The Lord is like a strong tower, where the righteous can go and be safe.
Proverbs 18:10

ISSN: 3116-4757
DIYARYO KABITENYO
News Publishing Service

Be alert, stand firm in the faith, be brave, be strong.
1 Corinthians 16:13

Entered as FIRST CLASS MAIL at Imus Post Office with Business Mail Permit No. IC-19-06-249
Vol. 29 No. 37 October 26-November 1, 2026 P 10.00

Cardinal Luis Antonio Tagle celebrates mass in Cavite City



Residents of Cavite City welcomed Cardinal Luis Antonio Tagle during his visit to the city as part of the Fiesta de La Reina 2026 celebrations at San Roque Parish.

Cardinal Tagle previously served as Bishop of Imus and Archbishop of Manila before becoming a cardinal and Dean of the College of Cardinals in Vatican City.

His visit during the feast honoring the city's beloved Virgin Mary, Reina, and patroness was regarded as a great honor for the entire community.

The occasion formed part of the city's Fiesta de La Reina 2026 observance, bringing Cardinal Tagle to San Roque Parish for the celebration.

Imus City opens three new barangay facilities in Buhay na Tubig

Three new public facilities were inaugurated on Oct. 17 at Barcelona Subdivision Phase 3 in Barangay Buhay na Tubig, Imus City, to expand residents' access to recreation, community activities, and educational services.

The facilities included the City of Imus Park-Buhay na Tubig, the Barangay Buhay na Tubig Community Gym, and the Barangay Buhay na Tubig E-Learning Hub. The park provided residents with a public space for recreation, while the community gym was intended to support sports and other community activities. The E-Learning Hub offered free computer access, internet connectivity, document printing, and other services to support residents' educational needs.

DIYARYO KABITENYO
News Publishing Service

ISSN: 3116-4757

ARNULFO BARCO
(May 14, 1951 - September 2, 2024)
Founder

GENER BARCO
Publisher-Editor

Published by **DIYARYO KABITENYO News Publishing Service**, it has its editorial and business offices at Block 13 Lot 1 Liwayway Homes Subdivision, Anabu 1-C, City of Imus, Cavite. It is published and circulated weekly, every Monday, throughout the province of Cavite. It is registered with the Department of Trade and Industry with Business Name No. 6486090. Our Telephone No. is (046) 5463975, Mobile No.: 09179496918 and email address: barcogener@gmail.com.

Subscription Rate:
1 month - P 40.00
3 months - 120.00

Advertising Rate:
Commercial - P200.00/col. cm.
Legal- 160.00/col. cm.

The Protein Switch That Burns Fat and Blocks New Fat Cells

Scientists have discovered a protein switch that determines whether cells burn fat or store it. Turning off this protein boosts fat burning and hinders the creation of new fat cells, suggesting a new way to treat obesity. Later studies have supported this finding, showing that the same protein also helps control how much energy the body uses.

What if the key to combating obesity isn't about reducing appetite, but about changing how cells use energy?

Researchers at the Weizmann Institute of Science have identified a protein called MTCH2, nicknamed "Mitch," which is crucial for metabolism. When scientists disabled this protein in lab experiments, cells started using more fuel, including fats and carbohydrates. They also found that removing Mitch interfered with the process by which immature cells become fat cells.

This discovery builds on earlier mouse experiments, where turning off Mitch in muscle tissue increased energy expenditure, improved endurance, and protected the animals from diet-induced obesity.

The findings, published in The EMBO Journal in January 2025, suggest that manipulating this protein could eventually offer a way to influence both fat burning and fat accumulation. Additional research published later that year has provided further evidence of its importance in regulating body fat and metabolism.

Over the past decade, medications designed to promote weight loss have transformed obesity treatment. Drugs such as semaglutide and tirzepatide have helped many patients achieve substantial reductions in body weight, largely by influencing appetite and the body's responses to food.

But losing weight does not necessarily mean losing only fat.

Weight reduction can also involve a decline in lean body mass, which includes muscle and other tissues. Preserving muscle is especially important because it supports strength, mobility, and metabolic health.

A 2026 analysis of 20 clinical trials involving 15,782 participants found that lean mass accounted for approximately 25% to 39% of the weight lost with several widely used weight-loss medications. Importantly, the researchers found that comparable proportional losses also occurred with lifestyle interventions, while adding resistance training helped preserve more lean tissue.

These concerns have encouraged scientists to investigate ways to reduce body fat while protecting the muscles needed for long-term health.

Professor Atan Gross and his colleagues at the Weizmann Institute arrived at a possible avenue through an unexpected discovery involving Mitch.

In earlier experiments, Gross's team reduced the activity of MTCH2 in the muscles of mice. The effects were striking.

The genetically modified animals showed increased metabolic activity and were resistant to obesity caused by their diet. Their muscles also developed more fibers with a high capacity for using oxygen, helping improve physical endurance.

The mice performed better in exercise and stress tests and showed improvements in heart function. In addition to resisting excess fat accumulation, they experienced favorable changes in their overall body composition.

The results suggested that Mitch was doing much more than controlling a single metabolic reaction. Somehow, this protein appeared to influence the body's ability to use energy, store fat, and sustain physical activity.

That raised an intriguing question: How could disabling one protein produce such widespread effects?

To investigate, the researchers turned their attention to mitochondria, the microscopic structures responsible for supplying much of the energy that cells need to function.

Mitochondria are frequently described

Turn to page 3

ADDENDUM
TO THE DEED OF EXTRAJUDICIAL SETTLEMENT OF ESTATE OF THE LATE PATERNO BARCO GACIS

Notice is hereby given that the legitimate sole heirs as widow and children of the late **PATERNO BARCO GACIS** who died intestate on February 10, 2024 at San Fernando City, La Union. Have executed Addendum to the Deed of Extrajudicial Settlement of Estate of the late PATERNO BARCO GACIS executed on September 17, 2026 in Imus City, Cavite was duly noted and entered into the Notarial Register Book of Atty. James M. Licayu as Doc. No. 194, Page No. 40, Book No. LXXXIV Series of 2026.

The undersigned parties do hereby agree to make the following Addendum to the aforementioned Deed outline below:

a. That the deceased during his lifetime opened a joint account with KATHERINE TIBAYAN GACIS at Security Bank, Imus Branch under Account No. 0000059969263;

b. That the amount stated in the Deed of Extrajudicial Settlement of Estate (Php143,563.55) is the balance of the account as of the date of death;

c. That as the Joint Account stated in the Deed of Extrajudicial Settlement of Estate only the share of the deceased depositor forms part of the estate.

on October 9, 2026 in the City of Imus, Cavite, Philippines before Notary Public Atty. James M. Licayu and entered in his Notarial Register as Doc. No. 414; Page No. 84; Book No. LXXXIV; Series of 2026.

(Sgd.) **Heir/Widow, Heir/Son and Heir/Daughter**

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 12, 19 & 26, 2026

(THE...from page 2)

as the powerhouses of cells because they convert energy from food into a usable form called ATP, or adenosine triphosphate.

ATP acts as a cellular energy currency. Muscles use it to contract, cells need it to grow and repair themselves, and countless biological processes depend on a steady supply.

However, mitochondria are not static structures. They constantly change shape, joining together into larger networks or separating into smaller units.

When mitochondria fuse, they can form interconnected systems that help coordinate energy production. When they divide, the resulting structures may operate differently, altering how efficiently cells produce and consume energy.

Gross's team had previously established that Mitch plays a major role in mitochondrial fusion, the process that allows separate mitochondria to merge.

Republic of the Philippines
Fourth Judicial Region
Regional Trial Court of Cavite
Office of the Clerk of Court & Ex-Officio Sheriff
New Justice Hall, J.P. Rizal Avenue,
Kaybagal South, Tagaytay City
Email Address: rtc1tgtocc@judiciary.gov.ph
Contact Nos. 09676699985 / (046) 419-0464

BDO UNIBANK, INC.,
Mortgagee,

EJF NO. TG-26-043
FOR: *Extra Judicial Foreclosure of Mortgage under Act No. 3135, as Amended*

-versus-

DARRYLL I. DE CASTRO,
Debtor/Mortgagor,

SPS. MA. TERESA I. DE CASTRO and RODRIGO M. DE CASTRO,
Co-Debtors,
x----------x

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act No. 4118, filed by *mortgagee* **BDO UNIBANK, INC.,** a universal banking corporation duly organized and existing under the laws of the Republic of the Philippines, with principal office and place of business at 33rd Floor, BDO Corporate Center Ortigas, No. 12, ADB Avenue, Mandaluyong City, pursuant to the terms and conditions of the Uniform Loan and Mortgage Agreement executed and notarized on December 10, 2020 by *debtor/mortgagor* **DARRYLL I. DE CASTRO and co-debtors SPOUSES MA. TERESA I. DE CASTRO and RODRIGO M. DE CASTRO,** of legal age, Filipinos, and with addresses at (1) 247 Luwasan Street, Guyong, Santa Maria, Bulacan and (2) Unit 0230, Tower B Cool Suites at Wind Residences, Emilio Aguinaldo Highway, Brgy. Maharlika West, Tagaytay City, in favor of the mortgagee, over a real estate property including improvements thereon, described in and covered by **CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2022000257** of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the mortgagor in the amount of **TWO MILLION SIX HUNDRED FORTY-FOUR THOUSAND THIRTEEN PESOS AND 90/100 (Php 2,644,013.90),** as of April 22, 2026, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Alex E. Martinez, will sell at public auction on **December 9, 2026** at 10:00 o'clock in the morning or soon thereafter, at the **New Hall of Justice of Tagaytay City,** to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 076-2022000257
Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that the unit identified and described as:

COOL SUITES AT WIND RESIDENCES TOWER B
UNIT NO. : 0230
FLOOR LEVEL : 2ND FLOOR
UNIT TYPE : 1BR WITH BALCONY
UNIT AREA : 23.23 SQUARE METERS

in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE 2012004160; 2012004161; 2015001175 which embraces and describes the land located at BRGY. SALABAN, MAHARLIKA WEST (NOW), CITY OF TAGAYTAY, PROV. OF CAVITE, with an area of THIRTY-ONE THOUSAND SEVEN HUNDRED THIRTY (31,730) Square Meter, is registered in the name of:

Owner: **DARRYLL I. DE CASTRO, FILIPINO CITIZEN, OF LEGAL AGE, SINGLE**

Address: 247 LUWASAN STREET, GUYONG, SANTA MARIA, BULACAN 3022

In the event the public auction should not take place on the said date, it shall be held on **December 16, 2026** without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the **CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2022000257** the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, October 9, 2026.

(Sgd.) **ATTY. VARBRA ANN A. VARIAS-DIMAYUGA**
Clerk of Court & Ex-Officio Sheriff

(Sgd.) **ALEX MARTINEZ**
Sheriff-in-Charge

WARNING:

IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

Copy furnished:

BDO UNIBANK, INC.,
Mortgagee
33rd Floor, BDO Corporate Center Ortigas,
#12 ADB Avenue, Mandaluyong City

DARRYLL I. DE CASTRO
Debtor/Mortgagor
(1) 247 Luwasan Street, Guyong, Santa Maria, Bulacan
(2) Unit 0230, Tower B Cool Suites at Wind Residences, Emilio Aguinaldo Highway, Brgy. Maharlika West, Tagaytay City

SPS. MA. TERESA UI. DE CASTRO and RODRIGO M. DE CASTRO
co-debtors
(3) 247 Luwasan Street, Guyong, Santa Maria, Bulacan
(4) Unit 0230, Tower B Cool Suites at Wind Residences, Emilio Aguinaldo Highway, Brgy. Maharlika West, Tagaytay City

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 19, 26 and November 2, 2026

EXTRAJUDICIAL SETTLEMENT OF THE ESTATE OF THE LATE LAUREANA M. ESGUERRA

NOTICE is hereby given that the estate of the late **LAUREANA M. ESGUERRA** who died intestate on December 7, 2008 at General Trias, Cavite, and at the time of her death, her residence was at Barangay Buenavista 2, General Trias City, **Cavite,** consisting of a parcel of agricultural land situated in the Bo. of Buenavista, Municipality of General Trias, Province of Cavite with an area of TWELVE THOUSAND FOUR HUNDRED EIGHTY THREE (12,483) square meters covered by Transfer Certificate of Title No. EP-254 under Tax Declaration No. 08-0015-06830 has been adjudicated and extrajudicially settled by and among her heirs in pro-indiviso equal shares on October 16, 2026 at Dasmariñas City, Cavite before Notary Public Atty. Miriam S. Clorina and entered in her Notarial Register as Doc. No. 75; Page No. 15; Book No. 354; Series of 2026.

(Sgd.) **All Heirs**

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 19, 26 and November 2, 2026

Without this protein, the mitochondrial network becomes fragmented. Although the cells can still generate energy, they experience changes in energy efficiency and demand that can force them to consume more

Turn to page 4

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

RIZAL COMMERCIAL BANKING CORPORATION ***(in its capacity as successor-in-interest of RCBC Savings Bank, Inc.),***
Petitioner/Mortgagee,

FORECLOSURE CASE NO. F-807-26

-versus-

FELIPE SERATUBIAS SORNEL,
Respondent/Mortgagor.
x----------x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **RIZAL COMMERCIAL BANKING CORPORATION (in its capacity as successor-in-interest of RCBC Savings Bank, Inc.)** with business address at A.T. Yuchengco Centre, 25th & 26th Streets, Bonifacio Global City, Taguig City, M.M. against the Respondent/Mortgagor, **FELIPE SERATUBIAS SORNEL,** with postal address at No. 138 Liroville Bldg., Leviste Street, Salcedo Village, Makati City and collateral address at Block 11, Lot 7, Road Lot 12, Camella Trece, Barangay Cabuco, Trece Martires City, Cavite, to satisfy the mortgage indebtedness which as of **August 4, 2026,** amounts to **SEVEN HUNDRED SIX THOUSAND ONE HUNDRED SEVENTY NINE PESOS and 42/100 (PhP706,179.42),** Philippine Currency, inclusive of interests and penalties as of said date but exclusive of attorney's fees and all other expenses and charges incidental to this foreclosure sale, the undersigned Sheriff will sell at public auction on **November 17, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency, the following described properties with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 077-2018001661

LOT NO. 7 **BLOCK NO.** 11 **PLAN NO.** Pcs-04-029126
PORTION OF: The consolidation of Lot Nos. 1-16, Blk. 2; 1-28, Blk. 3; 1-23, Blk. 4; 1-8, Blk. 5; 1-13, Blk. 6; 3-32, Blk. 7; 1-28, Blk. 8; 1-8, Blk. 9; 1-25, Blk. 10; 1-15 7 & 9, Blk. 34; 1-13, 5-11, Blk. 35; 18-22, Blk. 36; 27-31, Blk. 37; Road Lot 9, 10, 11, 12, 13, 23 & 34 (LRC) Psd-45360; Block 34, Pcs-04-011061
LOCATION: Barangay of Quintana, City of Trece Martires, Province of Cavite, Island of Luzon
BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT (S)
1-2	SW	Road Lot 12, Pcs-04-029126
2-3	NW	Lot 8, Block 11, Pcs-04-029126
3-4	NE	Lot 19, Block 11, Pcs-04-029126
4-5		Lot 20, Block 11, Pcs-04-029126
5-1	SE	Lot 6, Block 11, Pcs-04-029126

AREA: FIFTY FOUR SQUARE METERS (54), more or less

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **November 24, 2026** without further notice.

Prospective bidders/buyers are enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be..

Trece Martires City, October 20, 2026.

(Sgd.) **RICARDO A. TOLEDO**
Sheriff IV

Copy furnished:

RIZAL COMMERCIAL BANKING CORPORATION
Legal Services and Documentation Department
A.T. Yuchengco Centre, 25th & 26th Streets, Bonifacio Global City, Taguig City, M.M.

MR. FELIPE S. SORNEL
(1) No. 138 Liroville Bldg., Leviste Street, Salcedo Village, Makati City
(2) Block 11, Lot 7, Road Lot 12, Camella Trece, Barangay Cabuco, Trece Martires City, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 26, November 2 & 9, 2026

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

RIZAL COMMERCIAL BANKING CORPORATION,
Petitioner/Mortgagee,

FORECLOSURE CASE NO. F-808-26

-versus-

SPS. SHERILYN A. LUMAWIG AND JASON B. LUMAWIG, for himself and as Atorney-in-Fact of Sherilyn A. Lumawig,
Respondents/Mortgagors.
x----------x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **RIZAL COMMERCIAL BANKING CORPORATION** with business address at A.T. Yuchengco Centre, 25th & 26th Streets, Bonifacio Global City, Taguig City, M.M. against the Respondents/Mortgagors, **SPS. SHERILYN A. LUMAWIG AND JASON B. LUMAWIG,** *for himself and as Attorney-in-Fact of Sherilyn A. Lumawig,* with postal address at Lot 21, Block 8 Sineguelas Street, Golden Acres Subdivision, Talon 1, Las Piñas City and collateral address at Block 18 Lot 34 Bel-Air Central Anyana Subd., Antero Soriano Highway, Brgy. Mulawin, Tanza, Cavite, to satisfy the mortgage indebtedness which as of **August 4 2026,** amounts to **ONE MILLION SEVEN HUNDRED SEVENTY FOUR THOUSAND NINE HUNDRED FOUR PESOS and 33/100 (PhP1,774,904.33),** Philippine Currency, inclusive of interests and penalties as of said date but exclusive of attorney's fees and all other expenses and charges incidental to this foreclosure sale, the undersigned Sheriff will sell at public auction on **November 17, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2023053469

LOT NO. 34 **BLOCK NO.** 18 **PLAN NO.** Pcs-04-032313
PORTION OF: Consolidation and subdivision of Lots 1026-A & 1026-B, both of (LRA) Psd-E2016007004, 1027-DD-2 (LRA) Psd-E2016003356, 1029-A & 1029-B, both of (LRA) Psd-E2016004559, 1031, FRS-04-006030 & 1032-A & 1032-B, both of Psd-04-247824, LRC Record No. 6832
LOCATION: Barangay of Mulawin & Sanja Mayor Municipality of Tanza, Province of Cavite, Island of Luzon
BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT (S)
1-2	SE	Lot 23, Block 18, Pcs-04-032313
2-3	SE	Lot 24, Block 18, Pcs-04-032313
3-4	SW	Lot 33, Block 18, Pcs-04-032313
4-5	NW	Road Lot 26 (8.00 m wide) Pcs-04-032313
5-1	NE	Lot 35, Block 18, Pcs-04-032313

AREA: ONE HUNDRED (100) SQUARE METERS, more or less

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **November 24, 2026** without further notice.

Prospective bidders/buyers are enjoined to investigate for themselves the title to the said. property and encumbrances thereon, if any there be.

Trece Martires City, October 20, 2026.

(Sgd.) **ANDRES B. ESPINA**
Sheriff IV

Copy furnished:

RIZAL COMMERCIAL BANKING CORPORATION
Legal Services and Documentation Department
A.T. Yuchengco Centre, 25th & 26th Streets, Bonifacio Global City, Taguig City, M.M.

SPS. SHERILYN A. LUMAWIG & JASON B. LUMAWIG
(1) Lot 21, Block 8 Sineguelas Street, Golden Acres Subdivision, Talon 1, Las Piñas City
(2) Block 18 Lot 34 Bel-Air Central Anyana Subd., Antero Soriano Highway, Brgy. Mulawin, Tanza, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 26, November 2 & 9, 2026

(THE...from page 3)

fuel.

This offered a possible explanation for the unusual metabolism observed in the mice. Instead of conserving energy efficiently, their cells appeared to be operating in a more energy-intensive state.

But would disabling Mitch have a similar effect in human cells?

To answer that question, researchers led by doctoral student Sabita Chourasia used genetic engineering to remove MTCH2 from human cells grown in the laboratory.

The change disrupted the normal structure of their mitochondrial networks. Individual mitochondria became more separated, and the balance between energy production and energy demand shifted.

The cells developed a persistent shortage of readily available energy relative to their needs, even as their mitochondria increased their oxygen-consuming activity.

To compensate, they began consuming more nutrients.

"After deleting Mitch, we examined, every few hours, the effect that had

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REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

FORECLOSURE CASE NO. F-849-26

-versus-

MARY CYCLUS NARITO CAÑEDO,
Debtor/Mortgagor
x----------x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.,** with business address at 33rd Floor, BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City against the Debtor/Mortgagor, **MARY CYCLUS NARITO CAÑEDO,** represented by her Attorney-in-Fact, **Jovan Varona Neala,** with postal addresses at (1) #561 Amarianhagul Franco, Tondo, Manila (occupied by third party); (2) #103-A Building 109, Trinity Street, Ermita, Manila (Occupied by third party); and (3) Lot 12, Block 9, Phase 2, Kensington, Barangay Navarro, General Trias, Cavite (currently occupied), to satisfy the mortgage indebtedness which as of **August 21, 2026** amounts to **NINE HUNDRED NINETY THOUSAND SEVEN HUNDRED NINETY PESOS and 6/100 (PhP990,790.06),** Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **November 17, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2016048995

A parcel of land (Lot 12, Blk. 9 of the subdivision plan, Psd-04-221810, being a portion of Lot 1671-A-2 (LRC) Psd-11152), situated in the Barangay of Navarro, Municipality of Gen. Trias, Province of Cavite, Island of Luzon. Bounded on the NE., along line 1-2 by Lot 14, Block 9; on the SE., along line 2-3 by Road Lot 17; on the SW., along line 3-4 by Lot 10, Block 9; and on the NW., along line 4-1 by Lot 13, Block 9, all of the subdivision plan. Beginning at a point marked "1" on plan **x x x containing an area of FIFTY (50) SQUARE METERS, more or less x x x**

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **November 24, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, October 20, 2026.

(Sgd.) **RICARDO A. TOLEDO**
Sheriff IV

Copy furnished:

BDO UNIBANK, INC.,
CONSUMER REMEDIAL MANAGEMENT
33rd Floor, BDO Corporate Center Ortigas
No. 12, ADB Avenue, Mandaluyong City

MS. MARY CYCLUS N. CAÑEDO
MR. JOVAN V. NEALA
(1) # 561 Amarianhagul Franco, Tondo, Manila
(2) #103-A Building 109, Trinity Street, Ermita, Manila
(3) Lot 12, Block 9, Phase 2, Kensington, Barangay Navarro, General Trias, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 26, November 2 & 9, 2026

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

MAYBANK PHILIPPINES, INC.,
Petitioner/Mortgagee,

FORECLOSURE CASE NO. F-864-26

-versus-

SPS. JONATHAN T. PRADES and
MERRY GRACE L. PRADES,
Respondents/Mortgagors.
x----------x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Petitioner/Mortgagee, **MAYBANK PHILIPPINES, INC.** with business address at Maybank Corporate Center 7th Avenue corner 28th Street, Bonifacio Global City, Taguig City, against the Respondents/Mortgagors, **SPS. JONATHAN T. PRADES and MERRY GRANCE L. PRADES,** signing for herself and as Attorney-in-Fact of **Jonathan T. Prades,** with given address at B5, L8 Opal St., P3, Perpetual Vill 7, Bacoor, Cavite and collateral address at Block 13, Lot 14 Phase 2, Mesina St., Giardino Residences, Brgy. Buenavista,, Gen. Trias, Cavite, to satisfy the mortgage indebtedness which as of **September 21, 2026** amounts to **ONE MILLION SIX THOUSAND SIX HUNDRED FOURTEEN PESOS and 30/100 (PhP1,006,614.30),** Philippine Currency, inclusive of interests and penalties, service charge, attorney's fees as of said date but exclusive of all other charges incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **November 17, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon, at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE 057-2022033275

A parcel of land (Lot 14, Block 13 of the cons-subd. Plan, Pcs-04-0245413 being a portion of the cons. of Lots 1, 2, and 3, Pcs-04-023353, L.R.C. Rec. No. 5964), situated in the Brgy. of Buenavista, Mun. of Gen. Trias, Province of Cavite, Island of Luzon. Bounded on the E., along line 1-2 by Lot 13; on the S.E., along line 2-3 by Lot 12, both Block 13; on the S.W., along line 3-4 by Road Lot 18 (8.00 meters wide); and on the N.W. along line 4-1 by Lot 16, Block 13, all of the cons-subd. Plan. Beginning at a point marked "1" on plan **x x x containing an area of ONE HUNDRED (100) SQUARE METERS x x x**

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said time and date, it shall be held on **November 24, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, October 20, 2026.

(Sgd.) **RICARDO A. TOLEDO**
Sheriff IV

Copy furnished:

ATTY. MELVIN C. MALABANAN
Counsel for the Mortgagee
c/o Maybank, Second Floor, Legaspi Towers 300
(11) Ocampo St. Corner Roxas Blvd, Malate, Manila

SPS. JONATHAN T. PRADES & MERRY GRACE L. PRADES
(4) B5, L8 Opal St., P3, Perpetual Vill 7, Bacoor, Cavite
(5) Block 13, Lot 14 Phase 2, Mesina St., Giardino Residences, Brgy. Buenavista,, Gen. Trias, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 26, November 2 & 9, 2026

Publication Notice
R.A 10172

Republic of the Philippines
Local Civil Registry Office
Province: Cavite
City of: Cavite

NOTICE TO THE PUBLIC

Date: October 19, 2026

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013 - 1 Guidelines in the implementation of the Administrative Order No. 1 Series of 2012 (IRR on R.A 10172), Notice is hereby served to the public that **RONIEL G. VINARAO** has filed with this Office, a petition for **correction of clerical error in the entry of sex** from **"FEMALE"** to **"MALE"** in the certificate of live birth of **RONIEL G. VINARAO** at Cavite City and whose parents are RUBEN B. VINARAO AND LIBERTY P. GARCIA.

Any person adversely affected by said petition may file his written opposition with this office.

(Sgd.) **FLORDELIZA M. ALEJO**
OIC-City Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 26 and November 2, 2026

Republic of the Philippines
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR
Indang, Cavite

Publication Notice
R.A. NO. 10172

NOTICE TO THE PUBLIC

CCE-0095-2026

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No 2013-1 Guidelines in the Implementation of the Administrative Order No 1 Series of 2012 (IRR on R.A. 10172), Notice is hereby served to the public that **RAQUEL C. LUHOT** *has filed with this Office,* a petition for ***correction of entry in the date of birth*** from **December 31, 1966** to **October 4, 1966** in the **Certificate of Live Birth** of **RACQUEL G. CRYSTAL** at Indang, Cavite and whose parents are **Alejandro Crystal** and **Trinidad Gatdula.**

Any person adversely affected by said petition may file his/her written opposition with this Office not later than **November 9, 2026**.

(Sgd.) **MERCI A. CHAVEZ**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 26 and November 2, 2026

(THE...from page 4)

on more than 100 part in metabolism substances taking in human cells," Chourasia explains. "We saw an increase in cellular respiration, the process in which the cell produces energy from nutrients, such as carbohydrates and fats, using oxygen.

Publication Notice

Republic of the Philippines
Province of Cavite
Municipality of Maragondon
-o0o-
Office of the Municipal Civil Registrar

NOTICE TO THE PUBLIC

CFN-003-2026

Date: October 20, 2026

In Compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1, Guidelines in the Implementation of the Administrative Order No. 1 Series of 2012 (IRR on R.A. 10172), Notice is hereby served to the public that the Name of Document Owner has filed with this Office, a petition for the **Change of First Name** from **GAVINO** to **SANTIAGO JR.** in the certificate of live birth of **GAVINO MAGTIBAY ANGUE** who was born on October 25, 1963 at **Maragondon, Cavite** and whose parents are **SANTIAGO LOYOLA ANGUE and FELICIDAD PUNONGBAYAN MAGTIBAY**.

Any person adversely affected by said petition may file his written opposition with this Office not later than **November 9, 2026**.

(Sgd.) **HELEN P. UMALI**
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 26 and November 2, 2026

RA10172 Form 10.1

Republic of the Philippines
Local Civil Registry Office
Province: Cavite
City/Municipality: Naic

NOTICE FOR PUBLICATION

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the implementation of the Administrative Order No. 1 Series of 2012 (IRR on RA10172), Notice is hereby served to the public that **ROSEBERT L. MONTANO** has filed with this Office, a petition for **correction of clerical error to correct the child's sex** from **FEMALE** to **MALE** in the Certificate of Live Birth of **ROSEBERT LIWAGON MONTANO** who was born on 14 August 2004 at Naic, Cavite and whose parent/s is/are LIWAGON, ROSE JANE and MONTANO, ROBERTO.

Any person adversely affected by said petition may file his written opposition with this Office not later than **09 November 2026**.

(Sgd.) **MARGARITA ACOSTA CATIBAYAN**
C/MCR or D/CR

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 26 and November 2, 2026

RA9048 Form 10.1

Republic of the Philippines
Local Civil Registry Office
Province: Cavite
City/Municipality: Rosario

NOTICE FOR PUBLICATION

In compliance with Section 5 of RA9048, a notice is hereby served to the public that **MA. LUZVIMINDA B. ARESGADO** has filed with this Office, a petition for **Change of First name** from **LUZVIMINDA** to **MA. LUZVIMINDA** in the birth certificate of **LUZVIMINDA GERVACIO BUENCONSEJO** who was born on 09 June 1968 at Rosario, Cavite and whose parent/s is/are GERVACIO, JUANITA PASOTES and BUENCONSEJO, JOVENCIO ARAGON.

Any person adversely affected by said petition may file his written opposition with this Office not later than **09 November 2026.**

(Sgd.) **MARIA ROSARIO CONVENTO SORIANO**
C/MCR or D/CR

Publication : DIYARYO KABITENYO News Publishing Service
Dates : October 26 and November 2, 2026

Scientists discover how pancreatic cancer rewrites its DNA to escape treatment

Scientists have uncovered new details about how pancreatic cancer constantly changes its genetic makeup, allowing it to become more aggressive, spread throughout the body, and resist treatment. By examining nearly half a million individual cancer cells, researchers identified genetic changes that could reveal new ways to fight one of the deadliest forms of cancer.

The study, conducted by scientists at NYU Langone Health and its Perlmutter Cancer Center, focused on pancreatic ductal adenocarcinoma, a particularly difficult cancer to treat. Nearly 85 percent of patients die within five years of being diagnosed.

Although researchers have already linked more than half a dozen genes to the disease, much remains unknown about how pancreatic cancer develops and adapts. By examining tumor cells individually rather than studying them in large groups, the team gained a clearer understanding of how different populations of cancer cells change their DNA as the disease progresses.

The researchers discovered that pancreatic tumors contain a variety of distinct cell populations known as clones. Each clone consists of cancer cells with similar genetic characteristics, but their behavior can differ dramatically.

Some clones develop changes that help them withstand cancer treatments, while others become better equipped to invade surrounding tissues and spread to other parts of the body. These findings suggest that the cancer's ability to continually reorganize its genetic material plays a central role in both treatment resistance and metastasis.

Previous studies generally divided pancreatic cancer cells into two main categories: classical (less aggressive) and basal (more aggressive). However, because those studies examined large collections of cells together, scientists could not fully explain how cancer cells move from one category to the other.

The latest findings help explain this process. Genetic changes occurring within individual tumors allow cancer cells to shift between these two states, potentially making the disease more dangerous as it develops.

Published on October 13 in Nature Genetics, the study identified several genetic changes associated with pancreatic cancer progression. One particularly important finding involved MYC, a gene that showed heightened activity in some of the most aggressive cancer cell populations.

In additional laboratory experiments, the researchers blocked MYC activity in aggressive basal pancreatic cancer cells. Remarkably, the cells shifted back toward the less aggressive classical state.

The change also made the cancer cells more exposed to immune cells, suggesting they could become easier for the immune system to recognize and attack. Although further research is needed, the results point to MYC as a promising target for future pancreatic cancer treatments.

"Our study provides the most granular view to date of pancreatic ductal adenocarcinoma, revealing how ongoing genetic reshaping drives tumor evolution over the course of disease," said study lead investigator Despoina Kalfakakou, PhD, a postdoctoral research fellow at NYU Grossman School of Medicine and Perlmutter Cancer Center.

Scientists solve a 30-year mystery behind inflammatory bowel disease

Scientists from the University of Oxford, Newcastle University, and Cambridge University Hospitals NHS Foundation Trust have uncovered a previously unexplained cause of inflammatory bowel disease (IBD). The discovery could change how doctors understand, diagnose, and treat certain forms of the condition.

The findings indicate that IBD is not simply one disease. Instead, it appears to include several biologically distinct conditions that develop through different processes in the body. Identifying these differences could make it possible to provide treatments tailored to the specific cause of each patient's illness.

In a study published in the New England Journal of Medicine, researchers examined more than 4,900 people with IBD and identified two important findings. First, some patients produce antibodies that interfere with interleukin-10 (IL-10), an essential protein that helps prevent excessive inflammation. Second, this autoimmune reaction explains how one of the strongest known genetic risk factors for IBD contributes to the disease.

Under normal circumstances, IL-10 acts as a chemical messenger between cells, helping the immune system regulate inflammation. However, certain antibodies can block its activity, effectively disabling one of the body's built-in safeguards against excessive immune responses. Without this protection, inflammation can persist and become difficult to control.

Inflammatory bowel disease includes Crohn's disease and ulcerative colitis, two chronic conditions that affect approximately 500,000 people in the UK and millions more around the world.

Symptoms often first appear during adolescence or early adulthood, and patients may face lifelong medical challenges. Managing the disease can involve repeated hospital visits, medications that suppress immune activity, and sometimes surgery. Although treatments have improved, many people must try several different therapies without achieving lasting relief. This places a substantial burden on patients and creates significant costs for healthcare systems.

The researchers discovered that approximately 3.5% of patients with IBD had elevated levels of antibodies that neutralize IL-10. These antibodies were detected in people with both Crohn's disease and ulcerative colitis, but not in healthy individuals.

Based on the prevalence of IBD in the UK, the researchers estimate that 15,000 to 20,000 patients nationwide could carry these harmful antibodies.

The investigation also revealed a strong association between the IL-10-blocking antibodies and a genetic variant called HLA-DRB1*01:03.

Scientists at Oxford first connected this genetic variant to a severe form of inflammatory bowel disease 30 years ago. However, the biological process linking the gene to the condition had remained unclear.

The new results help resolve that longstanding mystery. People who carry HLA-DRB1 are substantially more likely to develop antibodies that interfere with IL-10, providing an explanation for how this genetic risk factor can contribute to severe intestinal inflammation.

Professor Holm Uhlig, a pediatric gastroenterologist and Director of the Centre for Human Genetics at the University of Oxford's Nuffield Department of Medicine, was a senior author of the study.

"We've suspected an important role of interleukin 10 in patients with inflammatory bowel disease for decades. The study now provides clear evidence and contributes the missing link between a well-known genetic variant that had been linked to severe inflammatory bowel disease in the past and the very recently discovered autoimmunity to interleukin 10."

"Understanding what drives the inflammation, provides a clear explanation for disease in this group of people and opens the door to new treatments that target the autoantibodies themselves or cells that produce those autoantibodies."

The findings build on more than a decade of research into rare inherited disorders that disrupt the body's ability to control inflammation.

Sophie Hambleton, Professor of Pediatrics and Immunology at Newcastle University, explained that studying these uncommon conditions provided important clues about the mechanisms involved in more widespread forms of IBD.

"This discovery shows how the study of rare, inherited disorders can shed new light on common conditions. The groundwork was laid over 10 years ago when genetic defects in IL-10 or its receptor were found in young children with severe IBD. Later, we realized that neutralizing autoantibodies against IL-10 were mimicking this effect in 2 little girls with colitis."

These earlier observations helped researchers recognize that antibodies blocking IL-10 could produce effects similar to inherited defects involving the same protein or its receptor.

DIYARYO KABITENYO
News Publishing Service
Vol. 29 No. 37 October 26-November 1, 2026 P 10.00

Could lowering high blood pressure be as simple as stimulating your ear?

A small device that delivers gentle electrical pulses through the ear could offer a new approach to treating stubborn high blood pressure. In a clinical trial led by researchers at Queen Mary University of London, the technology proved safe, well tolerated, and practical for patients to use at home.

Although the treatment did not significantly lower blood pressure compared with a placebo device across all participants, researchers observed encouraging results in patients with more severe hypertension. The findings suggest that stimulating nerves in the ear could eventually help certain people whose blood pressure remains elevated despite taking medication.

The results come from the SCRATCH-HTN trial, published in Hypertension, a journal of the American Heart Association. Researchers emphasize that larger studies are needed to determine whether the approach can provide meaningful benefits and which patients might respond best. The experimental treatment uses a technique called transcutaneous autonomic neuromodulation (tAN), which aims to influence the autonomic nervous system. This network of nerves automatically controls essential bodily functions, including heart rate, digestion, and blood pressure.

By delivering mild electrical signals to nerves in the ear, researchers hope to influence the body's natural mechanisms for regulating blood pressure without requiring an invasive procedure.

The handheld device, developed by Afferent Medical Solutions, uses two small clips positioned on the tragus, the small flap of cartilage located just in front of the ear canal. These clips deliver gentle electrical stimulation, allowing patients to administer the treatment themselves without visiting a clinic.

The clinical trial, funded by the National Institute for Health and Care Research (NIHR), enrolled 63 people with uncontrolled hypertension. All participants were already taking at least one medication to lower their blood pressure, but their readings remained above recommended levels.

Researchers randomly divided the participants into two groups. One received active nerve stimulation, while the other used a sham device designed to serve as a comparison.

Exercise doesn't just strengthen your heart. It rewires it

Exercise does more than make the heart stronger. New research suggests it also physically reshapes the nerves that control the heart, revealing an unexpected difference between the left and right sides of the body.

Scientists at the University of Bristol (UK) discovered that moderate aerobic exercise changes the structure of nerve cells involved in regulating heart activity. Even more surprisingly, the changes were dramatically different on the two sides of the body. The findings, published in Autonomic Neuroscience, could eventually help doctors develop more precise treatments for irregular heartbeats, chest pain, angina, and stress-induced 'broken-heart' syndrome.

The discovery was made in rats, so further research is needed to determine whether the same changes occur in humans. Nevertheless, it offers a new perspective on how physical activity influences the nervous system that keeps the heart functioning. The heart is regulated partly by the autonomic nervous system, a network of nerves that automatically manages essential functions such as heartbeat, breathing, and digestion. One branch of this system helps the heart beat faster when the body needs more oxygen, such as during exercise or stressful situations.

Small clusters of nerve cells called stellate ganglia play an important role in this process. Located on both sides of the lower neck and upper chest, these nerve hubs send signals that influence heart rate and other aspects of heart function. The new research suggests that regular exercise changes these nerve clusters in ways scientists had not previously recognized.

Study lead author Dr. Augusto Coppi, Senior Lecturer in Veterinary Anatomy at the University of Bristol, said: "The discovery points to a previously hidden left-right pattern in the body's 'autopilot' system that helps run the heart. "These nerve clusters act like the heart's dimmer switch and we've shown that regular, moderate exercise remodels that switch in a side-specific way. This could help explain why some treatments work better on one side than the other and, in future, help doctors target therapies more precisely and effectively."

Just 10 Weeks of Exercise Produced Striking Nerve Changes

To investigate how exercise affects these nerve clusters, the researchers examined rats that underwent 10 weeks of moderate aerobic training. Aerobic exercise is physical activity that increases heart rate and breathing, such as brisk walking, swimming, or cycling. The study involved researchers from University College London (UCL) in the UK, the University of São Paulo (USP), and the Federal University of São Paulo (UNIFESP) in Brazil.

The team used advanced three-dimensional analysis techniques known as stereology to examine the nerve cells. This approach allows scientists to estimate the number, size, and distribution of cells within tissues.