. MARY GRACE L. SARALDE AND
ROBERT C. SARALDE,
Debtors/Mortgagors

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at 33rd Floor, BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City against the Debtors/Mortgagors, **SPS. MARY GRACE L. SARALDE AND ROBERT C. SARALDE**, with postal addresses at (1) Lot 31 Block 14 Phase 2 Brgy. Pinagsama EP Village, Nichols McKinley, Taguig City (occupied by third party); and (2) Lot 11 Block 8 Kensington Phase 1, Barangay Navarro, Gen. Trias, Cavite (occupied by mortgagors), to satisfy the mortgage indebtedness which as of **July 17, 2026** amounts to **SIX HUNDRED FIFTY THREE THOUSAND ONE HUNDRED SEVENTY ONE PESOS AND 01/100 (Php653,171.01)**, Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **September 29, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2014080021

A PARCEL OF LAND (LOT 11, BLK 8 OF THE CONSOLIDATION-SUBDIVISION PLAN PCS-04- 026626, BEING A PORTION OF CONSOLIDATION OF LOTS 1671-A-1 (LRC) PSD-11152 & 1671- B, PSD-37928) SITUATED IN THE BARANGAY NAVARRO, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON. BOUNDED ON THE NE., ALONG LINE 1-2 BY LOT 13, BLK. 8; ON THE SE., ALONG LINE 2-3 BY ROAD LOT 6; ON THE SW., ALONG LINE 3-4 BY LOT 9, BLK. 8 AND ON THE NW., ALONG LINE 4-1 BY LOT 12, BLK 8 ALL OF THE CONSOLIDATION- SUBDIVISION PLAN. BEGINNING AT A POINT MARKED “1” ON PLAN, XXX CONTANING AN AREA OF FIFTY (50) SQUARE METERS, MORE OR LESS XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **October 6, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, August 28, 2026.

(THE...from page 4)

proteins involved in The research
Alzheimer's disease also explored the
and be associated with locus coeruleus, a
increased vulnerability." tiny brainstem region

(Sgd.) **RICARDO A. TOLEDO**
Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.
CONSUMER REMEDIAL MANAGEMENT
33rd Floor, BDO Corporate Center Ortigas
No. 12, ADB Avenue, Mandaluyong City

SPS. MARY GRACE L. SARALDE AND ROBERT C. SARALDE
(1) Lot 31 Block 14 Phase 2 Brgy. Pinagsama EP Village, Nichols McKinley, Taguig City (occupied by third party)
(2) Lot 11 Block 8 Kensington Phase 1, Barangay Navarro, Gen. Trias, Cavite (occupied by mortgagors)

WARNING: It is absolutely prohibited to remove deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

Publication : DIYARYO KABITENYO News Publishing Service
Dates : August 31, September 7 & 14, 2026

roughly the size of depth, were associated
a grain of rice that with the condition of the
regulates wakefulness brainstem from a young
and attention; "This age, and that healthy
region is difficult to functioning of the locus
observe, but it appears coeruleus was linked to
to play a role in the early REM sleep quality, a
mechanisms linked to the stage vital for memory.

disease," explains Gilles Since the locus
Vandewalle, co-director coeruleus is among the
of the GIGA CRC In earliest brain regions
Vivo Imaging technology where abnormal
platform and Fund for protein deposits can
Scientific Research - appear, potentially
FNRS Research Director starting in adolescence,
at ULiège. these findings point

Using a 7-Tesla toward new screening
MRI scanner in a 2025 approaches where
preliminary study, the "Sleep could become
team found that sleep an accessible marker for
quality characteristics, the early identification of
such as the speed of vulnerable individuals,"
falling asleep and adds Gilles Vandewalle.

Short-term HEPA use improves mental flexibility in adults over 40

A new study published in *Scientific Reports* reveals that using an in-home HEPA purifier for one month spurs a small but significant improvement in brain function in adults age 40 and older. HEPA, which stands for high efficiency particulate air, purifiers remove particulate matter from the air, a substance connected to respiratory and cardiovascular illnesses as well as neurological diseases such as Alzheimer's and Parkinson's. While environmental health researchers increasingly recommend that people use HEPA air purifiers in their homes to lower their exposure to particulate matter, few studies have examined whether using them boosts mental function.

To investigate this, researchers analyzed data from 119 people ages 30 to 74 living in Somerville, Massachusetts, a location along Interstate 93 and Route 28 with relatively high levels of traffic-related air pollution, making it an especially good location for testing the health effects of air purifiers.

Participants were randomly assigned to one of two groups: one used a HEPA air purifier for one month and then a sham air purifier – which looked and acted like the real thing but did not contain the air-cleaning filter – for one month, with a monthlong break in between, while the second group used the real and sham purifiers in reverse order.

After each month, participants took a test that measured different aspects of their mental capacity, probing visual memory and motor speed skills by measuring how quickly they could draw lines between sequential numbers, and testing executive function and mental flexibility by asking them to draw lines between alternating sequential numbers and letters.

The analysis found that participants 40 years and older – about 42% of the sample – on average completed the section testing for mental flexibility and executive function 12% faster after using the HEPA purifier than after using the sham purifier, a result that held true even when accounting for factors like differences in the amount of time participants spent indoors and how stressful they found the test. While this improvement may seem small, it is similar to the cognitive benefits that people experience from increasing their daily exercise, and while you may not experience a sudden increase in clarity from a 12% boost, preventing cognitive decline is vital for long-term well-being because even small decreases in cognitive functioning may be associated with a higher risk of death.

Although air pollution can negatively affect mental function after just a few hours of exposure and studies show that air purifiers are effective at reducing particulates, it's unclear whether these reductions can prevent cognitive harm from ongoing pollution sources like traffic, particularly given that research has been especially lacking in people living near major sources of air pollution such as highways.

This is significant because people living near highways or major roadways are exposed to more air pollution and also experience higher rates of air pollution-related diseases, risks that aren't encountered by all Americans equally since people of color and low-income people are more likely to live near highways or areas with heavy traffic, suggesting that HEPA air purifiers may offer meaningful health benefits under these circumstances.

Research shows that air pollution begins to affect cognitive function especially strongly around age 40, and these effects may become increasingly prominent as people age, meaning HEPA air purifiers may therefore be especially beneficial for older adults, though the study did not explore this possibility as fewer than 10 of the 119 participants were over the age of 60.

Additionally, since participants only used a HEPA air purifier for one month, it's possible that longer durations of air purification may sustain or even increase the improvement in cognitive function observed, and finally, it is unclear exactly how air purifiers improve cognition, though some studies suggest that exposure to particulate matter reduces the amount of the brain's white matter, which helps brain cells conduct electrical signals and maintains connections between brain regions, with the brain regions most harmed by air pollution being the ones that control mental flexibility and executive function, the same domains in which improvements were seen.

Future plans include studying whether reducing particulate matter by using air purifiers is indeed protecting the brain's white matter and whether it could reverse some cognitive decline by exploring how levels of molecules called metabolites, which cells produce as they do their jobs, change in response to breathing polluted air and air cleaned by a HEPA filter.

Study links long-term melatonin use to 90% increase in heart failure risk

Preliminary research presented at the American Heart Association's Scientific Sessions 2025 indicates that long-term use of melatonin, a widely used sleep supplement, was linked to a higher risk of heart failure, hospitalization for heart failure, and death from any cause among people with chronic insomnia, though the findings do not prove that melatonin itself caused the increased risks.

In this study, researchers analyzed five years of de-identified electronic health records from the TriNetX Global Research Network involving 130,828 adults with insomnia, matching 65,414 long-term melatonin users with non-users based on 40 demographic and health factors while excluding those with prior heart failure or other sleep medications.

Melatonin is a hormone naturally produced by the pineal gland to regulate the circadian rhythm, and while synthetic versions are chemically identical and commonly used for insomnia and jet lag, over-the-counter availability in countries like the U.S.

means supplements are unregulated and can vary in strength and purity. In this study, researchers analyzed five years of de-identified electronic health records from the TriNetX Global Research Network involving 130,828 adults with insomnia, matching 65,414 long-term melatonin users with non-users based on 40 demographic and health factors while excluding those with prior heart failure or other sleep medications.

failure occurring in 4.6% of the melatonin group versus 2.7% of the comparison group, and a secondary analysis of those with at least two prescriptions 90 days apart still showed an 82% higher risk. Further secondary outcomes showed people in the melatonin group were nearly 3.5 times as likely to be hospitalized for heart failure, with rates of 19.0% compared to 6.6%, and deaths from any cause were nearly twice as high at 7.8% versus 4.3%. Highlighting these findings, Ekenedilichukwu Nnadi, M.D., the study's lead author, stated, "Melatonin supplements may not be as harmless as commonly assumed.

If our study is

confirmed, this could affect how doctors counsel patients about sleep aids," and later noted, "Melatonin supplements are widely thought of as a safe and 'natural' option to support better sleep, so it was striking to see such consistent and significant increases in serious health outcomes, even after balancing for many other risk factors."

The study also drew concern from sleep researcher Marie-Pierre St-Onge, Ph.D., C.C.S.H., FAHA, who remarked, "I'm surprised that physicians would prescribe melatonin for insomnia and have patients use it for more than 365 days, since melatonin, at least in the U.S., is not indicated for

the treatment of

insomnia.

In the U.S., melatonin can be taken as an over-the-counter supplement and people should be aware that it should not be taken chronically without a proper indication."

Despite the strong associations, the study includes significant limitations, such as the inability to confirm exact dosages or locations due to de-identified data, potential misclassification of over-the-counter users who did not have records entered, and a lack of information on insomnia severity or psychiatric disorders that could independently influence cardiovascular risk.

Dr. Nnadi cautioned, "Worse

anxiety, or the use of

other sleep-enhancing medicines might be linked to both melatonin use and heart risk," adding, "Also, while the association we found raises safety concerns about the widely used supplement, our study cannot prove a direct

cause-and-effect relationship.

This means more research is needed to test melatonin's safety for the heart." Ultimately, while the observational data identifies a substantial link between long-term documented melatonin use and serious health outcomes, it cannot establish causation, underscoring the need for further research to determine if long-term melatonin use directly affects cardiovascular health and why.

In the study, participants received standard scaling, but were divided into four groups: a control group receiving placebos, a group taking metronidazole and amoxicillin for 14 days, a group

amoxicillin yield good results in the most severe cases, their use should be evaluated on a case-by-case basis due to risks related to bacterial resistance and possible adverse effects." Building on earlier animal research

The benefits of the omega-3 and ASA regimen persisted even six months after supplementation stopped, suggesting that modulating the body's inflammatory response may yield longer-lasting effects.