

**The Lord is like a strong tower, where the righteous can go and be safe.**

Proverbs 18:10

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# DIYARYO KABITENYO

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**Be alert, stand firm in the faith, be brave, be strong.**

1 Corinthians 16:13

# Gen4Juan breaks ground on KaJuan Multipurpose Center in Magallanes

Gen4Juan officially began construction of the KaJuan Multipurpose Center as the organization marked its first anniversary, aiming to create a community hub that will serve residents of Magallanes, Cavite and nearby towns and cities.

The KaJuan Center is intended to provide a safe and supportive space for programs focused on the youth, senior citizens, the church, and the environment, in line with Gen4Juan's mission of promoting service and hope. Founding chairman and executive

director Peter Pardo said the groundbreaking represented the beginning of a shared vision made possible through the group's partnership with the local government of Magallanes under a usufruct agreement.

Pardo said the project started from a simple desire to serve and has now taken physical form through the efforts of people united by a common purpose.

Gen4Juan founding vice chairman and finance director Adrian Reyes said the project became possible through the support of



partners, supporters, and the leadership of the Magallanes local government headed by Mayor Janessa Maligaya de Ramayo and Vice Mayor Aina Mari Sisante-Maligalig.

Meanwhile, marketing director and project head Gel Gomez said the center is expected to be completed within two years with support from the host community and other partners.

Once completed, the KaJuan Multipurpose Center will host community programs, outreach activities, and development projects aimed at helping individuals and

strengthening families for future generations.

Gen4Juan said the project reflects how communities can achieve meaningful change when people unite with a shared goal.

## Govt starts construction of 590 housing units in Naic

Construction has started for a total of 590 housing units in Naic, Cavite under the government's Expanded Pambansang Pabahay Para sa Pilipino (4PH)

Program. Department of Human Settlements and Urban Development (DHSUD) Undersecretary Ramon Nicholo Molina and National Housing

Authority (NHA) Assistant General Manager Alvin Feliciano led the groundbreaking ceremony for the Naic View Residences Phase 2 and Glori Mor Ville

Phase 2 housing projects on May 6. The projects are expected to benefit families affected by the Manila Bay Mandamus Program and other

government infrastructure developments. Of the total housing units, 336 will be built for Naic View Residences Phase 2, while 254 units will rise under Glori Mor Ville Phase 2.

The NHA said the project aims to help more Caviteño families secure affordable and decent housing through the government's housing program.

# DIYARYO KABITENYO

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**ARNULFO BARCO**

(May 14, 1951 - September 2, 2024)  
Founder

**GENER BARCO**

Publisher-Editor

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## Researchers identified the "holy grail" gene that might one day enable humans to regrow limbs

A major gene discovery in National Academy of Sciences, indicate a potential new path for regenerative medicine and gene therapy.

Scientists united three labs, examining axolotls, zebrafish, and mice have revealed a common collection of genes that may one day aid researchers in creating treatments for regrowing human limbs. The results, released in the

unifying genetic programs that are driving regeneration in very different types of organisms, s a l a m a n d e r s , zebrafish and mice."

The initiative also involved Duke University plastic surgeon David A. Brown, who investigates digit regeneration in mice, and Kenneth D. Poss of the University of Wisconsin-Madison, whose work centers on fin regeneration in zebrafish.

Globally, over 1 million amputations happen annually because of diabetes-related vascular disease, traumatic injuries, infections, and cancer, according to Global Burden of Disease data. Experts anticipate that figure will rise as populations grow older and diabetes becomes more widespread.

For years, researchers have sought methods to go beyond prosthetic limbs and toward

treatments able to restore natural movement, sensation, and function. This new study indicates that a group of genes known as SP genes may play a key role in that endeavor. Scientists chose axolotls, zebrafish, and mice because each species provides unique insights into regeneration.

Axolotls are renowned for their remarkable capacity to regrow entire limbs along with tails, spinal cord tissue, and portions of organs including the heart, brain, lungs, liver, and jaw.

Zebrafish are another potent regeneration model since they can repeatedly regrow damaged tail fins. They are also able to repair the heart, brain, spinal cord, kidneys, retinas, and pancreas.

Mice were included because, like humans, they are mammals. Mice can regenerate the tips of their digits, and humans can

occasionally regrow fingertips if the nailbed remains intact after injury, allowing skin, flesh, and bone to regenerate.

Currie noted the team found that the regenerating epidermis, or skin tissue, in all three species activated two genes called SP6 and SP8. Researchers then began investigating precisely how those genes contribute to regeneration.

Biology Ph.D. student Tim Curtis Jr. took part in the work in Currie's lab, along with undergraduate Elena Singer-Freeman, a Goldwater Scholar and 2025 Wake Forest graduate in biochemistry and molecular biology.

The scientists discovered that SP8 is particularly vital for limb regeneration in salamanders. Using CRISPR gene-editing technology, Currie's team removed SP8 from the axolotl genome.

Without the gene, axolotls could not

properly regenerate limb bones. Scientists noted similar issues in mice when SP6 and SP8 were absent from regenerating digits.

Using those results, Brown's lab developed a viral gene therapy based on a tissue regeneration enhancer previously identified in zebrafish.

The treatment delivered a signaling molecule called FGF8, which is normally triggered by SP8. In mice, the therapy encouraged bone regrowth in damaged digits and partially restored some regenerative abilities lost when the SP genes were missing.

Human limbs cannot naturally regenerate the way salamander limbs do, but researchers believe future treatments could potentially mimic some of the biological mechanisms controlled by SP genes.

"We can use this as a kind of proof of principle that

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REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
TRECE MARTIRES CITY

BANK OF THE PHILIPPINE ISLANDS  
(SUCCESSOR-IN-INTEREST OF  
ROBINSONS BANK CORPORATION)  
Petitioner-Mortgagee

FORECLOSURE CASE NO. F-136-26

-versus-

HAROLD TUGNA TORDECILLAS,  
Respondent/s-Mortgagor/s-Borrower/s  
x-----x

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Petitioner- Mortgagee-Creditor, **BANK OF THE PHILIPPINE ISLANDS (SUCCESSOR-IN-INTEREST OF ROBINSONS BANK CORPORATION)**, with business address at Bank of the Philippine Islands, 28/F, Ayala Triangle Gardens Tower 2, Paseo de Roxas cor Makati Avenue, Bel-Air, Makati City, against the Respondent- Mortgagor-Borrower-Debtor, **HAROLD TUGNA TORDECILLAS**, with residence and postal addresses at (1) 7710 G1, La Mancha Residence, Coronado cor Gonzales Streets, Guadalupe Viejo, Makati City and (2) Lot 26, Blk. 12, Woodcress Ph-1, Brgy. Tapia, Gen. Trias, Cavite, to satisfy the mortgage indebtedness which as of **February 9, 2026** amounts to **TWO MILLION SIX HUNDRED FIFTY THREE THOUSAND ONE HUNDRED NINE PESOS and 76/100 (PhP2,653,109.76)**, Philippine Currency, inclusive of interest, penalties and other charges as of said date but exclusive of other charges incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **May 29, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon, at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following described property with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE 057-2022048936**

**Lot No. 26 Block No. 12 Plan No. Pcs-04-032466**  
**Portion of:** Blk. 34, Pcs-04-032361; Lots 1896-A, 1896-C & 1896-D, Psd-04-045819; Lots 1886 (FRS-04-006238), 1894 (FRS-04-005694) San Francisco de Malabon Estate, LRC Rec. No. 5964 Decree No. 4270

**Location:** Barangay of Tapia, Municipality of Gen. Trias,, Province of Cavite, Island of Luzon

**Boundaries:**

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	Lot 28, Block 12, Pcs-04-032466
2-3	NE	Road Lot 11, Pcs-04-032466
3-4	SE	Lot 24, Block 12, Pcs-04-032466
4-1	SW	Lot 25, Block 12, Pcs-04-032466

**Area: FIFTY (50) SQUARE METERS, more or less**

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said time and date, it shall be held on **June 5, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, April 21, 2026.

(Sgd.) **JOANNAH AVIGAIL C. TIMKANG**  
Sheriff IV

Copy furnished:

**BPI LEGAL DIVISION**  
Counsel for the Petitioner- Mortgagee

BPI BUENDIA CENTER  
27th Floor, BPI Buendia Center Bldg.  
372 Sen. Gil Puyat Ave., Brgy. Bel-Air, Makati City

**Mr. HAROLD TUGNA TORDECILLAS**  
(1) 7710 G1, La Mancha Residence, Coronado cor Gonzales Streets, Guadalupe Viejo, Makati City  
(2) Lot 26, Blk. 12, Woodcress Ph-1, Brgy. Tapia, Gen. Trias, Cavite

**WARNING:** It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : April 27, May 4 & 11, 2026

**(RESEARCHES...from page 2)**

we might be able to deliver therapies to substitute for this regenerative style of epidermis in regrowing tissue in humans," Currie explained.

Researchers warn that the work is still at an early stage, and far more studies will be needed before discoveries in mice could translate into treatments for humans. Even so, Currie described the research as a crucial foundation for future regenerative treatments.

"Scientists are pursuing many solutions for replacing limbs, including bioengineered scaffolds and stem cell therapies," Currie explained. "The gene-therapy approach in this study

is a new avenue that can complement and potentially augment what will surely be a multi-disciplinary solution to one day regenerate human limbs."

Currie also stressed the importance of collaboration between scientists working on very different animals and biological systems.

"Many times, scientists work in their silos: we're just working in axolotl, or we're just working in mouse, or just working in fish,"

Currie said. "A real standout feature of this research is that we work across all these different organisms. That is really powerful, and it's something that I hope we'll see more of in the field."

**AFFIDAVIT OF SELF-ADJUDICATION**

NOTICE is hereby given that the estate of the late **AVELYN M. DE TAZA** who died single and intestate on January 23, 2020 at Manila, consisting of two (2) parcels of land located at Bacoor City and Imus City, Cavite, including improvement erected thereon, more particularly described as follows:

**1. TRANSFER CERTIFICATE OF TITLE NO. 057-2018054361**  
"A parcel of land situated in the Brgy. Panapaan, Municipality of Bacoor, Province of Cavite, Island of Luzon containing an area of SIXTY (60) SQUARE METERS more or less;

**2. TRANSFER CERTIFICATE OF TITLE NO. T-1309665**  
"A parcel of land situated in the Barrio of Bayan Luma, Municipality of Imus, Province of Cavite, Island of Luzon containing an area of SIXTY FOUR (64) SQUARE METERS more or less

has been self-adjudicated by her surviving legal heir **ELEANOR M. DE TAZA** on April 23, 2026 at Trece Martirez City, Cavite, Philippines before Notary Public Atty. Cesar N. Santiago and entered in his Notarial Register as Doc. No. 303; Page No. 61; Book No. XXXIX; Series of 2026.

(Sgd.) **Affiant**

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : April 27, May 4 & 11, 2026

# New obesity finding revises years of fat science

Researchers scarce. However, fat-burning protein investigators revealed something unforeseen. HSL was not merely acting on the surface of fat droplets within fat cells. It was also functioning deep within the nucleus of those cells, where DNA resides and crucial genetic processes are managed. The finding exposed a completely different aspect of a protein researchers have examined since the 1960s.

For years, scientists deep within the thought they grasped nucleus of those one of the body's cells, where DNA primary fat-burning resides and crucial proteins. Called genetic processes are hormone-sensitive managed. The finding lipase, or HSL, exposed a completely the enzyme was different aspect of a believed to function protein researchers primarily as the have examined since body's emergency the 1960s. The results, the release of stored released in Cell fat when energy is Turn to page 4

REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
TRECE MARTIRES CITY

UNIONBANK OF THE PHILIPPINES,  
Mortgagee,

FORECLOSURE CASE NO. F-140-26

-versus-

JHOVY C. SAGUN,  
Mortgagor.

x-----x

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **UNIONBANK OF THE PHILIPPINES** with business address at UnionBank Plaza Building, Meralco Avenue corner Onyx and Sapphire Roads, Ortigas Center, Pasig City against the Mortgagor, **JHOVY C. SAGUN**, with residence and postal addresses at (1) 29 Espiritu Philand Drive Extension, Tandang Sora, Quezon City, (2) Block 24, Lot 4, Rhazi Street, Kensington 15, Lancaster New City, Brgy. Navarro, Gen. Trias City, Cavite and (3) Lot 6, Block 5, Amaia Scapes Trece Martires, Brgy. Conchu, Trece Martires City, Cavite, to satisfy the mortgage indebtedness which as of **February 16, 2026** amounts to **TWO MILLION SIX HUNDRED THOUSAND TWO HUNDRED FIFTY THREE PESOS and 60/100 (PhP2,600,253.60)**, Philippine Currency, inclusive of accrued interests as of said date but exclusive of all other charges incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **May 29, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon, at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following described property with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE No. 077-2022005303**

**Lot No. 6      Block No. 5      Plan No. Psd-04-231572**  
**Portion of:** Lot 2946, San Francisco de Malabon Estate  
**Location:** Barangay of Conchu, City of Trece Martires, Province of Cavite, Island of Luzon

**Boundaries:**

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SOUTH	Road Lot 4, Psd-04-231572
2-3	SW	Lot 35 (Easement), Block 5, Psd-04-231572
3-4	NORTH	Lot 26, Block 5, Psd-04-231572
4-5	NORTH	Lot 25, Block 5, Psd-04-231572
5-6	NORTH	Lot 24, Block 5, Psd-04-231572
6-1	EAST	Lot 7, Block 5, Psd-04-231572

**Area: ONE HUNDRED FIFTEEN SQUARE METERS (115), more or less**

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said time and date, it shall be held on **June 05, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, **April 21, 2020**

(Sgd.) **REYNALDO L. SALOMA**  
Sheriff IV

Copy furnished:

**ROLANDO T. POLICARPIO**  
Atty-in-Fact of Unionbank  
UnionBank Plaza Building, Meralco Avenue corner Onyx and Sapphire Roads, Ortigas Center, Pasig City

**MS. JHOVY C. SAGUN**

- (1) 29 Espiritu Philand Drive Extension, Tandang Sora, Quezon City,
- (2) Block 24, Lot 4, Rhazi Street, Kensington 15, Lancaster New City, Brgy. Navarro, Gen. Trias City, Cavite
- (3) Lot 6, Block 5, Amaia Scapes Trece Martires, Brgy. Conchu, Trece Martires City, Cavite

**WARNING:** It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : April 27, May 4 & 11, 2026

**(NEW...from page 3)**

Metabolism, assisted can utilize for fuel. in resolving a Scientists long longstanding puzzle in presumed that obesity research and eliminating HSL launched new paths would stop fat for comprehending breakdown and diabetes, heart result in obesity. disease, and other Surprisingly, that is metabolic disorders. not what occurred.

Fat cells, also Studies in both known as adipocytes, mice and humans with are frequently seen as mutations in the HSL passive storage units gene demonstrated for surplus calories. the opposite In truth, they are outcome. Rather than highly active cells that accumulating extra assist in managing the fat, they developed body's entire energy lipodystrophy, a rare network. condition where the

Within adipocytes, body loses healthy fat fat is kept in structures tissue. named lipid droplets. That paradox

When the body confused researchers requires fuel between for years.

meals or during Although obesity fasting, hormones and lipodystrophy like adrenaline appear entirely stimulate the release distinct, they can of that stored energy. generate many of the HSL plays a pivotal same health issues.

role in this process In obesity, fat tissue by decomposing becomes enlarged triglycerides into fatty and non-functional. acids that other organs In lipodystrophy, the

body lacks sufficient unexpected location properly functioning inside adipocytes: the fat tissue. In both nucleus.

scenarios, adipocytes The nucleus serves fail to regulate energy as the cell's command normally, which can center. It holds DNA contribute to insulin and manages which resistance, type 2 genes are turned on diabetes, fatty liver or off. Proteins found disease, inflammation, in the nucleus often and cardiovascular assist in regulating issues. cell growth, repair,

This overlap metabolism, and indicated that healthy communication.

fat tissue is not simply "In the nucleus about the amount of of adipocytes, fat the body holds. HSL is capable of The quality and linking with many operation of fat other proteins and cells may be equally participating in significant. a program that

Researchers at maintains an optimal the Institute of amount of adipose Cardiovascular tissue and keeps and Metabolic adipocytes 'healthy,'" Diseases (I2MC) explained Jérémy at the University of Dufau, co-author of Toulouse aimed to the study.

understand why the Investigators loss of HSL caused fat found that nuclear tissue to deteriorate HSL seems to help instead of accumulate. regulate key cellular What they discovered systems, including altered the scientific mitochondrial activity view of fat and the extracellular metabolism. matrix, which offers

The research structural support for team, headed by tissues. Mitochondria Dominique Langin, are often termed found that HSL the power plants of was situated in an Turn to page 5

REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
TRECE MARTIRES CITY

**BANK OF THE PHILIPPINE ISLANDS  
(SUCCESSOR-IN-INTEREST OF  
BPI FAMILY SAVINGS BANK, INC.)**  
Petitioner-Mortgagee

**FORECLOSURE CASE NO. F-143-26**

-versus-

**BON EIDRIEF MONTEZA REYNALDO AND  
JENEEN MELENIE LUMACAD CRISOL a.k.a.  
JENEEN MELENIE LUMACAD CRISO,**  
Respondent/s-Mortgagor/s-Borrower/s  
x-----x

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Petitioner- Mortgagee-Creditor, **BANK OF THE PHILIPPINE ISLANDS (SUCCESSOR-IN-INTEREST OF BPI FAMILY SAVINGS BANK, INC.)**, with business address at Bank of the Philippine Islands, 28/F, Ayala Triangle Gardens Tower 2, Paseo de Roxas cor Makati Avenue, Bel-Air, Makati City, against the Respondents-Mortgagors-Borrowers, **BON EIDRIEF MONTEZA REYNALDO and JENEEN MELENIE LUMACAD CRISOL a.k.a. JENEEN MELENIE LUMACAD CRISO**, with residence and postal addresses at (1) 301D, St. Martin Mahogany, Brgy. Bagumbayan, Taguig City, (2) Blk. 24, Lot 27 Ph1, Amaia Scapes Trece Martires, Brgy. Conchu, Trece Martires, Cavite and (3) Blk. 11, Lot 5, Bahay Pangarap Subd., Sampaloc IV, Dasmariñas City, Cavite to satisfy the mortgage indebtedness which as of **February 11, 2026** amounts to **TWO MILLION THREE HUNDRED TEN THOUSAND FOUR HUNDRED SIXTY FOUR PESOS and 59/100 (Php2,310,464.59)**, Philippine Currency, inclusive of interest, penalties and other charges as of said date but exclusive of other charges incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **May 29, 2026** at 10:00 o'clock in the morning until 12:00 o'clock noon, at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for **CASH** and in Philippine Currency, the following described property with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE No. 077-2024003962**

**Lot No. 27      Block No. 24      Plan No. Psd-04-231572**  
**Portion of:** Lot 2946, San Francisco de Malabon Estate  
**Location:** Barangay of Conchu, City of Trece Martires, Province of Cavite, Island of Luzon

**Boundaries:**

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	Lot 28, Block 24, Psd-04-231572
2-3	NE	Lot 15, Block 24, Psd-04-231572
3-4	SE	Lot 26, Block 24, Psd-04-231572
4-5-1	SW	Road Lot 26, Psd-04-231572

**Area: SIXTY SIX SQUARE METERS (66), more or less**

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said time and date, it shall be held on **June 5, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, April 21, 2026.

(Sgd.) **JOSELITO L. ARANDA**  
Sheriff IV

Copy furnished:

**BPI LEGAL DIVISION**

Counsel for the Petitioner- Mortgagee  
BPI BUENDIA CENTER  
27<sup>th</sup> Floor, BPI Buendia Center Bldg.  
372 Sen. Gil Puyat Ave., Brgy. Bel-Air, Makati City

**BON EIDRIEF M. REYNALDO and JENEEN MELENIE L. CRISOL**

(1) 301D, St. Martin Mahogany, Brgy. Bagumbayan, Taguig City  
(2) Blk. 24, Lot 27 Ph1, Amaia Scapes Trece Martires, Brgy. Conchu, Trece Martires, Cavite  
(3) Blk. 11, Lot 5, Bahay Pangarap Subd., Sampaloc IV, Dasmariñas City, Cavite

**WARNING:** It is absolutely prohibited to remove, deface or destroy this Notice of Extra-Judicial Sale on or before the date of sale.

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Dates : April 27, May 4 & 11, 2026

**(NEW...from page 4)**

cells because they produce energy. The extracellular matrix helps preserve the shape and integrity of tissues. Issues in either system have been connected to obesity, inflammation, and metabolic disease. The study demonstrated that HSL acts differently depending on its location inside the cell.

On lipid droplets, HSL functions as an enzyme that aids in releasing stored fat during fasting or exercise. In the nucleus, however, it appears to operate more like a regulator that helps maintain healthy adipose tissue.

Investigators also discovered that the quantity of HSL inside

genetic level. The results helped clarify why total HSL deficiency causes lipodystrophy instead of obesity. Without HSL in the nucleus, fat cells may lose their ability to remain healthy and properly maintain adipose tissue.

"HSL has been known since the 1960s as a fat-mobilizing enzyme. But we now know that it also plays an essential role in the nucleus of adipocytes, where it helps maintain healthy adipose tissue," Langin said.

The discovery may also assist researchers in better understanding why some obesity treatments succeed while others fail. Many current therapies focus mainly on reducing fat mass. But the study suggests preserving healthy fat tissue function could be equally important.

Scientists also found proof that nuclear HSL interacts with proteins involved in gene expression and RNA processing, suggesting it may directly influence how fat cells operate at a genetic level. The results helped clarify why total HSL deficiency causes lipodystrophy instead of obesity. Without HSL in the nucleus, fat cells may lose their ability to remain healthy and properly maintain adipose tissue.

endocrine organ that communicates with the brain, liver, muscles, and immune system through hormones and signaling molecules. Dysfunctional fat tissue can disrupt the body far beyond weight gain alone. The research arrives as obesity rates continue to rise worldwide. According to global estimates, billions of people are now overweight or obese, increasing the risk of diabetes, heart disease, stroke, sleep apnea, and some cancers. Researchers hope that understanding how proteins like HSL regulate fat cell health could eventually lead to more targeted therapies for metabolic disease. Instead of simply trying to eliminate fat, future treatments may focus on restoring the normal function of adipocytes and protecting the biological systems that keep fat tissue healthy in the first place.

REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
CITY OF IMUS, CAVITE

**88 ASIA FINANCE CORPORATION,**  
*Petitioner/Mortgagee,*

**EXTRA-JUDICIAL FORECLOSURE OF  
REAL ESTATE MORTGAGE UNDER  
ACT 3135 AS AMENDED BY ACT 4118**

FC No. **19758-26**

- versus -

**VIRGINIA ASOTIGUE TORIBIO, Single  
ROSALIO A. RAMOS III AND JULIENNE  
D. RAMOS,**

*Respondents/Mortgagors.*

x-----x

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **88 ASIA FINANCE CORPORATION**, mortgagee, with principal office at **10<sup>th</sup> Floor Unionbank Center Manila, 208 Dasmariñas St., cor. Quintin Paredes St., Binondo, Manila** against **VIRGINIA ASOTIGUE TORIBIO, ROSALIO A. RAMOS III and JULIENNE D. RAMOS** with residence and postal address at **Block 13 Lot 25 #04 Buttercup Street, Neighborhood D. Parkplace Village, Brgy. Anabu, Imus, Cavite**, to satisfy the mortgage indebtedness which as of **March 18, 2026** amounts to **NINE MILLION NINE HUNDRED TWENTY-SEVEN THOUSAND THIRTY-THREE PESOS and 00/100 (P9,927,033.00), Philippine Currency**, including interest and penalty charges, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at public auction on **June 2, 2026** at 10:00 a.m. or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus City, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following properties with all the improvements therein, to wit:

**Transfer Certificate of Title  
No. 057-2023033598**

IT IS HEREBY CERTIFIED *that certain land situated in BRGY. ANABU, MUN. OF IMUS, PROV. OF CAVITE, bounded and described as follows:*

A PARCEL OF LAND (LOT 25 BLOCK 13 OF THE SUBDIVISION PLAN PSD-04-101267, BEING A PORTION OF LOT 1, PCS-04-011901, L.R.C. REC. NO. ), SITUATED IN THE BRGY. ANABU, MUN. OF IMUS, PROV. OF CAVITE. BOUNDED ON THE W., ALONG LINE 1-2 BY LOT 22; ALONG LINE 2-3 BY LOT 20; ON THE N., ALONG LINE 3-4 BY LOT 23 ALL BLK. 13; ON THE E., ALONG LINE 4-5 BY ROAD LOT 7; & ON THE S., ALONG LINE 5-1 BY LOT 26 BLK. 13 ALL OF THE SUBD. PLAN. BEGINNING AT A PT. MARKED "1" ON PLAN, BEING N. 72 DEG. 52' E., 757.48 M. FROM MON. 127, IMUS ESTATE; THENCE N. 02 DEG. 40' E., 9.32 M. TO PT. 2; THENCE N. 02 DEG. 40' E., 2.68 M. TO PT. 3; THENCE S. 87 DEG. 20' E., 18.00 M. TO POINT 4; THENCE S. 02 DEG. 40' W., 12.00 M. TO PT. 5; THENCE N. 87 DEG. 20' W., 18.00 M. TO THE POINT OF BEGINNING, CONTAINING AN AREA OF TWO HUNDRED SIXTEEN (216) SQUARE METERS. ALL POINTS REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY P.S. CY. CONC. MONS. 15 X 60 CM.; BEARINGS TRUE; DATE OF ORIGINAL SURVEY; JULY 27, 1905-JUNE 11, 1908; & THAT OF THE SUBDIVISION SURVEY; NOV. 1-15, 1996 & WAS APPROVED ON OCT. 17, 1997.

*is registered in accordance with the provision of the Property Registration Decree in the name of*

**Owner: VIRGINIA ASOTIGUE TORIBIO, OF LEGAL AGE,  
FILIPINO, SINGLE**  
**Address:** 4 NEIGHBORHOOD-D BUTTERCUP ST.,  
PARKPLACE VILLAGE, ANABU 1-D, 4103, IMUS  
CITY, CAVITE

All sealed bid must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **June 9, 2026** at 10:00 a.m. without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the titles to the said properties and encumbrances thereon if any there be.

Imus City, Cavite, Philippines, April 21, 2026.

(Sgd.) **MARIA CHONA D. TANGUANO**  
Sheriff IV

APPROVED:

(Sgd.) **ARMIE A FRANCISCO**  
Clerk of Court VI

Copy Furnished:

**88 ASIA FINANCE CORPORATION**  
10<sup>th</sup> Floor Unionbank Center Manila,  
208 Dasmariñas St., cor. Quintin Paredes St.,  
Binondo, Manila

**VIRGINIA ASOTIGUE TORIBIO,  
ROSALIO A. RAMOS III and  
JULIENNE D. RAMOS**  
Block 13 Lot 25 #04 Buttercup Street,  
Neighborhood D. Parkplace Village,  
Brgy. Anabu, Imus, Cavite

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : May 4, 11 & 18, 2026

## Scientists Reversed Liver Aging with Young Gut Bacteria in Groundbreaking Study

A youthful gut microbiome might hold the key to slowing aging and preventing liver cancer.

A youthful gut microbiome might shield the liver, lessen age-related harm, and possibly decrease cancer risk. These results stem from a mouse study centered on the microbiome, the extensive community of bacteria and other microbes residing in the digestive tract. Scientists discovered that returning older mice to their own earlier gut microbes bacteria to a more

Turn to page 7

Republic of the Philippines  
Fourth Judicial Region  
**REGIONAL TRIAL COURT  
BRANCH 111,  
CITY OF BACOR**

✉: rtc1bcr111@judiciary.gov.ph  
☎: 09065011224 / 09605127706  
☎: (046) 850-4573

**ARNEL TORTONA ALDANA,**  
*Petitioner,*

CIVIL CASE NO.: **BCV-2025-84**  
For: **Petition for Declaration of Nullity  
Marriage**

- versus -

**MARIA DIANE HERRERA DOMINGUEZ,**  
*Respondent.*

X-----X

**SUMMONS**  
*(by Publication)*

TO: **MARIA DIANE HERRERA DOMINGUEZ,**  
Ph I, Blk 2, Lot 20 Ecotrend Subd. San Nicolas, City of  
Bacoor, Cavite / 195-A Barangay Ligas II, City of Bacoor,  
Cavite; **mdhianne\_21@yahoo.com**

**Greetings:**

On October 06, 2025, petitioner ARNEL TORTONA ALDANA filed a Petition for Annulment of Marriage against respondent MARIA DIANE HERRERA DOMINGUEZ.

WHEREAS, in the said Petition, petitioner prays that his marriage with respondent Maria Diane Herrera Dominguez be declared NULL and VOID according to Article 36 and 35(2) of the Family Code.

WHEREAS, on February 27, 2026, petitioner, through counsel, manifested that respondent is presently in Canada working as an Overseas Filipino Worker and requested to cause the service of summons by leave of court through publication.

WHEREAS, on February 27, 2026, the Court issued an Order granting the petitioner's manifestation to cause the publication of the new issued summons once a week for two consecutive weeks in a newspaper of general circulation and to submit proof of Publication on or before the status hearing / pre-trial conference of this case on **August 26, 2026 at 08:30 in the morning**.

NOW, THEREFORE, you are hereby required, within **SIXTY (60) CALENDAR DAYS** from notice of this summons, to file with this Court and serve on the petitioner, your responsive pleading (Answer) to the Petition filed by petitioner, Arnel Tortona Aldana. Please indicate in your Answer, the electronic mail (e-mail) address where you can be officially furnished with court-bound and court-issued documents.

If you fail to answer within the period fixed hereon, the court will proceed to hear and try the case and may grant the relief/s prayed for in the petition.

This Summons shall remain valid until duly served.

WITNESS the HONORABLE MARISSA P. ESTABAYA,  
Presiding Judge, this **8<sup>th</sup>** day of **April, 2026** at Bacoor City,  
Philippines.

(Sgd.) **FRANCIS E. MATIAS**  
Clerk of Court V

Copy furnished:

**ATTY. NATHANIEL DE LEON**  
*(Counsel for the Petitioner)*  
B58 L1, Town and Country West, Molino 3, City of Bacoor, Cavite:  
**ncdeleonlaw@gmail.com**

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : May 4 & 11, 2026

**EXTRA JUDICIAL SETTLEMENT OF THE ESTATE OF THE DECEASED ANTONIO ERNI LUBIGAN, SIMPLICIA BITONES LUBIGAN AND MA. YOLANDA LUBIGAN SEPACIO**

NOTICE is hereby given that the estate of the deceased ANTONIO ERNI LUBIGAN, SIMPLICIA BITONES LUBIGAN and MA. YOLANDA LUBIGAN SEPACIO who all died intestate on January 07, 1997 at Mark James Medical and Maternity Clinic Brgy. Ocampo, Trece Martires City; on July 19, 2020 at Purok 9, Brgy. San Agustin, Trece Martires City; and on May 30, 2022 at City of General Trias Medical Center, General Trias, Cavite, respectively, and all residents of Brgy. San Agustin, Trece Martires City, Cavite at the time of their deaths, consisting of a property located at Trece Martires City, Cavite and covered by TCT No. (T-82599) 077- 2022004128 containing an area of ONE HUNDRED EIGHTEEN THOUSAND FIVE HUNDRED EIGHTY EIGHT (118,588) SQUARE METERS including all the improvements that may be found thereon has been adjudicated and extra-judicially settled by and among their surviving legal heirs on April 28, 2026 at Trece Martires City, Cavite before Notary Public Atty. Cesar N. Santiago and entered in his Notarial Register as Doc. No. 307; Page No. 62; Book No. XXXIX; Series of 2026.

(Sgd.) All Heirs

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : May 4, 11 & 18, 2026



**NOTICE OF PUBLICATION**

In compliance with Sec. 5 of Rep. Act No. 9048, a notice is hereby served to the public that LODIVINIA C. MERCADO has filed with this office a petition for CHANGE OF FIRST NAME from "MARIA" to "LODIVINIA" in the Certificate of Live Birth of one, MARIA CUEVAS LUMUNSDAD, who was born on May 1, 1959 at Tanza, Cavite and whose parents were GEMINIANO CUEVAS & ISMAELA LUMUNSDAD.

Any person adversely affected by said petition may file his written opposition with this Office not later than 14<sup>th</sup> May 2026.

(Sgd.) OFELIA U. ARGUSON  
OIC-Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : May 4 & 11, 2026



Republic of the Philippines  
Province of Cavite

**MUNICIPALITY OF MENDEZ-NUÑEZ  
OFFICE OF THE MUNICIPAL CIVIL REGISTRAR**

In the matter of Change of First Name  
Certificate of Live Birth of **ESTELA PENDON SUBAY**

CFN #0004-2026 RA 9048

**MA. ELENA SUBAY MOJICA**  
Petitioner

**NOTICE OF PUBLICATION**

There is a petition for the Change of First Name of **ESTELA PENDON SUBAY** from **ESTELA** to **MA. ELENA**, who was born on **OCTOBER 24, 1975** at **MENDEZ, CAVITE** and whose parents are **LYDIA S. PENDON** and **ESMERALDO Q. SUBAY**.

NOTICE IS HEREBY GIVEN that any interested person is cited to notify this office and show cause why the same should not be granted.

Let this Notice be published at least once a week for two (2) consecutive weeks in a newspaper of general circulation as required under Section 5 of Republic Act No. 9048.

(Sgd.) **NOREN A. PEROLA**  
Municipal Civil Registrar/OIC

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : May 4 & 11, 2026

**(SCIENTISTS...from page 6)**

yielded remarkable gathered fecal effects across the samples from eight body, particularly in young mice and the liver. stored them for

To explore this future use. As the concept, researchers mice grew older, the

scientists reinserted reduced inflammation the preserved samples and diminished liver injury. via a technique called "We're learning fecal microbiota from this work that transplantation, or the aging microbiome FMT. actively contributes to

A separate group liver dysfunction and of eight aging mice cancer risk rather than acted as controls and simply reflecting the were given sterilized aging process," said fecal matter. The team Qingjie Li, PhD, also included a small associate professor cohort of young mice in the Division of to establish baseline Gastroenterology and comparisons. Hepatology at The

By the study's University of Texas conclusion, none Medical Branch, of the mice given and lead researcher their rejuvenated on the study. "The microbiome microbiome has a developed liver broader influence cancer. In contrast, on the body's liver cancer emerged cancer defenses in 2 out of 8 untreated than previously aging mice. The understood."

treated mice After finishing additionally exhibited the in vivo study,

the research team earlier cardiac study, meticulously analyzed scientists observed liver tissue from the that modifying gut mice. They identified bacteria seemed significant variations to enhance heart involving MDM2, a function.

gene already linked However, when to liver cancer the researchers progression. subsequently

Young mice examined tissue displayed low levels samples, they detected of the MDM2 protein, even stronger effects whereas untreated in the liver. That older mice exhibited insight prompted the significantly higher team to explore the levels. Older mice relationship more given the restored thoroughly.

microbiome had To minimize the suppressed MDM2 risk of immune levels that more complications closely matched those or infection, the observed in younger scientists utilized animals. each mouse's

"Restoring a more own preserved youthful microbiome microbiome instead of can reverse several depending on donor core features of aging samples. They noted at both the molecular this method also and functional establishes a clearer level, including proof of concept inflammation, for potential future fibrosis, human studies.

mitochondrial Dr. Li emphasized decline, telomere that the results are attrition, and DNA confined to animal damage," Dr. Li said. research and cannot The liver discoveries yet be applied to arose unexpectedly humans. Nevertheless, from prior research he stated the team investigating the aims to launch initial microbiome's impact human clinical trials on heart health. In that soon.

Republic of the Philippines  
Fourth Judicial Region  
Regional Trial Court Of Cavite  
Office of the Clerk of Court & Ex-Officio Sheriff  
New Justice Hall, J.P. Rizal Avenue,  
Kaybagal South, Tagaytay City

**BDO FINANCE CORPORATION, as Assignee-  
in-Interest of BDO Leasing and Finance Inc.,  
Mortgagee-Assignee,**

**EJF NO. TG-26-031  
FOR: Application for Extra-Judicial  
Foreclosure of Mortgage  
[Under Act No. 3135, As Amended]**

**-versus-**

**EUNKYEONG JANG, married to YONG  
CHUL YANG, as represented by their  
Attorney-In-Fact, JOVELYN DELOS  
SANTOS BELAN,  
Debtors/Mortgagors.**

x-----x

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon Extra-judicial foreclosure sale under Act 3135, as Amended by Act No. 4118, filed by Mortgagee-Assignee, **BDO FINANCE CORPORATION (as Assignee-In-Interest of BDO Leasing and Finance, Inc.)**, a domestic corporation duly organized and existing under the laws of the Republic of the Philippines, with principal office and place of business at 39/F BDO Corporate Center Ortigas, 12 ADB Avenue, Ortigas Center, Mandaluyong City, pursuant to the terms and conditions of the Real Estate Mortgage ("MORTGAGE") executed and notarized on August 26, 2025 by *Debtors/Mortgagors*, **EUNKYEONG JANG married to YONG CHUL YANG**, both of legal age, Korean citizens and with postal address/es at: (1) Block 12 Lot 13, Phase 3C, Southville 5A, Barangay Langkiwa, Binan, 4024 Laguna and (2) Unit 23, Ground Floor, Pine Suites Tagaytay Building 2, Brgy. Silang Junction West, Tagaytay City, Cavite 4120, represented by **JOVELYN DELOS SANTOS BELAN** as per Special Powers of Attorney executed and notarized on March 19, 2019, in favor of *Mortgagee-Assignor*, **BDO LEASING AND FINANCE INC.**, which has assigned all its rights, liabilities, title and interest in and to the obligations/loan receivables, including its corresponding collateral, to herein *Mortgagee- Assignee*, **BDO FINANCE CORPORATION**, by virtue of a Deed of Assignment executed and notarized on October 29, 2021, over a real estate property including improvements thereon, described in and covered by **CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2021001978** of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the Debtors/ Mortgagors in the amount of **FIVE MILLION SIX HUNDRED EIGHTY-EIGHT THOUSAND NINE HUNDRED NINETY-NINE PESOS AND 43/100 (Php5,688,999.43)**, as of February 16, 2026, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Alex E. Martinez, will sell at public auction on **June 17, 2026 at 10:00 o'clock in the morning** or soon thereafter, at the **New Hall of Justice of Tagaytay City**, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

**CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2021001978**  
Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that the unit identified and described as:

PINE SUITES TAGAYTAY - BUILDING 2  
GROUND FLOOR

UNIT 23 - A RESIDENTIAL 2-BEDROOM WITH BALCONY  
CONDOMINIUM UNIT LOCATED AT THE GROUND FLOOR  
LEVEL OF "PINE SUITES BUILDING 2" WITH AN AREA OF 47.58  
SQUARE METERS, MORE OR LESS.

in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on **TRANSFER CERTIFICATE OF TITLE 2013006014** which embraces and describes the land located at TAGAYTAY CITY, with an area of

TEN THOUSAND (10,000) Square Meter, is registered in the name of:

**Owner: EUNKYEONG BELAN JANG, KOREAN, OF LEGAL AGE, MARRIED TO YONG CHUL YANG, KOREAN, OF LEGAL AGE**

**Address: B12 L13 PH 3C SOUTHVILLE 5A BRGY, LANGKIWA, BINAN, LAGUNA, PHILIPPINES**

In the event the public auction should not take place on the said date, it shall be held on **June 24, 2026** without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the **CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2021001978** the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, May 5, 2026.

(Sgd.) **ATTY. VARBRA ANN A. VARIAS-DIMAYUGA**  
Clerk of Court & Ex-Officio Sheriff

(Sgd.) **ALEX E. MARTINEZ**  
Sheriff-In-Charge

**WARNING:  
IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW**

*Copy Furnished:*

**BDO FINANCE CORPORATION**  
(as Assignee-In-Interest of BDO Leasing and Finance, Inc.)  
*Mortgagee*  
39/F BDO Corporate Center Ortigas, 12 ADB Avenue,  
Ortigas Center, Mandaluyong City

**EUNKYEONG JANG married to YONG CHUL YANG  
JOVELYN DELOS SANTOS BELAN**  
*Mortgagor*

(1) Block 12 Lot 13, Phase 3C, Southville 5A, Barangay Langkiwa, Biñan, 4024 Laguna  
(2) Unit 23, Ground Floor, Pine Suites Tagaytay Building 2, Brgy. Silang Junction West, Tagaytay City, Cavite 4120

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : May 11, 18 & 25, 2026

## Experts state this straightforward musical tactic can enhance workout stamina by 20%

Experts state this straightforward musical tactic can enhance workout stamina by 20%. Your ideal exercise playlist might assist you in going nearly 20% further before succumbing to fatigue. The research concentrated on adults active recreationally cycling at high intensity while hearing music they

individually selected. The majority of songs fit within a speed range of roughly 120-140 beats per minute. Versus training in quiet, subjects managed to keep pedaling for almost six more minutes before hitting their limit. stamina by almost 20%, underscoring a basic approach that could aid both competitors and regular gym-goers.

The research concentrated on adults active recreationally cycling at high intensity while hearing music they individually selected. The majority of songs fit within a speed range of roughly 120-140 beats per minute. Versus training in quiet, subjects managed to keep pedaling for almost six more minutes before hitting their limit.

The outcomes were posted online in the journal *Psychology of Sport & Exercise*. Principal investigator Andrew Danso from JYU's Centre of Excellence in Music, Mind, Body and Brain noted the outcomes might hold practical worth for anyone aiming to enhance physical performance or maintain a training regimen. "Personally chosen music doesn't alter your fitness status or cause your heart to work significantly harder in the moment -- it merely aids you in enduring sustained exertion for a longer duration. It could be an exceptionally simple, free tool enabling individuals to go further in training without sensing extra strain at the finish. Our data indicates that the proper playlist might make grueling sessions seem more manageable and more pleasurable." The investigation included 29 adults who finished two distinct cycling trials at the identical high intensity level (roughly 80% of their maximum power). One session occurred in silence, whereas the other permitted subjects to hear their own favored tunes. While hearing music, subjects cycled for a mean of 35.6 minutes. Without audio, the mean duration fell to 29.8 minutes. Scientists characterized the gap as

**Turn to page 9**

Publication Notice  
R.A. 10172

Republic of the Philippines  
Province of Cavite  
Municipality of Maragondon  
-oOo-  
Office of the Municipal Civil Registrar

**NOTICE TO THE PUBLIC**

RA - 9048  
CCE-035-2026- RA. 10172

Date: May 5, 2026

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1. Guidelines in the Implementation of the Administrative Order No. 1 Series of 2012 (IRR on R.A. 10172), Notice is hereby served to the public that the Name of Document owner has filed with this Office, a petition for **CORRECTION OF DATE OF BIRTH** from **"August 22, 1961"** to **"August 23, 1961"**, in the certificate of live birth of **FILIPINA ANIN GLODO** who was born on **August 22, 1961** at **Maragondon, Cavite** and whose parents are PONCIANO MANALO GLODO and DELFINA REYES ANIN.

Any person adversely affected by said petition may file his written opposition with this Office not later than **May 25, 2026**.

(Sgd.) **HELEN P. UMALI**  
Acting Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : May 11 & 18, 2026

Publication Notice  
R.A. 10172



Republic of the Philippines  
Local Civil Registry Office  
Province of Cavite  
Municipality of Naic



**OFFICE OF THE MUNICIPAL CIVIL REGISTRAR**

**NOTICE TO THE PUBLIC**

**CFN-0005-2026**

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guidelines in the Implementation of the Administrative Order No. 1, Series of 2012, ( IRR on R.A 10172) Notice is hereby served to the public that **JASMIN RODEROS ROJAS** has filed with this Office a petition for correction for **CHANGE OF FIRST NAME** from **"JUANA"** to **"ESTER"** in the Certificate of Live Birth of her mother **ESTER MATRO RODEROS** and whose parents are Nicasio Matro and Felomena Metrio.

Any person adversely affected by said petition may file his written opposition with this Office not later than **May 25, 2026**.

(Sgd.) **MARGARITA A. CATIBAYAN**  
Municipal Civil Registrar

Publication : DIYARYO KABITENYO News Publishing Service  
Dates : May 11 & 18, 2026


**AUCTION SALE**

Sa ika-23 ng MAYO 2026 ay isusubasta ang hindi natubos na sangla sa buwan ng DISYEMBRE 2025 sa mga sumusunod na sangay:

**JARO PAWNSHOP AUCTION SALE**

- Km. 17 Emilio Aguinaldo Highway, Tanzang Luma 2, City of Imus, Cavite (8:00 N.U.)
- Pintong Gubat, Paliparan 3, City of Dasmarinas, Cavite (11:30 N.U.)
- Blk. 55 Lot 7 Golden Mile, Brgy. Salawag, City of Dasmarinas, Cavite (11:30 N.U.)
- Wet Market, Buhay na Tubig, City of Imus, Cavite (8:00 N.U.)
- Kostal Wet & Dry Market, Anabu 2-D, City of Imus, Cavite (8:00 N.U.)
- 288 Bucandala 3, City of Imus, Cavite (8:00 N.U.)
- Bahayang Pag-Asa, Mariano Espeleta, City of Imus, Cavite (10:00 N.U.)
- Olivarez Plaza, San Jose, Tagaytay City (1:00 N.H.)
- Blk. 42-A Lot 2 Brookeside Lane, Brgy., San Francisco, General Trias, Cavite (8:00 N.U.)
- Purok 126, MMEM Bldg., Mendez Junction, West, Tagaytay City (10:00 N.U.)
- #3 Acacia St., Calendola, San Pedro, Laguna (1:00 N.H.)
- # 1 Blk. 8 Lot 15 Mabini St., Sto. Niño, San Pedro, Laguna (1:00 N.H.)
- Bldg. 2, Stall 6, Lapaz, Public Market, Iloilo City (10:00 N.U.)
- Lopez Jaena St., Poblacion, Iloilo City (8:00 N.U.)
- Buhay na Tubig, City of Imus, Cavite (8:00 N.U.)
- Mojica Bldg., San Agustin, Trece Martires City (2:00 N.H.)
- Jewelry Section #6, Imus Public Market, Tanzang Luma 1, City of Imus, Cavite (8:30 N.U.)
- #1 Aguinaldo Highway, City of Dasmarinas, Cavite (9:00 N.U.)
- 1172 Gen. Emilio Aguinaldo Highway, Bayan Luma 4, City of Imus, Cavite (8:00 N.U.)
- 0211 Molino III, City of Bacoor, Cavite (9:00 N.U.)
- 29 V. Toledo St., Silang, Cavite (11:30 N.U.)
- 51 C. Abueg St., Poblacion, Rosario, Cavite (3:00 N.H.)
- J.P. Rizal St., Brgy. 3, Silang, Cavite (9:00 N.U.)
- Mariano Espeleta Public Market, Bahayang Pag-Asa, City of Imus, Cavite (8:30 N.U.)
- P. Burgos St., Caridad, Cavite City (3:00 N.H.)
- Tramo, Bantayan, Binakayan, Kawit, Cavite (3:30 N.H.)
- #50 Don P. Campos Ave. Zone 1 City of Dasmarinas Cavite (10:00 N.U.)
- 1 Mangubat St., Zone 3, City of Dasmarinas, Cavite (9:00 N.U.)
- Bldg. 2060., ME Bucandala 3, City of Imus, Cavite (8:30 N.U.)
- General Trias Drive, Tejero, Rosario Cavite (11:30 N.U.)
- Joseph Orpiano Bldg., 130 CM, Delos Reyes St., Brgy. Mangahan, General Trias, Cavite (10:30 N.U.)
- Imus Public Market, Tanzang Luma 1, City of Imus, Cavite (9:00 N.U.)
- Blk. 11 Lt. 11 Congressional Rd., Brgy. Buro 1, City of Dasmarinas, Cavite (9:30 N.U.)
- LDJ Congressional Road, Buro 1, City of Dasmarinas, Cavite (10:30 N.U.)
- Unit C, 110 Avenida St. Espeleta 1, Bahayang Pag asa, City Of Imus, Cavite (10:00 N.U.)
- #651 Brgy. Sabang , City of Dasmarinas, Cavite (1:00 N.H.)
- Stall #22, New Tanza Public Market, Daang Amaya 1, Tanza Cavite (2:00 N.H.)
- Blk. 2 Lt. 1 San Dionisio, City of Dasmarinas, Cavite (1:30 N.H.)
- GMA Central Market, Poblacion 1, General Mariano Alvarez, Cavite (2:30 N.H.)
- Stall 21 & 22 St., Anthony, Arcade Maderan, General Mariano Alvarez, Cavite (2:00 N.H.)
- Blk 16 Lot 1 Ph1, Greengate Homes, City of Imus, Cavite (10:30 N.U.)
- Dona Dionisia Subdivision, Bayan Luma 2, City of Imus, Cavite (10:00 N.U.)
- Blk 2 Lot 28 Palazzo Bello 1 Subdivision, Nia Road, City Of Imus, Cavite (11:00 N.U.)
- Mulingbayan Poblacion X, Nasugbu, Batangas (2:30 N.H.)
- Blk. 5 Lt 56 Tinyente Tiago, General Mariano Alvarez, Cavite (3:00 N.H.)
- D1-4 13 San Jose Market, General Mariano Alvarez, Cavite (3:00 N.H.)
- Km 17., Aguinaldo Highway, Panapaan 4, Bacoor, Cavite (11:30 N.U.)
- Ph1, Springville West, Molino III, Bacoor, Cavite (10:00 N.U.)
- Brgy. Paradahana 1, Tanza, Cavite (11:00 N.U.)
- De Ramon, Commercial Complex St., Augustine St., Poblacion 2, Tanza, Cavite (3:00 N.H.)
- Tanza public Market, Stall #15, Daang Amaya 1, Tanza, Cavite (3:30 N.H.)
- Gma Central Market, General Mariano Alvarez, Cavite (3:30 N.H.)
- #2 N Commercial & Services Corp., 0003 Unit C Advincula Ave., Alapan 2-B, City of Imus, Cavite (8:30 N.U.)
- #64 Imelda Ave., Brgy. Langgam, San Pedro, Laguna (3:00 N.H.)
- Stall # 6 Southville 3 Commercial Complex Fourth District, City of Muntinlupa (1:30 N.H.)
- #85 Don P. Campos Ave., Brgy. Sabang, City of Dasmarinas, Cavite (1:30 N.H.)
- 9005 National Road, Brgy. Riverside, City of San Pedro, Laguna (2:30 N.H.)
- Space # 2016-1 2F Festival Supermall, Alabang, Muntinlupa City (2:00 N.H.)
- Sitio Lontoc Brgy. Timalan Balsahan, Naic, Cavite (3:00 N.H.)
- Ground Floor Manggahan Gentry Supermarket (MGS) 129 Governor's Drive Manggahan 4107 General Trias Cavite (2:30 N.H.)

LANUZA & SONS -Auctioneer



REPUBLIC OF THE PHILIPPINES  
PROVINCE OF CAVITE  
**MUNICIPALITY OF MENDEZ-NUÑEZ**  
**OFFICE OF THE MUNICIPAL CIVIL REGISTRAR**

**NOTICE TO THE PUBLIC**

**DATE: May 04, 2026**

**CCE-0016-2026 RA 10172**

In compliance with the publication requirement and pursuant to OCRG Memorandum Circular No. 2013-1 Guideline in the Implementation of the Administrative Order No. 1 Series of 2012 (IRR on RA 10172), Notice is hereby served to the public that **ELJUR BENZON TOMATE** has filed with this Office, a petition for Correction of Clerical Error in Gender from **MALE** to **FEMALE** in the Certificate of Live Birth of **ELJUR BENZON TOMATE** at Mendez, Cavite and whose parents are **GERARDO LEMON TOMATE** and **ANGELITA AREVALO BENZON**.

Any person adversely affected by said petition may file his written opposition with this office not later than **May 25, 2026**.

(Sgd.) **NOREN A. PEROLA**  
Municipal Civil Registrar, OIC

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Dates : May 11 & 18, 2026

**(EXPERTS...from page 8)**

a distinct 20% gain in comparable heart-rate stamina. and lactate counts at Although working out the conclusion of both longer and expending trials. This indicates more energy overall, that the audio did not subjects displayed lessen the physical

requirements of the demonstrates that exercise itself. Rather, it allowing individuals to seemed to assist subjects pick their own inspiring in enduring discomfort music might help them for an extended period. accumulate more high-quality training time, that the audio enabled which could convert athletes to stay in what to superior fitness they termed the "pain improvements, better zone" longer without adherence to exercise raising how arduous the plans, and potentially effort seemed. more people remaining Per Danso, the active." outcomes might hold The scientists also significant real-world noted the outcomes might uses for competitors, possess wider public trainers, and individuals health consequences. If aiming to remain audio assists individuals physically active. in enduring exercise "Numerous individuals more easily and staying find it hard to maintain active longer, it might rigorous training because help lower some health it feels draining too dangers linked to poor soon," states Danso. fitness levels and physical "Our investigation inactivity.

Form 2B (Revised June 2014)

**CAVITE UNITED RURAL BANK CORP**

Name of Bank

**PUBLISHED BALANCED SHEET**

(Head Office and Branches)

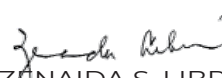
As of March 31, 2026

**CONTROL PROOFLIST**

	Account Code	Current Quarter	Previous Quarter
Cash and Cash Items	108000000000000000	0.00	0.00
Due from Bangko Sentral ng Pilipinas	105150000000000000	0.00	0.00
Due from Other Banks	105200000000000000	297,179,879.96	4,676,398.22
Financial Assets at Fair Value through Profit or Loss	112000000000000000	0.00	0.00
Available-for-Sale Financial Assets-Net	195200000000000000	0.00	0.00
Held-to-Maturity (HTM) Financial Assets-Net	195250000000000000	4,598,935.42	111,928,497.61
Unquoted Debt Securities Classified as Loans-Net	195300000000000000	0.00	0.00
Investments in Non-Marketable Equity Security-Net	195350000000000000	0.00	0.00
Loans and Receivables - Net	195400000000000000	0.00	0.00
Other Financial Assets	148000000000000000	0.00	1,256,666.67
Equity Investment in Subsidiaries, Associates and Joint Ventures-Net	195452500000000000	0.00	0.00
Bank Premises, Furniture, Fixture and Equipment-Net	195500500000000000	0.00	1,980,700.03
Real and Other Properties Acquired-Net	195501000000000000	4,311,402.75	4,311,402.75
Non-Current Assets Held for Sale	150150000000000000	0.00	0.00
Other Assets-Net	152000000000000000	1,225,713.17	188,972,917.75
Net Due from Head Office/Branches/Agencies, if any (Phil. branch of a foreign bank)	155250000000000000	0.00	0.00
<b>TOTAL ASSETS</b>	<b>100000000000000000</b>	<b>307,315,931.30</b>	<b>313,126,583.03</b>
Financial Liabilities at Fair Value through Profit or Loss	208000000000000000	0.00	0.00
Deposit Liabilities	215000000000000000	0.00	0.00
Due to Other Banks	220050000000000000	0.00	0.00
Bills Payable	220100000000000000	0.00	0.00
Bonds Payable-Net	295201500000000000	0.00	0.00
Unsecured Subordinated Debt-Net	295202000000000000	0.00	0.00
Redeemable Preferred Shares	220250000000000000	0.00	0.00
Special Time Deposit	220300000000000000	0.00	0.00
Due to Bangko Sentral ng Pilipinas	230350000000000000	0.00	0.00
Other Financial Liabilities	240050000000000000	0.00	100,346.71
Other Liabilities	240100000000000000	10,207,306.41	13,586,863.42
Net Due to Head Office/Branches/Agencies (Philippine branch of a foreign bank)	230850000000000000	0.00	0.00
<b>TOTAL LIABILITIES</b>	<b>200000000000000000</b>	<b>10,207,306.41</b>	<b>13,687,210.13</b>
<b>TOTAL STOCKHOLDERS' EQUITY</b>	<b>300000000000000000</b>	<b>297,108,624.89</b>	<b>299,439,372.90</b>
<b>TOTAL LIABILITIES AND STOCKHOLDERS' EQUITY</b>	<b>905000000000000000</b>	<b>307,315,931.30</b>	<b>313,126,583.03</b>
<b>TOTAL CONTINGENT ACCOUNTS</b>	<b>400000000000000000</b>	<b>152.00</b>	<b>152.00</b>
<b>ADDITIONAL INFORMATION</b>			
Gross total loan portfolio (TLP)	499020000000000000	0.00	0.00
Specific allowance for credit losses on the TLP	499300000000000000	0.00	0.00
Non-Performing Loans (NPLs)			
a. Gross NPLs	499100500000000000	0.00	0.00
b. Ratio of gross NPLs to gross TLP (%)	499150500000000000	0.00	0.00
c. Net NPLs	499101000000000000	0.00	0.00
d. Ratio of Net NPLs to gross TLP (%)	499151000000000000	0.00	0.00
e. Ratio of total allowance for credit losses to gross NPLs (%)	499151500000000000	0.00	0.00
f. Ratio of specific allowance for credit losses on the gross TLP to gross NPLs (%)	499152000000000000	0.00	0.00
Capital Adequacy Ratio (CAR) on Solo Basis, as prescribed under existing regulations			
a. Total CAR (%)	499650500500000000	80.16	102.90
b. Tier 1 Ratio (%)	499650501000000000	80.16	102.90
c. Common Tier 1 Ratio (%) <sup>1/</sup>	499650501500000000	80.16	102.90

1/ Common Equity Tier 1 is only applicable to all Universal and Commercial Banks and their subsidiary banks.

I hereby certify that all matters set forth in this Published Balance Sheet are true and correct to the best of my knowledge and belief.

  
 ZENAIDA S. LIBREA  
 (Authorized Signatory)

# Physicians caution this common vitamin could silently interfere with cancer therapy

Hair thinning which sustains hair, skin, and nails. Nevertheless, genuine biotin deficiency is rare because the vitamin is abundant in foods such as fruits, vegetables, meats, eggs, and dairy items.

"Many people mistakenly believe biotin supplements are safe and there is no reason to avoid them. The truth is that these supplements might lead to erroneous lab outcomes, causing a postponement or alteration in patients' treatment strategies," she stated. Dulmage also acts as associate director of dermatology at The Ohio State University College of Medicine and heads the Oncodermatology Clinic, where patients get treatment for hair, skin, and nail side effects resulting from therapies like chemotherapy, immunotherapy, or targeted therapy.

There is scant scientific proof that oral biotin aids hair or nail growth in individuals undergoing or recovering from cancer therapy. Even more troubling, it might disrupt medical diagnostics, according to Brittany Dulmage, MD, an oncodermatologist at The Ohio State University Comprehensive Cancer Center -- Arthur G. James Cancer Hospital and Richard J. Solove Research Institute.

Biotin, also called vitamin B7, assists the body in creating proteins like keratin,

it online, through word of mouth, and sometimes even on their doctor's recommendation," she noted. To underscore these worries, Dulmage wrote an article in JCO Oncology Practice urging oncologists to talk openly with patients about hair loss and clarify how biotin might impact test outcomes.

Biotin can disrupt specific blood tests used to track cancers, including prostate, thyroid, ovarian, and breast cancers. Some of these tests depend on chemical reactions involving biotin, so using supplements can make results seem higher or lower than reality.

"Biotin doesn't actually alter hormone levels in the body, but it messes with how those levels are measured when blood work occurs," she explained. "For certain hormones like prostate specific antigen, PSA, or thyroid stimulating hormone, TSH, it might falsely suppress or reduce those levels, potentially

hiding cancer recurrence in survivors. For reproductive hormones including estrogen and testosterone, it might falsely raise levels, leading to postponed therapy." Anna Malagoli of Columbus, like many cancer patients, feared losing her hair during breast cancer treatment.

"Your hair is a huge part of your identity. One of the first questions you ask is 'Will I lose my hair?' It is so vital for people -- not everyone looks good bald," she remarked.

After her cancer entered remission, she aimed to restore her long curly hair and started taking biotin supplements after reading about them online. "The volume of information on the Internet can steer you in various directions. I was consuming so much biotin it was ridiculous," she said. "No one mentioned a single word that biotin vitamins, minerals, or supplements could interfere with your treatment or testing."

Malagoli only discovered the problem during an appointment with Dulmage. In retrospect, she said the explanation matched her experience. "My lab results were inconsistent. They simply didn't align with how I was feeling, which was a warning sign. I believe it was related to the supplements I was using," she noted.

For patients who decide to continue using biotin, Dulmage recommends stopping it at least 72 hours before scheduled blood tests.

"The difficulty is that not all blood work is scheduled, so you might not be able to pause your biotin intake. Biotin can also affect troponin levels, which is an indicator of whether someone is having a heart attack," she added. "Obviously, you aren't planning to have a heart attack, so you can't stop biotin before troponin levels are checked. This is why I advise patients -- consider not taking it at all, especially since very

few people lack biotin." Rather than biotin, Dulmage recommends using minoxidil to tackle hair loss. This treatment is FDA approved, widely accessible over the counter, and available in topical forms like lotions and foams. It is deemed safe and effective for most individuals, although it is not advised during pregnancy or breastfeeding.

"If you have been using minoxidil for several months without seeing improvement or wish to learn about other options, consult a dermatologist. There are many other treatment types that might be suitable," she said.

Malagoli has tried both methods and found minoxidil worked better for her. "I don't know if my body just doesn't absorb the supplements as well, but minoxidil is definitely more effective long-term," she said. "I would say it is extremely important to listen to your doctors and not just do your own thing."

## Scientists have uncovered coffee's true impact on the gut and brain

Researchers at APC Microbiome Ireland, a premier research hub at University College Cork, have made significant progress in understanding how coffee benefits the body. For the first time, scientists have closely analyzed how coffee interacts with the gut-brain axis, the communication system linking the digestive tract and the brain.

The results, published in Nature Communications and backed by the Institute for Scientific Information on Coffee (ISIC), reveal that regularly consuming both caffeinated and decaffeinated coffee can shape the gut microbiome and affect mood and stress levels.

Coffee has long been linked to digestive and mental wellness, yet the biological mechanisms behind these advantages remained unclear. This study investigated how

coffee influences the microbiota-gut-brain axis—the two-way dialogue between gut microbes and the brain—using diverse biological and psychological metrics.

To investigate, researchers compared 31 habitual coffee drinkers with 31 non-drinkers. Participants completed mental health evaluations, recorded their diet and caffeine consumption, and submitted stool and urine samples for analysis of gut bacteria changes and emotional shifts. In this study, “coffee drinkers” referred to individuals who typically consume 3–5 cups daily, a moderate intake deemed safe by the European Food Safety Authority (EFSA).

At the experiment’s outset, coffee drinkers halted coffee consumption for two weeks. Throughout this phase, researchers kept collecting biological

samples and tracking mental well-being. This pause caused noticeable changes in metabolites produced by gut microbes in regular coffee drinkers, distinguishing them from non-drinkers.

Following the abstinence period, coffee was slowly reintroduced without participants knowing whether they received caffeinated or decaffeinated versions. Half got decaf, while the rest had regular coffee. Both groups reported mood improvements, including reduced stress, depression, and impulsivity. These outcomes indicate coffee can boost mood even without caffeine.

The research also pinpointed specific bacteria more prevalent in coffee drinkers. Levels of *Eggertella* sp and *Cryptobacterium curtum* were elevated among regular coffee consumers.

## Eating eggs could cut Alzheimer’s risk by 27%

A simple habit like eating eggs could be quietly helping protect your brain from Alzheimer’s.

Researchers at Loma Linda University Health report that eating eggs may be linked to a lower risk of developing Alzheimer’s disease in adults age 65 and older. Their findings suggest that regular egg consumption could play a role in supporting long-term brain health.

The study found that people who ate at least one egg per day for five or more days each week had up to a 27% lower risk of being diagnosed with Alzheimer’s disease.

“Compared to never eating eggs, eating at least five eggs per week can decrease risk of Alzheimer’s,” said Joan Sabaté, MD, DrPH, a professor at Loma Linda University School of Public Health and the study’s principal investigator.

Even smaller amounts of egg consumption were associated with benefits. Eating eggs just 1 to 3 times per month was linked to a 17% reduction in risk, while those who ate eggs 2 to 4 times per week saw about a 20% lower

risk, Sabaté said.

The research, titled “Egg intake and the incidence of Alzheimer’s disease in the Adventist Health Study-2 cohort linked with Medicare data, was published in the Journal of Nutrition. Scientists conducted the study to better understand how diet, a factor people can change, might influence the likelihood of developing Alzheimer’s disease. Eggs contain several nutrients that are important for the brain, Sabaté said. They are a rich source of choline, which the body uses to produce compounds such as acetylcholine and phosphatidylcholine that are essential for memory and communication between brain cells.

Eggs also provide lutein and zeaxanthin, which are carotenoids that build up in brain tissue and have been linked to better cognitive performance and lower levels of oxidative stress. In addition, eggs contain omega-3 fatty acids, and the yolk is especially high in phospholipids, making up nearly 30% of total egg lipids. These compounds

play a key role in how neurotransmitter receptors function.

To assess egg consumption, researchers considered both direct and indirect sources. This included eggs eaten on their own in forms such as scrambled, fried, or boiled, as well as eggs found in foods like baked goods and packaged products.

The study followed about 40,000 participants in the Adventist Health Study 2 cohort. Alzheimer’s cases were identified through physician diagnoses recorded in Medicare data. Eligibility was determined using the Medicare Master Beneficiary Summary Files, and participants were followed for an average of 15.3 years.

The research team stressed that eggs should be part of an overall healthy eating pattern rather than viewed in isolation.

“Research supports eggs as part of a healthy diet,” said Jisoo Oh, DrPH, MPH, an associate professor of epidemiology at Loma Linda University School of Public Health and the study’s lead author.